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God's Food vs. Junk Food

Romans 15:13

Ephesians 4:15a

Isaiah 62:6

There are two types of regret in life.

I. The Motivation to Eat Right. Verse 3

Psalm 34:8

Philippians 3:7-8, 10

Psalm 65:11

II. Stop Eating Spiritual Junk Food. Verse 1

“laying aside” means to strip off _____.

1. “All malice”
2. “All guile or deceit”
3. “Hypocrisy”
4. “Envy”
5. “Evil speaking or slander”

**III. Developing Your Appetite for God’s Food.
Verse 2**

What is the keyword?

“That you may grow thereby”

Notes: _____

