



Part 1

INTRODUCTION

There is something in all of us that desires a blessing from our dads. If we don't receive it, we often go looking for it, sometimes in all the wrong places. Some of us received this blessing. Some of us didn't. For some of us, the voice of our father is gone. The good news is that all of us can receive a blessing from our Heavenly Father today, no matter who we are or what our past experience may be.

DISCUSSION QUESTIONS

1. Jeff defines blessing as receiving something that could change everything. How would you define the word blessing?
2. Describe your relationship as a child with your dad.
3. What do you wish you heard from your dad?
4. If you didn't receive a blessing and affirmation from your dad, how can you change the generational tree? If you did receive a blessing like this, how can you steward that blessing well?
5. Jeff highlights three blessings God spoke over his son, Jesus, in scripture (John 3:13-17). First, being present. Second, meaningful touch. Third, spoken word. Do any of these resonate with you?
6. Would anything change for you if you received the blessing from your Heavenly Father? Why or why not?

MOVING FORWARD

Whether or not we received the blessing from our earthly father, we can receive it from our Heavenly Father. He is ready to tell us how much he loves us and how pleased he is. If we're willing to receive, we can stop striving for, and start living from the blessing... and that could make all the difference.

CHANGING YOUR MIND

"But to all who did receive him, who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God." John 1:12-13 (ESV)