

## RUTH WEEK 1

# A FAMILY IN FAMINE

## Opening Prayer

Lord, in seasons of loss and uncertainty, help us trust that You are still at work. Open our hearts to Your faithfulness, even when life feels empty. Amen.

## Read the Text

## Ruth 1:1–5

Feel free to take any notes below:



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**HEAD** 1. What spiritual condition characterized Israel during the time of the Judges?

2. What losses does Naomi experience in these opening verses?

3. How does famine affect both physical and spiritual circumstances in this passage?

**HEART** 1. How do you typically respond when life feels unstable or stripped of security?

2. Where have you experienced disappointment that tested your trust in God?

3. How might you resonate with Naomi in the story of her loss?

**HANDS** 1. How can God meet you in your current season?

2. Where might God be inviting you to remain faithful despite uncertainty?

3. How can this group pray for you during this season, whether in good or bad circumstances?

**HUDDLE** Break off into same-gender huddle groups and discuss:

1. Where do you most feel spiritual famine right now, and what support do you need?

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## MEMORY VERSE

"The Lord had visited His people and given them food." -Ruth 1:6

## SPIRITUALLY VIBRANT HOME

Talk together about how your household responds to hardship. Pray for trust and faithfulness in lean seasons.

