

# better decisions, fewer regrets

## Part 5 - January 31st

### Discussion Questions

1. Does this statement ring true for you? *Our excuses escort us to the threshold of regret and abandon us there with little margin for error.* Can you think of an example?
2. When making a decision, why are we more prone to evaluate options through the filters of legal, moral, ethical, and acceptable than through the filter of wisdom?
3. Would you commit to asking - not acting on - but simply asking the wisdom question for seven days every time you make a decision?