SCRIPTURE: TITLE:

INTRO: RYTHMS of creation. Night & Day. Wake & Sleep. Rain & Shine. Winter & Summer. Tides. Eat.

Thesis: "Work Hard & Rest Well. For the Glory of God and the Good of yourselves and others."

I. WORK HARD

- A. Bezalel (Contractor). Oholiab (Foreman/Runner).
- B. "ALL MEN." Every ability you have is given by God for God. His Glory and Good of all.
- C. Even those on "disability" have abilities.
- D. We were made to work. Before sin entered the world we were designed to work. There's a dignity in working. A humanness to working. Manly in the sense that He designed all mankind to work. Male & Female. It's why a lack of work leads to depression and a lack of self-worth. Meaninglessness. "Made by our Maker to be Makers." Depressed or Entitled.
- **E. Doctrine of Vocation.** They were "called by name" and gifted by the Spirit of God. God called you to a specific place with specific abilities/gifts. Stewarding your gifts means serving your King in His Kingdom for His Glory and the Good of His People/Citizens. Earth is the Lord's.
- F. Instead of "What do you do?" "Line of work?" "Job?" "Do for a living?" "What's your calling?"
- G. Sacred vs. Secular. Priesthood of all believers. Jesus said "I came to be about my Father's Business." Serving God is Serving Others. We're all about the Father's Business when we recognize our gifts/abilities are from Him, we serve Him first and we love our neighbors also.

ILLUSTRATION: Martin Luther. Shoemaker/cobbler. "Make good shoes and sell at a fair price." > Trash Man Route. Parable? Bins thrown around. Lid open. Rain. In Road. Christian. "Love the changes!" "I'm a Christian now and I want to serve Jesus and love people in my work."

APPLICATION:

- 1. Glory of God. You are reflecting Him as a Maker & Mender. Serving Him primarily. Not others.
- 2. **Good of Yourselves (You need it).** Dignity. Purpose. Fulfillment. Joy. Health. Design. *Not personal happiness or prosperity, but seeing my role in the bigger picture of God's redemptive & creative work.*
- 3. Others. Serving. Loving. Helping. Protect. Stewarding.

ILLUSTRATION: Sewage Plant worker Ray Cortese Church. "Are you kidding me?" Kenya, 1 million/1 mile. Vick's vapor rub. Kids drinking out of trench. Cups. Sanitation. Drinking Water. 60% of disease. You're about the Father's business. "You're in the Sewage & Sanitation Ministry." C.W. Septic. We basically have the same job: "Trying to help people deal with all their crap." IMAGO DEI.

ALL KINDS OF WORK: Shanez. Worship Leader. Contractor/Business Owner. Diaper Changer. Chef. No single line of work is MORE sacred or dignified, but it's how you recognize the work you're called to.

- II. REST WELL (Devil doesn't take a day off. God did. I think He's a better example to follow.)
 - A. Just talking through all that makes you tired, doesn't it? A little?
 - B. Sabbath. God Rested. Created. Worked. Rest and Refreshed. Why does God need that?
 - C. Why Sunday? "Jesus finished His earthly work on Friday, Rested on the Sabbath/Saturday and Rose on Sunday." Same Pattern & Purpose, different day. Still 10, not 9 Commandments.
 - D. Jesus Died for our Sabbath Breaking. If it's a command, then it's a sin to break it. Jesus died.
 - **E.** Rest & Worship & Remember & Hope. Limitations. You're not God. Look to the One who is. Praise Him for Who He is, For what He's done and for what He's promised to do. Hope. Expect.
 - F. Stop. Slow Down. Rest. You need it. Others need it of you. Angry. Tired. Frustrated. Overwhelmed. Discontent. Dissatisfied. A gift. A blessing. A command, yes. B/c we need it.
 - **G.** Overworked. Tyrannical/Abusive. We do it to ourself, call it Work Ethic. Why treat yourself that way? Pride. Ego. Recognize/admit limits. <u>"I can't." "Ran out of time." "I didn't" "I couldn't"</u>

ILLUSTRATION: **Imagine** someone saying "**I'm gonna stop sleeping each night.**" I can get a lot more work down. Make more money. Realized I'm losing about 50% of my time just sleeping and doing nothing! What a waste! That's not good! See how long that lasts. **FINITE. Sleep=daily Sabbath. Sunday=weekly.**

APPLICATION:

- 1. Glory of God.
- 2. Good of Yourselves (You need it).
- 3. Others (You are more loving. More attentive. More present. More available. More patient. Regret.)