

Sierra Vista United Methodist Church Newsletter July 26, 2024

Services for Sunday, July 28, 2024 7:30 AM - 9:00 AM - 10:30 AM

Ephesians 3:14-21

John 6:1-21

Sermon: To be filled - Rev. Kayla Johnson



SVUMC Website QR Code

A recording of the Worship Service is on: SVUMC Website: https://sierravistamethodist.org/worship FaceBook: https://www.facebook.com/SierraVistaUnitedMethodistChurch YouTube: tinyurl.com/svumc-youtube

SVUMC is an Election Polling Station



This year, as in previous years, our Activity Center will serve as a polling station for the State Primary Election on Tuesday, July 30, 2024.

Independent voters who choose to vote in person on Election Day can request the party ballot they need from a Poll Worker. Polls will be open from 6 AM to 7 PM. Please remember to bring your ID with you. If you have a mail-in ballot, you can avoid the lines by dropping it off directly at the polling station.

We anticipate the need for traffic control and campus security, and we are seeking volunteers from our congregation to assist with these functions. See Kayla in the office for more information or to sign up.



Friday 26 July	Exercise Classes - See schedule on last page of this Jaunt - Fellowship Hall 12:00 PM: Emmaus Reunion Group
Saturday 27 July	
Sunday 28 July	7:30 - 9:00 - 10:30 AM: Worship services - Sanctuary 9:00 AM: Adult Sunday School - Room 1, Fellowship Hall
Monday 29 July	Exercise Classes (see last page of this Jaunt) - Fellowship Hall 9:00 AM: Move Around Ladies - Activity Center
Tuesday 30 July	6:00 AM - 7:00 PM: State Primary Election - Activity Center 9:30 - 11:30 AM: KnitWits - Fellowship Hall, Classroom 1-2 11:30 AM: Emmaus Reunion Group, Fellowship Hall, Classroom 1-2 6:00 PM: Ruth Circle - Serenity Room
Wednesday 31 July	7:00 - 9:00 AM: Spit & Shine - Campus 8:00 AM: Sonrisers Bible Study - Fellowship Hall, Room 5 9:00 AM: Move Around Ladies - Activity Center 1:30 - 3:30 PM: Grief Share 6:00 PM: Vespers - Sanctuary 7:00 PM: Choir Practice - Sanctuary
Thursday 1 August	7:00 - 8:30 AM: Walk to Emmaus Breakfast - Country House 8:30 - 10:00 AM: Emmaus Group - Room 5, Fellowship Hall 9:00 AM - 3:00 PM - American Red Cross Blood Drive - Activity Center 9:30 AM: Mary Martha Circle 10:00 AM - Noon: Mah Jongg 5:30PM: Trustee Meeting - Serenity Room
Friday 2 August	Exercise Classes (see last page of this Jaunt) - Fellowship Hall 9:00 AM: Move Around Ladies - Activity Center 6:00 PM: Earthkeepers Movie Night - Serenity Room

Prayer Word: Rest (Week 4) by Pastor Carl

Rest invites us to embrace simplicity and mindfulness, stepping away from the busyness and distractions of modern life. It is an opportunity to slow down, be present in the moment, and appreciate the simple pleasures that life offers. Sometimes it is difficult to be present in the moment because we are distracted by past events or things yet to happen. Our ability to concentrate on what is before us is reduced when we have not rested properly. Rest leads to contentment, which is not the enemy of ambition. Rather, rest helps clarify what is important so we can focus on that instead of the urgent. We do not stop playing because we grow old. We grow old because we stop playing. Play is a means of resetting our minds when the distractions of life seem overwhelming. Connecting with God cleanses our souls so we can focus on God's voice and God's will instead of the din of the world that surrounds us.



grayer Request



BRIAN COLE MARTY GLOWACKI ART & JUDY MARVIN AND FAMILY VICTORIA PETERSON **REV. MICHELLE DONNA HORTON** JENNIFER FAMILY OF RICK MUELLER **REV. LYLE PETTIT & FAMILY** Вовву LYNETTE NANCY DIEGIDIO BILL GLOWACKI KRIS FAMILY OF DOUG MILLER BRITTANY MERITO **REBECCA MERITO** DESTINY ALEX & RICK RYAN Кім JACKIE ZANDREWS TERRI GARY LARSON BRANDON, CINDY & PAUL JESSE NOAH, BROOKLYN, & CINDY SUSAN HOLCOMBE CHERYL BRUNO

ARTHUR FELDMAN DASHIA RICHARDSON ΤΑΝΙ DONNA T. **DAVID HIGBEE & FAMILY** LORI JENKINS BETTYE CARSON DAN NUCCI SHARRON ARCAND JASON RYDER & HIS MOTHER ASPEN & HER MOTHER MARTHA & HER FAMILY CHERI BECK DR. NANCY **ODESSA STEWART** LUCY ELLEN BROWN CHRISTINA JAKE ROBINSON ANDREA MARC JOHNSON GARY & ROBIN WEISER JOHN JASMINE DAN WILEY CINDY LONG BOB ELI O'CONNOR **GREG JUEDES** LINDA PENN TRICIA WELLER GAYLE BRYANT & HIS FAMILY BRENDA LANGENBERG SID & CAROL DOWNEY RIC BECKER **CAROL GLOWACKI GEYER** LYNN STEWART VICTORIA NELSON

CONGREGATIONS OF ST. STEPHEN'S EPISCOPAL CHURCH AND THE FIRST PRESBYTERIAN CHURCH



I am writing to all of you to say that Fall Choir rehearsal will start on July 31 and August 7 at 7 pm in the worship Center. We will begin the exciting fall musical journey to our Cantata in December. I am looking forward to working hard with all who can join us for this journey. If you know of anyone who would like to sing with us please invite them.

We are starting with the first 2 rehearsals to get a head start for September as our first Sunday to Sing is September 1st. I will have the full fall schedule out to you during the first rehearsals. I will be out of town August 12 to 29, 2024.

Summer choir people please remember we will rehearse the songs for the first 2 Sundays of August on those same rehearsal nights at the end. Summer Choir sings on August 4 and 11. Of course we would love to have anyone else who could help us for those Sundays as well.

> All my best to each of you!!!! Blessings, Carl Coss

New schedule for monthly committee meetings

- 1st Thursday: Trustees
- 2nd Thursday: Finance
- **3rd Thursday: SPRC and Nominations**
- 4th Thursday: Church Council



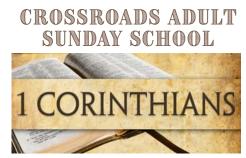
A/C installation in the Worship Center begins on Tuesday, July 30th.

FOOD PANTRY



Every Noodle Counts! How many different types of pasta can you name? Well, for the food pantry, the only pasta that counts is the one you donate!

Please support the Food Pantry!



Studying 1st CORINTHIANS. 0900 AM Fellowship Hall, Room 1 Leader: Harry Magargee



DONATION DRIVE July 7 - August 4, 2024

- 2-pocket folders
- Crayons
- Markers
- Erasers
- Pencil boxes
- Dry erase markers
- Spiral-bound notebooks
- Loose-leaf notebook paper
- Printer paper
- Tissues
- Clorox wipes

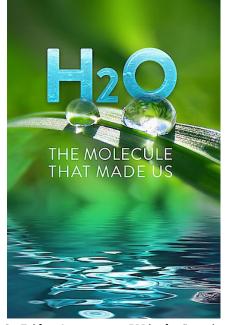
Please drop off donations: Narthex (Sundays) Church Office (Weekdays) BOSS BABY IS LOOKING FOR A NURSERY WORKER. COME ON, LADIES, STEP RIGHT UP!



We are in need of another Nursery Worker for Sundays from 8:30 AM until noon. Our Nursery Workers are very important to us and are tasked with taking care of the littlest ones in our congregation. If you or someone you know is interested, email Rev. Kayla at revkaylaj@gmail.com or through the church office. The position pays minimum wage.



Blood Drive - SVUMC Activity Center Thursday, August 1, 9:00 AM to 3:00 PM For more infomation or to schedule an appointment, call 1-800-733-2767 or go to redcrossblood.org and use code: Methodist



On Friday, August 2 at 6 PM in the Serenity room we will be showing part 3, "Crisis" of the DVD "H20: The Molecule That Made Us". The film is about one hour and a short discussion will follow. The three-part series explores just how critical water is to our survival and the challenges that are facing us. As always, we will provide popcorn and water, and you are welcome to bring your own soft beverage in a reusable container. Please enter by the door located off the parking lot behind the activity center.

Jeanne Festa, SVUMC Earthkeepers

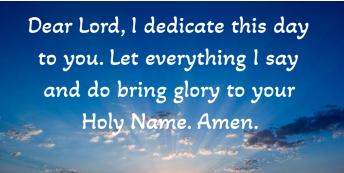


The term "vesper" refers to evening or the evening star, and by extension, it signifies evening prayers or services in Christian liturgy. The word "vesper" has its origins in Latin and carries a rich history and significance within Christian liturgy. Methodists have held evening services since the denomination's early days, influenced by John Wesley's emphasis on structured prayer.

At SVUMC, there is a weekly vesper service starting at 6:00 PM on Wednesdays. Vespers usually last about 45 minutes. It includes hymns, prayers, a homily often delivered by a lay speaker, and communion.

Consider attending vespers for a mid-week recharge.

In the July 19 Sunday worship service, Sara Evan spoke of starting the day with a prayer. She recited the morning prayer that she uses. Here is that prayer.



SOUTH DISTRICT LAY SERVANT CLASSES

Listed below are the South District Lay Servant classes for Fall, 2024. All are available for registration on the Conference Web.

Link for registration: https://dscumc.org/lay-servant-ministries-training-sessions/

Gretchen Lofgren

glofgren22@gmail.com

For those of you who live outside of Tucson - consider getting more than yourself to sign up for a class, carpool and share the expense of the gas.

Living our United Methodist Beliefs: UM Heritage Facilitator: Pastor Brooke Wilkerson Lay Servants Lead in Conflict Resolution Facilitator: Pastor Beth Rambikur From Your Heart to Theirs: Delivering an Effective Sermon Facilitator: Pastor Ron Bartlow Introduction to Lay Ministry (The Basic Course) Facilitator: Linda Sterling August 10th and 17th @ St Paul's UMC/Tucson Registration Deadline: August 2nd

September 21st and 28th @ Christ Church/UM/Tucson Registration Deadline: September 13th

October 19th and 26th @ St Paul's UMC/Tucson Registration Deadline: October 11th

November 2nd and 9th @ St John's UMC/Tucson Registration Deadline: October 25th

Questions may be addressed to one of the South District Co-Directors of Lay Servant Ministries

Kelly Deyoe

kjdevoe@cox.net



August 24, 2024 2:00 PM - 10:00 PM Veterans Memorial Park

Register using the QR code or at relayforlife.org//sierravistaaz or call 1-800-227-2345, Option 2



For more info, contact Tammey Saffo @ 520-227-0024

Featuring: Desert Fever

First Desert Fever Performance: 12:45 –1:45 PM Opening Ceremony: 2:00 PM



Upcoming EarthKeepers Training



Global Ministries is looking for individuals and teams to lead environmental projects in their communities as part of our EarthKeeper program. Everything from writing curriculum, to planting community gardens, to installing rooftop solar, counts. Earthkeepers are equipped with resources to lead creation-care work where they are. The next training will be Oct. 3-6, 2024 in Baltimore, Maryland and St. Paul, Minnesota.

To Apply, go to: https://form.jotform.com/240943703505150

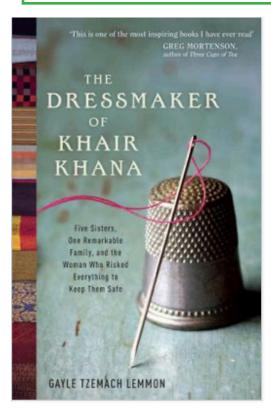


It's time again for our annual ministry fair, August 4th in the Fellowship Hall. Our ministries continue to Spread the Love of Jesus, and this is your chance to grow your ministry! If you lead, participate in, want to join, or want to start a new Ministry this event is for you. Our goal is to spread the word about what we do and attract new members to our ministry teams.

We will set up on Saturday, August 3rd at 3:00 PM and can take down after 3 PM on Sunday. Between services on Sunday, you will be able to spread your message from your table.

Think about and prepare what you want to promote your ministry. Handouts, pictures on posterboard, and your smiling faces are all good ideas. Think about who you may want to share a table with or be beside because some of you lead more than one ministry. Please let me know your requirements by July 29th. Thank you all for what you do for your ministries as you spread the Love of Jesus.

I'm excited about our ministry fair! James Harper, harperjh@earthlink.net



THE DRESSMAKER OF KHAIR KHANA

by Gayle Tzemach Lemmon

This is a book taken from the UMW/UWF Reading Program and is available in the UMW/UWF Library in Room 5 of the Fellowship Hall.

This is a refreshing story of a young Afghanistani woman, Kamila, and her four sisters who begin sewing clothing & teaching in their home to fill a need for clothing as well as a way to provide financially for themselves. Their business begins in Kamila's home because the Taliban have taken over their city and women aren't safe on the streets and few are allowed to have jobs in stores, offices or schools. Gradually, other women secretly hear of this opportunity to learn, sew and earn a living within this house of hard-working sisters. Even though these women are restricted in many ways outside their houses, within this group, the ladies enjoy the camaraderie of each other as they industriously produce fine clothing.

The book is available for checkout in the UWF Library in Room #5 in the Fellowship Hall.

Lea Benson UWF Program Resource Secretary



Desert Southwest United Methodist Foundation tells us that estate planning is never finished. If you have a will or a trust you may think you have done everything you need to. However, laws change; new opportunities present themselves; loved ones pass; other circumstances change. All of those situations can make the plan you worked on need a refresh. Plan to join the Foundation on October 6 after services to learn more.

Health and Exercise Classes

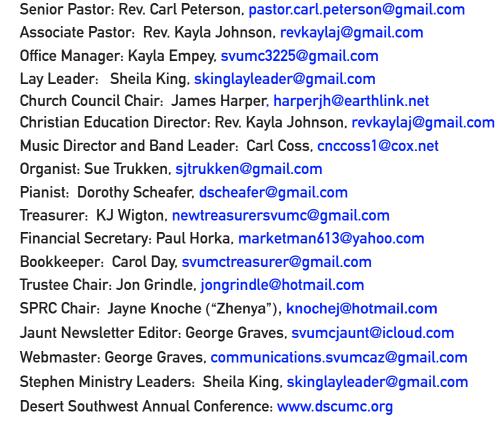
Strength Training classes are offered by Nancy Buttke in the Fellowship Hall on Mondays and Fridays as shown on the chart below.

There is no fee. Donations are accepted. For more info contact Nancy at 520-678-0172.

8:30 AM	Strength Class: Lifting weights using dumbbells and ankle weights (about 1 hour)
9:40 AM	Back/Abs Class: For people with back problems who need to strengthen their core (back and abdominal muscles, 30 minutes)

Sierra Vista United Methodist Church

3225 St Andrews Drive, Sierra Vista, AZ 85650. If you have questions or need assistance, please contact us. The church office is open Monday-Friday, 9:30 a.m. to 2:30 p.m. Pantry donations may be made at that time. Phone: 520 378-3352 / Email: syumc3225@gmail.com



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