

Intro: Big Wave Surfers. "One good wave makes your whole year really. It's an amazing feeling to get that one bomb, and that one wave can go on for years and years and you get excited about it when you remember it. "That one wave! I can remember it!" That's one of the feelings we're striving for yeah just that one wave. Big waves. Big memories"

Martin Luther. "I Preach gospel every week. Because you forget it every week."

Thesis: "Remembering What God has Done, Leads to Exalting Him"

I. Changes How We Live (1-5)

- A. **Exalt Him** (Praise, Worship, Obey-Keep Testimonies/Commandments, Call on Him in prayer).
- B. **v.1. Tremble** (Fear Him. Holy reverence. We recognize He's both just and merciful.)

ILLUSTRATION: Swimmers Ear. It was awful. When I remember how bad it was. I never want to go back. A holy respect of Swimmers Ear and ear infections. Worst pain I've ever experienced. Awful.

- C. **Why tremble? B/c He's both Just and Merciful. Beautiful!**
- D. **v.8 Gospel all the way.** Forgives (propitiates) while also bringing vengeance on our sin. **CROSS!**

APPLICATION: Some of us have a holy respect for God because of the experience we've had of the conviction of sin and repentance in our lives. It was painful. I don't want to go back to that sinful lifestyle and do those things again! I have a holy respect. I WANT to exalt Him in my life.

"If you've never encountered God in a way where He scared you senseless, worshipping an idol. If you've never encountered God in a way that He loved you senseless, worshipping an idol."

II. Changes How We Think (6-8)

- A. **Remember what He's done.** Look back at what He's done for you and others.
- B. **Keep remembering.** Keep thinking about it. Keep going back to it. Let it work on your heart.
- C. **Thinking is talking to yourself.** It's having internal mental conversations. So you're not crazy.
- D. **What are you telling yourself?** What are you talking to self about? What thoughts are lingering?
- E. **Preach the Gospel to self.** Rehearse the truth. Repeat Good News. His works. Remind yourself.

ILLUSTRATION: C.S. Lewis. "A Grief Observed." Wife Joy died. Little Blue Exam book. Just wrote it out. Everything he was experiencing and feeling and what truth he could think of to tell himself and others. Published under a pseudonym. His friends and fans knew he was in pain, started mailing his own book to him! He knew what to tell himself. He knew what he needed to know. He knew what was true. The struggle was remembering it and believing it.

APPLICATION: 1. Preach Gospel to self. Write own devotional, then go back, read it. **Letter to self.**

2. Voice Memo on your Phone. Record 5-10 Gospel Message. Counseling session. Have a friend do it.

3. Study church History and Read biographies. Can be extremely encouraging.

4. Then if you have enough time, read your Bible. Haha! JK. Do this one first. **Historical Books.**

5. God is immutable, Moses, Aaron and Samuel. whatever He was like, He still is.

III. Changes How We Talk (5, 9)

- A. **Second person plural verbs. "Y'all"** Encouraging others. Commanding them to do same things.
- B. **What He's learned and experienced,** He wants others to know.
- C. **Share gospel experience.** Telling your story of how you've grown to love Jesus. He's loved you.

ILLUSTRATION: Grand Tetons. 5 years ago. Can't believe it. Seems like just a year ago. Awesome! But I've also forgotten how amazing those mountains are. You forget until you encounter them again.

Dublin, Ireland. Facebook. You gotta go see the Chester Beatty Library. I wish I could go back.

Both of these experiences, if I start talking about them, I get excited, I start remembering the experience, how I felt, how wonderful it was, I miss it, I want to go back. See it again. Experience it again. Talking about it all, helps you remember it again! Brings you joy again.

APPLICATION: Sharing the Gospel does the same thing. I know a lot of people feel insecure, unprepared, unqualified, nervous to share the gospel with others. But actually, if you just start talking, you get excited, and you start feeling the joy and you want to talk about it. You them to experience what you've experienced. But also, telling your story again, helps you remember!

CONCLUSION: The Gospel changes how we live, how we think and how we talk by leading us to Exalt.