



THE
ORIGINAL
JESUS

LIFEGroup Study Guide



Matthew 11:28-30 // Legalist Jesus

Getting Started

- *Larger LIFEGroups may consider splitting into same gender groups in order to facilitate more meaningful discussion.*
- *Groups will not have enough time to discuss every question. Leaders are encouraged to skip questions and make substitutions based on what's best for their group.*

Warm Ups (15 Min)

- Everyone go around and share a “High” from the week and a “Low” from the week.

Scripture Study (30 Min)

- **HEAD - These questions help us examine what the Word shows.**
- Read Matthew 11:28-30
- According to Ecclesiasticus (aka Sirach), a Jewish Book, the yoke of the law was given so that people would find rest. In what ways do you see the Law not doing this through the Pharisees in your readings of the Gospels?
- How does Jesus describe Himself in this passage? How does that impact you?
- **HEART - These questions help us wrestle with what we believe.**
- How would you describe your relationship to God currently? Easy or burdensome?
- What burdens do you carry?
- **HANDS - These questions help us bring truth and beliefs to our everyday.**
- How will you depend on Jesus who lives inside of you?
- How will you keep your focus on glorifying God in this season of your life?

Group Prayer (15 Min)

Trios (20 Min)

Same gender groups of three. If numbers are uneven, go to groups of two.

- **Spiritual Velocity:**

- How did you see God at work in your life this week?
- What has God been teaching you in His Word as you've encountered it in this week's Life Journal readings, Sunday message, or LIFEGroup study?
- What's an area of your life in which you know you need to repent or grow? How can we encourage you?

- **Joining Jesus on His Mission:**

- What kind of conversations are you having with non-Christians? How's your 3-2-1 challenge going? Share about connections you're building and spiritual conversations you're having with non-believing neighbors and friends.
- List the names of non-Christians in your life that you can pray for:
_____.
- What good can we do around here? (Missional party? Service project?)
- How can we help each other, our neighbors, and our city in prayer?