

Hearts Out of Tune

Psalm 92:1-4

The heart is the instrument with which we sing praise to God.

The psalmists interchange the word “heart” with instruments like the psaltery, the harp, an instrument of ten strings.

“Singing and making melody **in your hearts** to the Lord”

Our hearts naturally are out of tune.

Our hearts must be tuned to sing God’s praise:

“My heart is *fixed*” Psalm 57:7; 108:1; 112:7

“Create in me a clean heart, O God, and renew a *right* spirit within me” Psalm 51:10

“a generation that *set not their heart aright*” Psalm 78:8

“their heart was *not right* with him” Psalm 78:37

To what should our hearts be tuned?

The key note: “the Lord most High; the Lord, most high for evermore” v.1, v. 8

The Sovereign Lord is for you, and He is working all things together for your good.

God Himself in Christ is sufficient for all your wants – the things you lack.

A properly tuned heart is **a glad heart** (92:4) regardless of the circumstances because the Sovereign Lord superintends the circumstances.

The Lord is most high (92:1) and He is most high forevermore (92:8) even as *the wicked will be destroyed forever* (92:7).

How do we tune our hearts to our Sovereign Lord?

The tuning instrument: Thankfulness tunes the heart to God’s lovingkindness and faithfulness

Singing praise to God is always associated with giving thanks to God

“When they knew God, they glorified him not as God, ***neither were thankful***”
Romans 1:21

“Singing with grace in your hearts to the Lord...***giving thanks*** to God and the Father by him.” Col 3:16-17

So how do we tune our out of tune hearts?

1. Give Thanks v. 1

2. Sing Praise v. 1

3. Show Forth (declare) v. 2

a. What are we declaring:

- i. God’s lovingkindness (hesed)
- ii. God’s faithfulness
- iii. God’s works (v. 4)
 - 1. God’s lovingkindness and faithfulness is displayed in his works:
 - a. Nature and natural beauty: take a walk
 - b. His work of redeeming sinners (Isaiah 44:23; 43:1)

b. How are we declaring:

- i. **Private Meditation:** With a Solemn Sound (meditation) v. 3
- ii. **Public Praise:** With a Joyful Shout (“triumph”) v. 4

c. When are we declaring: v. 2

- i. In the morning
- ii. Every night
 - 1. Robert Murray M’Cheyne Bible Reading Plan

God and God alone must be the controlling focus of our hearts. We tune our hearts to God when we give thanks to him morning and evening for his lovingkindness and faithfulness.