

## Chosen Chosen for Bearing

# TALK IT OVER

### Key Scripture

<sup>12</sup> Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, <sup>13</sup> bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. - Colossians 3:12-13

<sup>23</sup> So if you are offering your gift at the altar and there remember that your brother has something against you, <sup>24</sup> leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. -Matthew 5:23-24

<sup>31</sup> Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. <sup>32</sup> Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. - Ephesians 4:31-32

<sup>14</sup> For if you forgive others their trespasses, your heavenly Father will also forgive you, <sup>15</sup> but if you do not forgive others their trespasses, neither will your Father forgive your trespasses. -Matthew 6:14-15

<sup>10</sup> So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith. -Galatians 6:10

Search for the "Renewal Church Denver" app or "St. John's Denver" app in your app store. More of God's truth all week long at [renewaldenver.tv](http://renewaldenver.tv) and [sjdenver.tv](http://sjdenver.tv)

### Start Talking: Find a conversation starter for your group. (15 Min)

- Share a time when you just had to Grin and Bear it? What does that phrase usually mean?

### Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read Colossians 3:12b-13: What are we to clothe ourselves with and why?
- How are humility, gentleness, and patience virtues needed in order to practice forgiveness?
- How does bearing with one another connect to forgiveness?

### Heart: Start Sharing. Choose a question to create openness. (10 Min)

- If you are angered by someone in the body of Christ, what is your responsibility according to this passage of Scripture?
- Have you had someone in your life that was difficult to like or even be around? How did you bear with them?
- What impact has the bloody cross of Jesus made on your humility and ability to forgive others?
- Do you find it easier to forgive the closer you grow in Christ? Why or why is it still a struggle for you sometimes?

### Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- Who do you need to forgive right now? Or, who do you need to call and express your feelings so that you can reconcile?
- We learned about forgiveness in the Lord's Prayer and the Why God series. Is the Holy Spirit continuing to knock on the door of your heart so that you can forgive someone?

### Start Praying. Be bold and pray with power. (15 Min)

- For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

### Trios: Split into same-gender groups of three. (15 Min)

1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
2. Is there anything God is leading you to repent of?
3. How's your weekly 3-2-1 challenge going? (*3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection*)
4. Who is one non-believer that you need to reach out to this week?
5. What's something you'd like someone else to check in with you about this week?
6. Pray for one another.