



## Part 5 - May 9th

### Discussion Questions

1. Is there something you currently **enjoy** doing that began as a discipline? If so, **what** made the difference?
2. Growing up, were you encouraged to develop habits that could be described as **private spiritual disciplines** (prayer, meditation, devotions, giving, fasting)? Did these habits carry into adulthood?
3. Read Matthew 6:1-4 and Matthew 6:5-6. Jesus assumed his audience was in the habit of giving and praying. What about you? When it comes to giving and praying, do you trend **reactive** or **proactive**? Would you be willing to be **proactive** for the next 30 days?