

# better decisions, fewer regrets

## Part 2 - January 10th

### Discussion Questions

1. If a sales associate in a retail establishment said to you the kinds of things you say to yourself... when selling yourself... how would you respond?
2. Where do you struggle most telling yourself the truth? What are your go-to justifications?
3. Jesus said knowing the truth can set us free (John 8:32). But acknowledging what's true can be terrifying. Is it possible that the fear of what you discover about yourself by being honest with yourself is an obstacle to the freedom you desire?