

A NEW ERA WEEK 4

# SEEKING THE LORD'S FAVOR

## Opening Prayer

God, we confess our need for You. Teach us to seek Your favor in humility and faith. Amen.

## Read the Text

Ezra 8:21–23

Feel free to take any notes below:

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St. John's  
CHURCH



RENEWAL  
CHURCH

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- HEAD**
1. Why did Ezra proclaim a fast before traveling?
  2. What did the people seek from God in Ezra 8:21–23?
  3. How does dependence on God reveal faith?

- HEART**
1. What is the purpose of fasting in this passage?
  2. How does prayer reflect trust in God's protection?
  3. Why is humility essential in seeking God's favor?

- HANDS**
1. When have you sought God's favor in a desperate situation?
  2. How does fasting or prayer shift your heart toward God?
  3. What fears keep you from fully depending on Him?

- HUDDLE**
- Break off into same-gender huddle groups and discuss:
1. Where do you most need God's favor right now, and how can we support you?

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## MEMORY VERSE

"So we fasted and implored our God for this, and he listened to our entreaty." -Ezra 8:23

## SPIRITUALLY VIBRANT HOME

Choose a time this week as a household to fast from something (food, media, distractions) and seek God's favor together in prayer.



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