



SUMMER IN THE PSALMS



"Hidden in the Most High"
Psalm 91

¹He who abides in the shelter of the Most High
Will abide in the shadow of the Almighty.²I will
say to Yahweh, "My refuge and my fortress,
My God, in whom I trust!"³For it is He who
delivers you from the snare of the trapper
And from the destructive pestilence.⁴He will
cover you with His pinions,
And under His wings you will take refuge;
His truth is a large shield and bulwark.⁵¶ You will
not be afraid of terror by night,
Or arrow that flies by day;⁶Of pestilence that
moves in darkness,

Psalms 91:1-16

Or of destruction that devastates at noon.⁷A
thousand may fall at your side
And ten thousand at your right hand,
But it shall not approach you.⁸You will only look
on with your eyes
And see the recompense of the wicked.⁹For you
have made Yahweh—my refuge,
The Most High—your dwelling place.¹⁰No evil will
befall you,
And no plague will come near your tent.¹¹¶ For He
will command His angels concerning you,
To guard you in all your ways.¹²On their hands

Psalms 91:1-16

they will bear you up,
Lest you strike your foot against a stone.¹³ You
will tread upon the fierce lion and cobra,
The young lion and the serpent you will trample
down.¹⁴ ¶ “Because he has loved Me, therefore I
will protect him;
I will set him securely on high, because he has
known My name.¹⁵ “He will call upon Me, and I
will answer him;
I will be with him in his distress;
I will rescue him and honor him.¹⁶ “With a long life
I will satisfy him

And I will show him My salvation.”

Psalms 91:1-16

Introduction

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- Psalm 91 doesn't promise a life without trouble, but it does promise that you won't face it alone.
- Psalm 91 invites you to find your answer in the shadow of the Almighty.

I. Declaration of Trust

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- Psalm 91 encourages you to cultivate spiritual practices such as prayer, meditation, and regular Scripture reading, drawing yourself intentionally into deeper intimacy with God.

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- Consciously dwell in His presence, allowing His strength and protection to give you rest, calmness, and courage in life's challenges.
- The psalmist intentionally verbalizes personal trust.

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- “Refuge” implies safety and shelter from danger; “Fortress” conveys strength, protection, and defense against external threats.
- God is not merely transcendent and distant, but also personal, close, and intimately involved in the lives of His followers.

II. Demonstration of Divine Protection

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- "Perilous pestilence" refers to unseen and uncontrollable threats, emphasizing God's comprehensive protection against both visible and invisible dangers.

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 - The imagery of feathers and wings represents tenderness, warmth, intimacy, and care. God's protection is not just powerful—it is loving, compassionate, and nurturing.
- "His truth" (or faithfulness) acts as a shield, signifying protection grounded in God's dependable character and promises.

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- God's protective care is both compassionate and reliable.
- The dangers described ("terror by night," "arrow... by day," "pestilence that moves in darkness," and "devastates at noon") illustrate threats that can arise at any time, both known and unknown, visible and invisible.

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- The psalmist highlights the idea of divine justice ("see the recompense of the wicked").

II. Demonstration of Divine Protection

- This emphasizes the broader spiritual perspective of safety: God shields His faithful followers from ultimate spiritual harm.

III. Dedication to Security for the Faithful

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- God is your "dwelling place"—a permanent, consistent, and trusted refuge, not merely a temporary shelter.

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- While not guaranteeing an absence of suffering, this assures you of God's attentive care and His sovereign control over what touches your life.

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- God's protective care encompasses both external threats and internal fears, promising ultimate spiritual well-being regardless of external circumstances.
- God commits to sending angels to guard and protect you ("He will command His angels concerning you").
- This divine guardianship demonstrates His profound, active involvement in your life.

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- Angels "bear you up," illustrating that God's care is not passive but proactive and personal, intervening even in small details ("Lest you strike your foot against a stone").
- This passage underscores that God commands spiritual beings to watch over you, showing the extraordinary value He places on your safety and spiritual journey.

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- "Young lion and serpent" represent aggressive or cunning adversaries, yet the promise indicates ultimate victory through divine empowerment.

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- Your security is dynamic, equipping you to triumph spiritually and practically.

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- God deeply values your devotion.
- Your deep devotion to Him invites His compassionate and responsive help, which lifts and enriches your life.

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- God promises not just rescue but also exaltation—placing you securely out of reach from danger ("I will set him on high").
- God personally pledges His immediate attention when you call upon Him ("He will call upon Me, and I will answer him").
- His promise "I will be with him in trouble" emphasizes His close, personal, comforting presence amid your difficulties.

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- God is never distant or indifferent. He intentionally promises responsiveness, care, and companionship, especially during your trials.
- God's promise to satisfy you with "long life" symbolizes completeness, fulfillment, and spiritual wholeness.

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- His assurance to show you His "salvation" emphasizes the ultimate demonstration of divine deliverance, including eternal life and spiritual fulfillment.
- God's ultimate goal is not merely temporary relief but lasting satisfaction, spiritual fulfillment, and eternal salvation.

Five Gospel Implications

1. Christ Is Your Perfect Refuge

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- a. In the gospel, Jesus becomes your ultimate place of safety—not just from temporal harm, but from sin, judgment, and eternal separation.**

Five Gospel Implications

2. God's Protection Is Fulfilled and Secured in Christ

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- a. Jesus fulfilled this psalm perfectly by trusting God through every trial and tribulation.**

Five Gospel Implications

3. Christ Defeated the Serpent for You

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- a. This echoes Genesis 3:15, where the offspring of the woman would crush the serpent's head.**

Five Gospel Implications

4. God's Promises Are Yours by Grace Through Faith

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a. Though you fall short, Jesus perfectly set His love on the Father, and in Him, you receive the promises of Psalm 91 not by performance, but by grace through faith.

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5. Eternal Satisfaction Is Found in God Alone

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- a. These points go beyond physical life to eternal life in Christ, where ultimate satisfaction and salvation are fully revealed (John 17:3).**

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- From the intimate "secret place" where God invites you to dwell, to the majestic promises of angelic guardians and divine deliverance, God's message is clear: you are not alone.

The gospel is the good news that the just and gracious God of the universe looked upon hopelessly sinful people and sent His only Son, Jesus Christ, God in human flesh, to bear His wrath against sin on the cross and to show His power over sin in the resurrection so that everyone who turns from their sin (repentance) and believes in Him (faith) will be reconciled to God forever.