

Anxious for Nothing!

Philippians Introduction: The Epistle of Encouragement, Hope, and Joy

Written by Paul sometime between AD61 & AD63

Paul writes with faith believing that God will meet his needs and the needs of the Philippian church. Chapter 4 marks the end of this letter with a Crescendo to find your peace in God through prayer and supplications.

Scripture: Philippians 4:4-5

4:4 Rejoice in the Lord always. I will say it again: Rejoice!

- To rejoice means to be glad, joyful; to thrive!
- We must make the choice to rejoice!

Psalm 118:24 "This is the day the Lord has made. We will rejoice and be glad in it."

- "Lord:" He to whom a person belongs! A Master; a Sovereign!

We rejoice in His Lordship! We find comfort in His Character.

4:5 Let your gentleness be evident to all. The Lord is near.

- Our presence among people is our testimony of Jesus to people!
- The word "near," was a special "watch-word" for the early church in times of trouble.

Scripture: Philippians 4:6-7

4:6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

- Let no one be continually (on-going daily action) anxious, distracted, or concerned
- But (Greek 'alla) *strong contrast*, in all things by/through
 - The Prayer – prayer, petitions made to God
 - The Supplication – an urgent request to meet a need made to God
 - With Thanksgiving – an expression of gratitude, rendering of thanks,
- Let your requests be made known to God

4:7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

- and the **peace of God** - Harmony, state of well-being, harmony of God
- **Surpasses** – higher point than another scale, or to surpass, to have power or authority over
- **Comprehension** - (Greek "nous") intellectual understanding, perception, thinking, or thought, the seat of emotions and affections, equivalent to the heart
- **Will guard** – (verb Indicative future 3PS) maintain a watch, provide security, protect, guard
 - Your **hearts** - the seat of our emotions, thoughts, volition, knowledge
 - Your **minds** – the faculty that processes our thinking and understanding