



How is God getting my attention?

What are some common ways you tend to hear from God? Circle as many as you want below.

SCRIPTURE

PRAYER

PROPHETIC PICTURES

CONVERSATIONS WITH A FRIEND / MENTOR

JOURNALING

MUSIC OR WORSHIP

FEELING A PROMPTING

CREATION / NATURE

YOUR CONSCIENCE

YOUR IMAGINATION

DREAMS

SERMONS OR PODCASTS

DIFFICULT CIRCUMSTANCES

STILL SMALL VOICE

BOOKS

POETRY

EMOTIONS

REVIEWING YOUR PAST

OBSERVE

What is getting my attention? Write the verse, moment, or circumstance that is sticking out to you.

What emotions is this word or moment causing you to feel? Circle as many as you want below.

ENCOURAGED

SAD OR DOWN

"I NEED TO CHANGE"

FEARFUL

CHALLENGED

SURPRISED

COMPELLED

EMBARRASSED

INSPIRED

CONFUSED

HESITANT

HAPPY

FRUSTRATED

CONFIDENT

EAGER

LONELY

CONVICTED

COMFORTED

UPSET OR ANGRY

JEALOUS



REFLECT

Why did that stick out to me? What's going on in my life that might cause me to notice this in a new way? Where do I need to experience more of heaven in my life? Ask God to reveal why this word or moment feels important.

VERSES FROM THE VIDEO

Mark 1v15

¹⁵"The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

Philippians 4v6-7

⁶Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.