



What am I going to do about it?

PLAN

You've "repented" or changed your way of thinking so that you think more like God thinks! Now it's time to "believe" or step out in faith.

Below are a list of practical ways you can step out in faith in response to the good news God has spoken to you. Choose one or create your own. Then, check to make sure you plan fits with the SMART acronym.

- MEMORIZE THE VERSE(S) THAT STUCK OUT TO YOU
- MAKE A LIST OF 10 THINGS YOU ARE THANKFUL FOR
- SEND A TEXT TO YOUR FRIEND TO ENCOURAGE THEM
- ASK FOR FORGIVENESS
- CREATE A PLAYLIST OF WORSHIP SONGS AND LISTEN EACH MORNING
- WRITE POETRY THAT EXPRESSES YOUR THOUGHTS ABOUT THIS
- SCHEDULE A VACATION OR BUILD IN A SABBATH TO YOUR WEEK
- PRAY FOR 3 PEOPLE WHO DON'T KNOW JESUS
- PRAY FOR A FRIEND OR ASK FOR PRAYER
- SHARE THE GOSPEL WITH YOUR COWORKER OR CLASSMATE
- SCHEDULE A TIME TO MEET WITH SOMEONE YOU COULD DISCIPLE
- RESEARCH THIS PARTICULAR TOPIC OR THEOLOGICAL QUESTION
- ASK TO GRAB COFFEE WITH A MENTOR
- GO FOR A PRAYER WALK OVER LUNCH
- START SAYING A BREATH PRAYER FOR EVERY TEMPTING THOUGHT
- WRITE A SONG

S.M.A.R.T. Goal Checklist: SPECIFIC? MEASURABLE? ATTAINABLE? RELEVANT? TIMELY?

In response to what I think God is saying to me, I will...

(DESCRIBE WHAT YOU WILL DO HERE)

by...

(NAME THE TIMEFRAME YOU WILL DO THIS. IT MAY BE ONE TIME TOMORROW MORNING, EVERYDAY AT LUNCH FOR THE NEXT WEEK, OR BEFORE YOUR NEXT MEETING WITH YOUR FRIEND/MENTOR/SMALL GROUP.)

(NAME OF ACCOUNTABILITY PERSON)

will hold me accountable by asking me on

(DATE WHEN THEY WILL CHECK IN)



VERSES FROM THE VIDEO

Isaiah 9v1a

^{1a}Nevertheless, that time of darkness and despair will not go on forever.

Mark 1v15

¹⁵"The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

Philippians 4v6-7

⁶Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.