

The Good Life

Trust

TALK IT OVER

Key Scripture

"My son, do not forget my teaching, but let your heart keep my commandments, 2 for length of days and years of life and peace they will add to you. 3 Let not steadfast love and faithfulness forsake you; bind them around your neck; write them on the tablet of your heart. 4 So you will find favor and good success in the sight of God and man. 5 Trust in the Lord with all your heart, and do not lean on your own understanding. 6 In all your ways acknowledge him, and he will make straight your paths. 7 Be not wise in your own eyes; fear the Lord, and turn away from evil. 8 It will be healing to your flesh and refreshment to your bones. 9 Honor the Lord with your wealth and with the firstfruits of all your produce; 10 then your barns will be filled with plenty, and your vats will be bursting with wine. 11 My son, do not despise the Lord's discipline or be weary of his reproof, 12 for the Lord reproves him whom he loves, as a father the son in whom he delights." Proverbs 3:1-12 (ESV)

Start Talking: Find a conversation starter for your group. (15 Min)

- ☐ Do you think that trust is something that has to be earned?
- ☐ What happened the last time someone broke your trust? Were you able to trust them again after that?

Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- ☐ Read Proverbs 3:3-5, how do you win favor and a good name in the sight of God and man? How does that make you trustworthy?
- ☐ Read verse 5 again, what do you think it means to trust in the Lord with all your heart?
- ☐ How has God earned your trust? Or does He even need to earn it?
- ☐ How has trusting in God over your own understanding been hard or helpful?

Heart: Start Sharing. Choose a question to create openness. (10 Min)

- ☐ How has your trust in God been tested during this Pandemic?
- ☐ Has there ever been a time when God showed you His goodness during a time when it might have gone against your own understanding? Explain.
- ☐ How do you think Trust and Wisdom relate to each other?

Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- ☐ What are some active ways you can give God your full trust this week?
- ☐ What do you think God is calling you to let go of during this time so that you can better trust Him?

Start Praying. Be bold and pray with power. (15 Min)

- ☐ God, help us to trust in You with our whole hearts and not to lean on our own understanding. Show us what You want us to do or give up. Send us Your peace that surpasses all understanding! Thank You that You love us and You are always there for us. Amen.

Trios: Split into same-gender groups of three. (15 Min)

1. What was a memorable passage from your Life Journal (or other Bible reading plan) reading this past week?
2. What's something you'd like someone else to check in with you about this week?
3. What good can we do around here (are there any community needs God is calling us to meet)?
4. Pray for one another.

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