



Destroying Distractions

Spiritual Disciplines: Community
Hebrews 10:19-25



Study Description

Hebrews 10:19-25 highlights the significance of community within the Christian faith. The author of Hebrews emphasizes the importance of gathering together, encouraging one another, and spurring each other on toward love and good deeds. Through studying this text, participants are invited to deepen their understanding of the value of community in their spiritual journey and to actively engage in supporting and building up one another in faith.

Share: (5 Min)

- What's something you're thankful for as we gather in community as a Life Group?
- Read Hebrews 10:19-25 together.

Learn: (10 Min)

- What other Christian themes/disciplines pop out as you read verses 19-25?
- What does it mean to "stir up one another to love and good works"?
- Why do you think community is important in the life of a follower of Jesus?

Love: (10 Min)

- Do you personally always feel welcomed in a community? Why or why not?
- What makes being in a community healthy? What makes being in a community unhealthy?
- How has participating in a Christian community impacted your spiritual growth?

Live: (10 Min)

- What can we, as followers of Jesus, do to create a more welcoming community?
- What struggles do you face when you think of "not neglecting to meet together"?
- As a Life Group, how can we support each other as we continue to meet as a community in Christ? What can we do differently to celebrate our community as followers of Jesus?

Prayer (15 Min)

- Take time to pray for your community. Think of neighbors, friends, coworkers in other communities that need prayer.

Trios: Split into same-gender groups, pick a question and discuss. (15 Min)

1. What's God been doing in your life as you continue to meet here?
2. Do you find yourself more open to community or more reserved around community? Why?
3. What has God been teaching you as you get to know the people around you?



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Feel free to take any notes in the space below.