



## Part 1: Surrender Your Will

### Discussion Questions

1. When is the last time you heard a story and thought, “How do they live with themselves?” What does that response assume about you?
2. What does the following statement bring to mind? **The health of your soul determines your tolerance for duplicity.**
3. What emotions does the idea of unconditional surrender to God surface in you? Why?

### Making it Personal

What if you began to daily surrender your will to God? That practice could begin by starting every day with a prayer something like this:

Heavenly Father,  
I surrender myself to you.  
My hands. My feet.  
My eyes. My ears.  
My thoughts and desires.  
My hopes and dream.  
My talents and opportunities.  
I surrender all.  
Thy will be done.  
Through me today.  
Amen