

RUTH WEEK 2

# FROM BITTER TO BETTER

## Opening Prayer

God, meet us in our bitterness and remind us that You have not abandoned us. Soften our hearts to receive Your grace. Amen.

## Read the Text

Ruth 1:6–14

Feel free to take any notes below:

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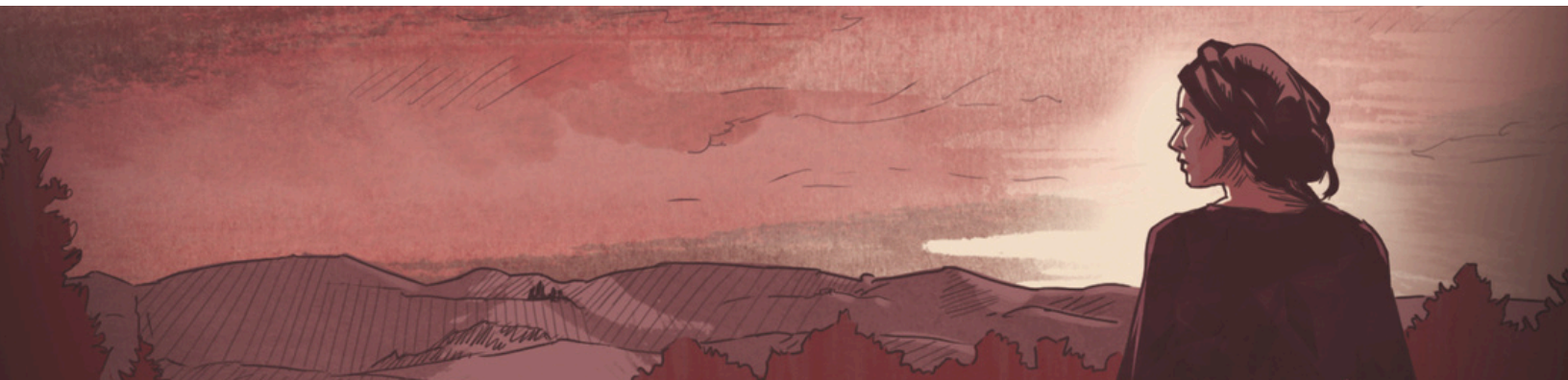
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St. John's  
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# FROM BITTER TO BETTER

- HEAD**
1. Why does Naomi describe her life as bitter?
  2. What do Orpah and Ruth's decisions reveal about grief and loyalty?
  3. How does Naomi interpret God's actions in her life?

- HEART**
1. When have you felt bitter toward God or life circumstances?
  2. How do you usually process grief? With others or alone?
  3. What does this passage stir in you about honesty before God?

- HANDS**
1. Where might God be inviting you to move from bitterness toward hope?
  2. Who has God placed in your life as a reminder that you are not alone?
  3. What step of trust could you take this week, even in the midst of uncertainty?

- HUDDLE** Break off into same-gender huddle groups and discuss:
1. What bitterness do you need to name before God right now?

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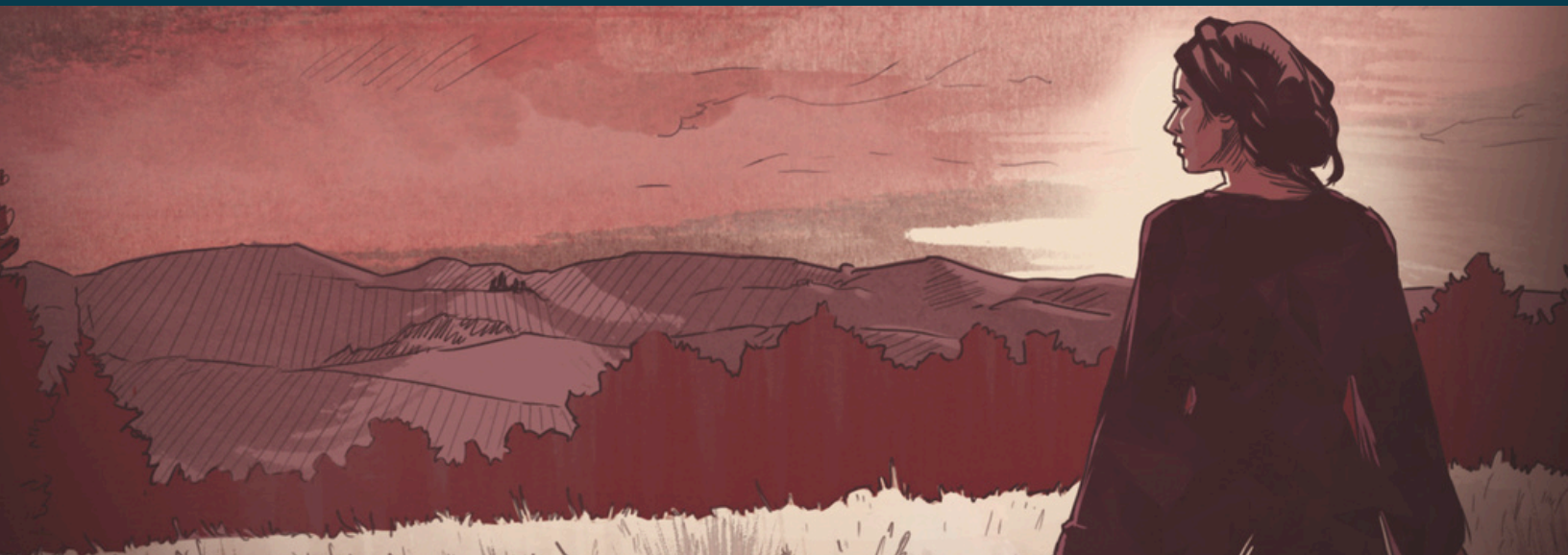
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## MEMORY VERSE

“Do not call me Naomi; call me Mara, for the Almighty has dealt very bitterly with me.” -Ruth 1:20

## SPIRITUALLY VIBRANT HOME

Practice naming both grief and gratitude together in prayer this week.



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