

THE WAY OF A DISCIPLE

BELONG. BELIEVE. BEAR FRUIT.



Transformation

Christ Being Formed In Us



THE WAY OF A DISCIPLE

BELONG.
BELIEVE.
BEAR FRUIT.

A DISCIPLE IS SOMEONE WHO:

**surrenders to Jesus
obeys His commands
reflects His goodness
and makes other disciples**

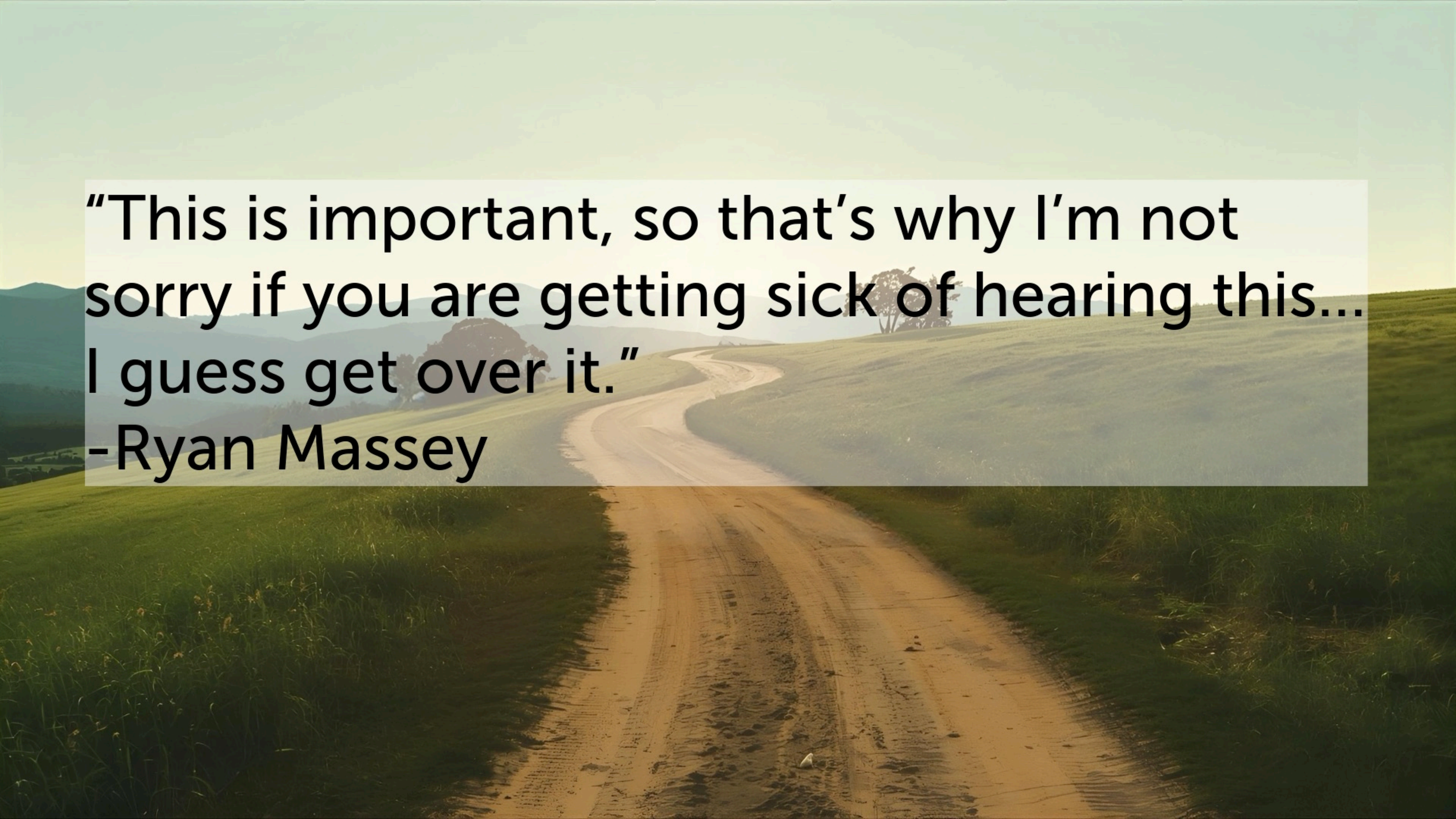


Our Mission

Belong. Believe. Bear Fruit.

Our Vision

A deeply formed, fully equipped people multiplying disciples and making a lasting impact in our community.

A photograph of a dirt road winding through rolling green hills. The road is in the foreground, leading into the distance. The hills are covered in lush green grass. In the background, there are some trees and a hazy sky. The overall mood is peaceful and scenic.

“This is important, so that’s why I’m not
sorry if you are getting sick of hearing this....
I guess get over it.”
-Ryan Massey



Are we living it?



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**Good intentions don't produce
transformation or fruit.**



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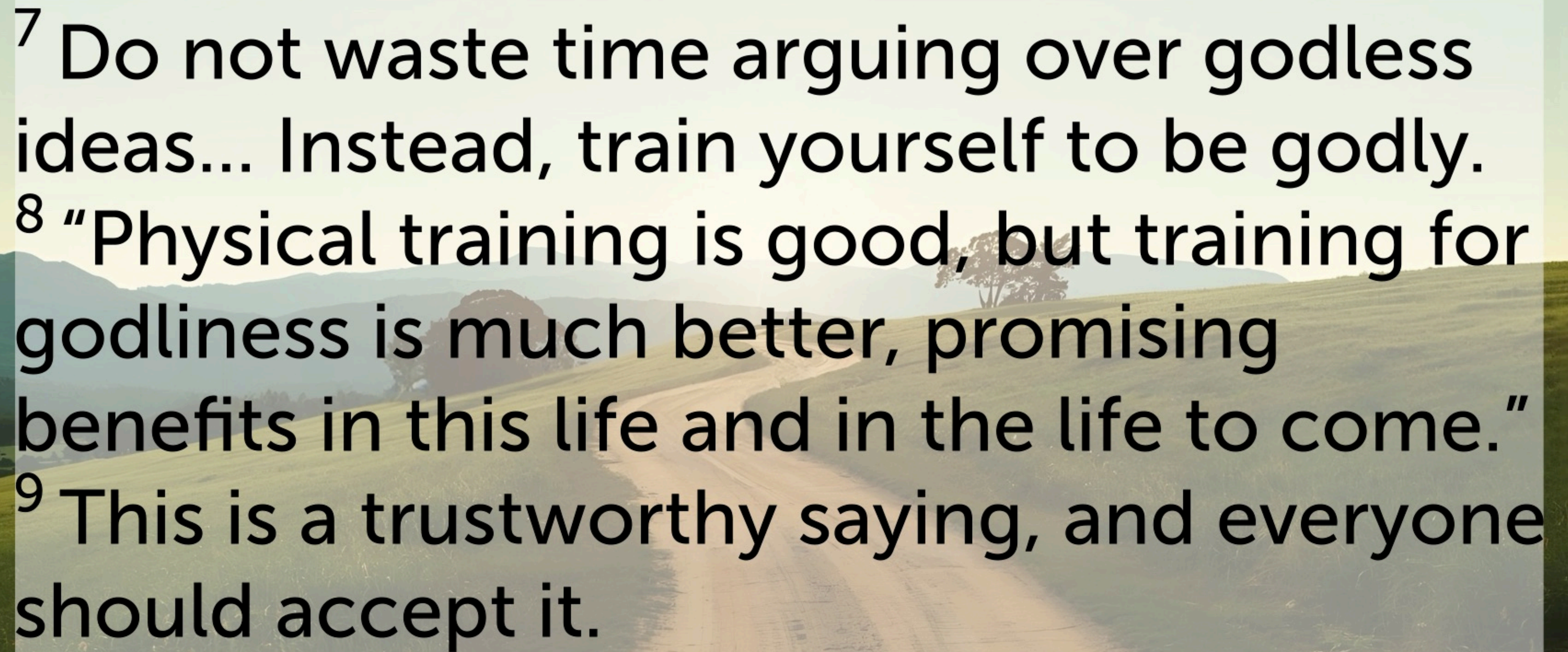


**We don't drift into spiritual maturity.
We drift into distraction.
-John Mark Comer**



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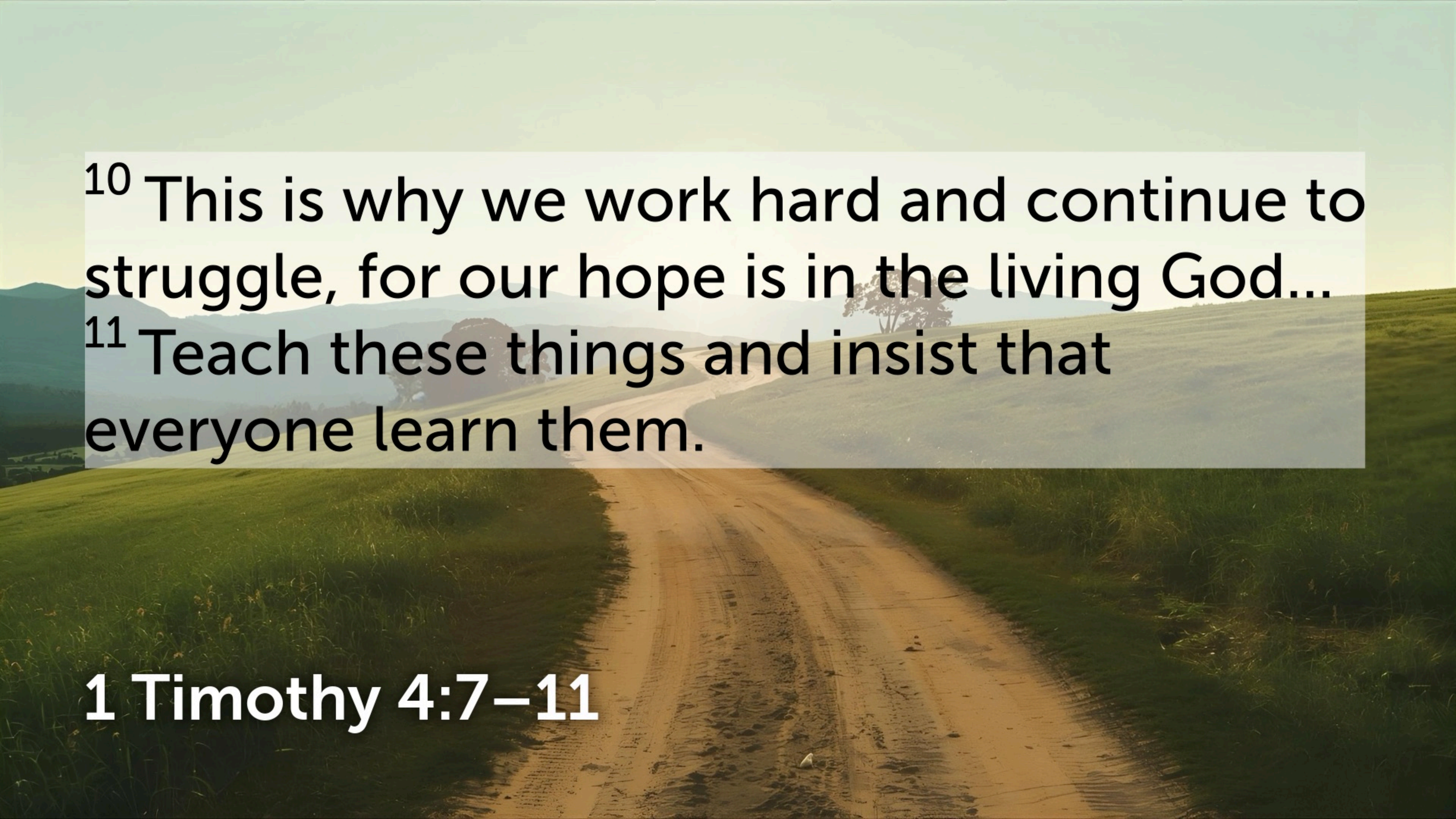
BELONG.
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⁷ Do not waste time arguing over godless ideas... Instead, train yourself to be godly.
⁸ "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come."
⁹ This is a trustworthy saying, and everyone should accept it.

1 Timothy 4:7–11

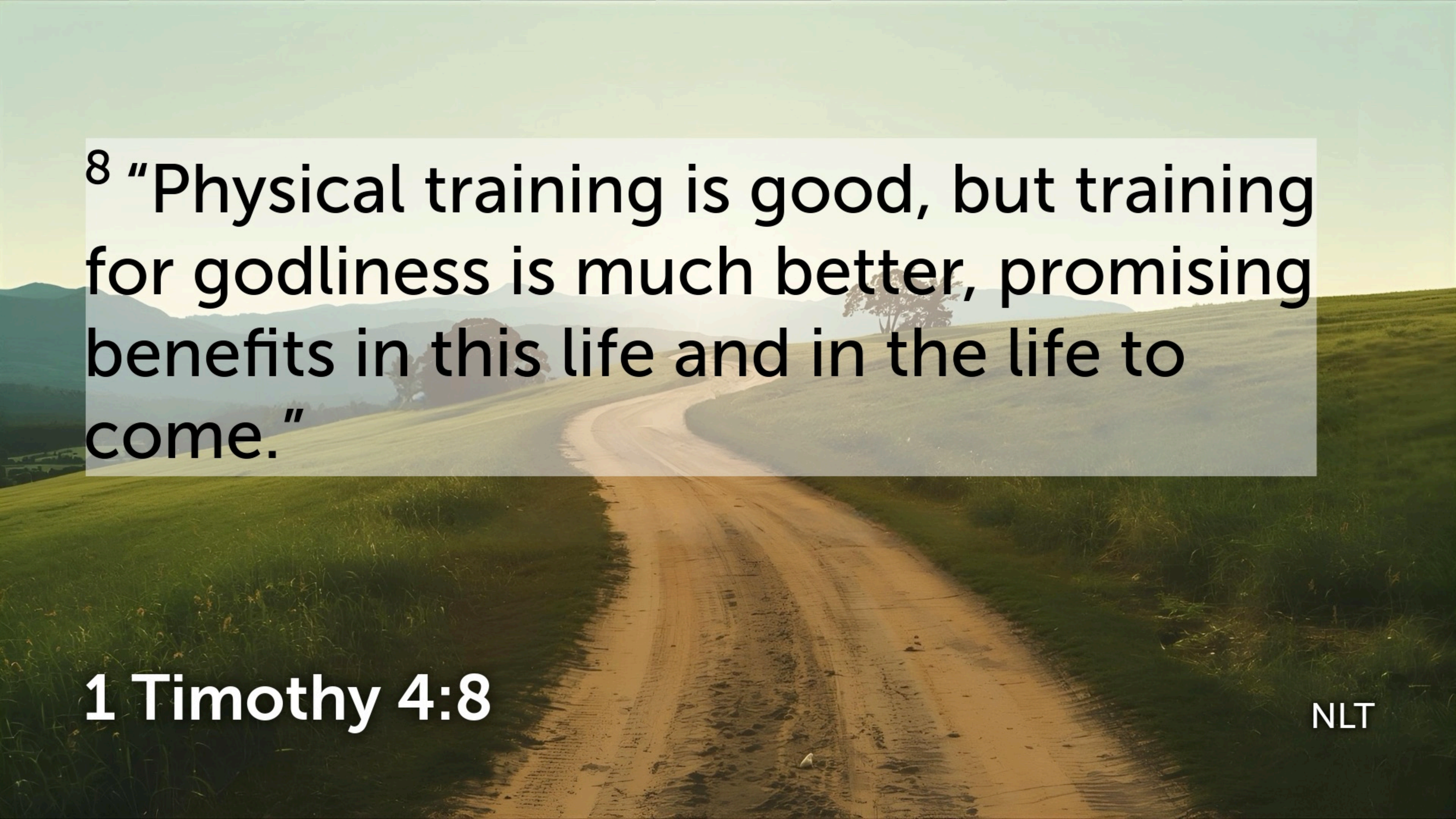
NLT

A dirt road with visible tire tracks winds through rolling green hills. The sky is a pale, hazy blue, suggesting a soft light from the sun. The overall mood is peaceful and contemplative.

¹⁰ This is why we work hard and continue to struggle, for our hope is in the living God...

¹¹ Teach these things and insist that everyone learn them.

1 Timothy 4:7–11

A dirt road with visible tire tracks curves through a lush green field. In the background, rolling hills are visible under a clear sky. The scene is bathed in the warm, golden light of late afternoon or early morning.

⁸ "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come."

1 Timothy 4:8

NLT


Rule of Life



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Rule of Life
=
Way of Life



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Way of Life:
a pattern of spiritual rhythms and
practices that keep us connected to
Jesus and open to His transformation

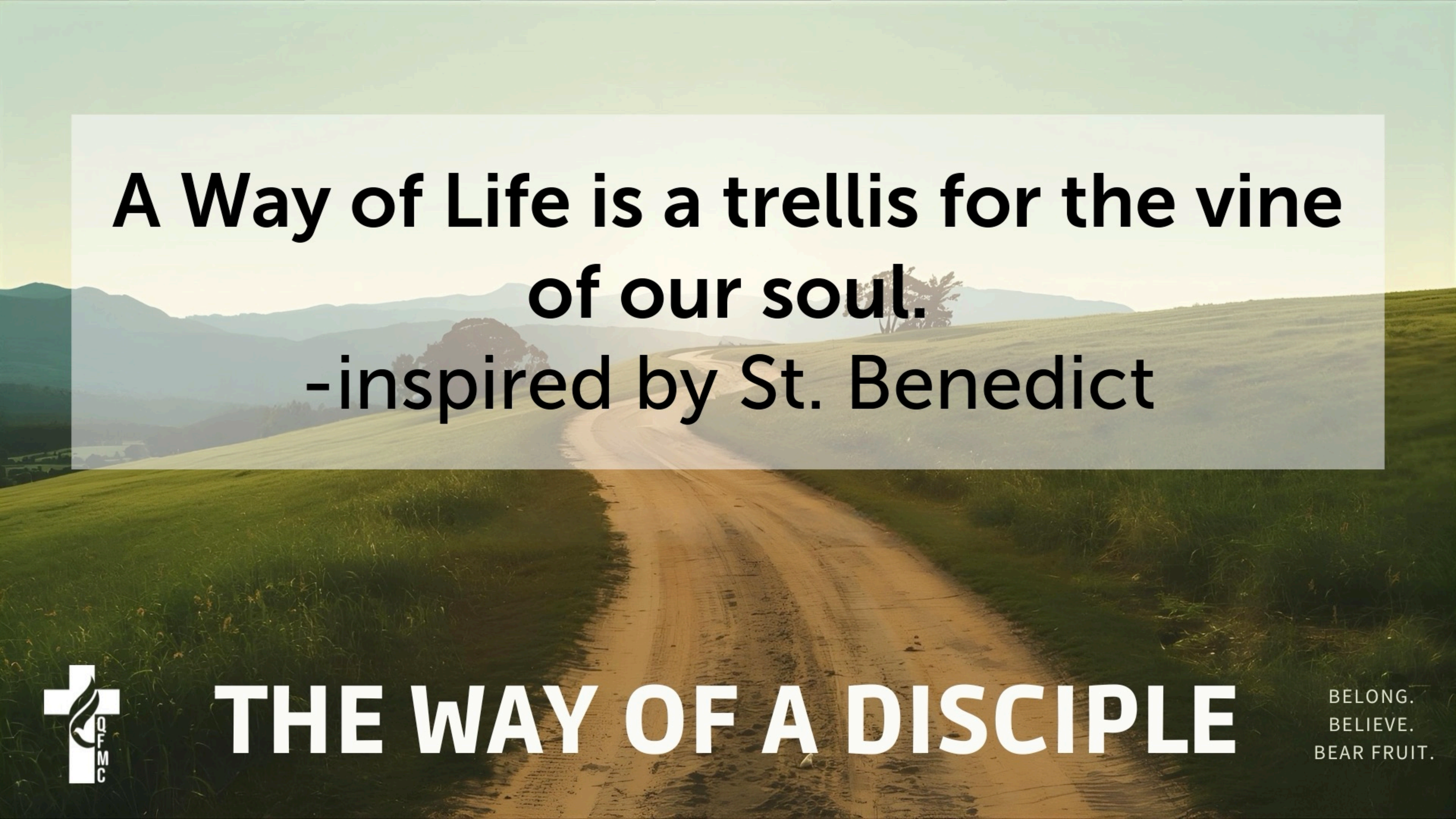


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**A Way of Life is a trellis for the vine
of our soul.
-inspired by St. Benedict**



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A dirt road with visible tire tracks winds through rolling green hills. The sky is a pale, hazy blue. In the distance, a few trees and a small building are visible on a hillside.

⁷ Do not waste time arguing over
godless ideas...Instead, train yourself to
be godly.

1 Timothy 4:7

NLT



**If our schedule keeps us from Jesus,
our schedule is discipling us.**



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BELONG.
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A Way of Life

Creates Stability

It anchors us when life shifts



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A Way of Life

Creates Stability

It anchors us when life shifts

Shapes Identity

Reminds us who we are and whose we are



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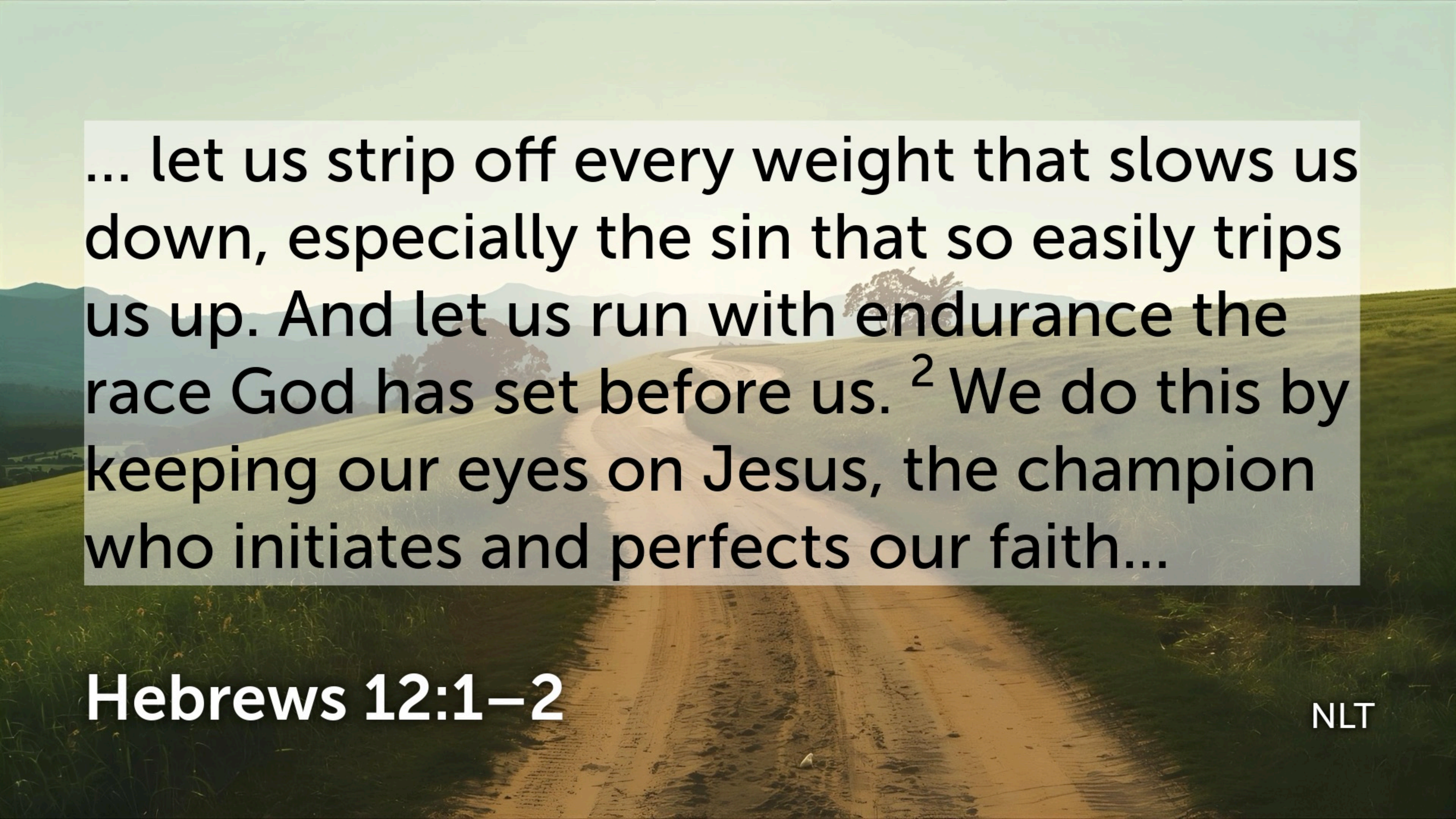
Channels Growth

Directs focus toward abiding rather than striving



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A dirt road with tire tracks winds through a lush green field. In the background, there are rolling hills and a few trees under a clear sky. The scene is bathed in soft, warm light, suggesting early morning or late afternoon.

... let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. ² We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith...

Hebrews 12:1–2

NLT

The 4 Posts of A Way of Life

Abide — Be With Jesus

Prayer•Scripture•Sabbath•Silence•Solitude•Presence



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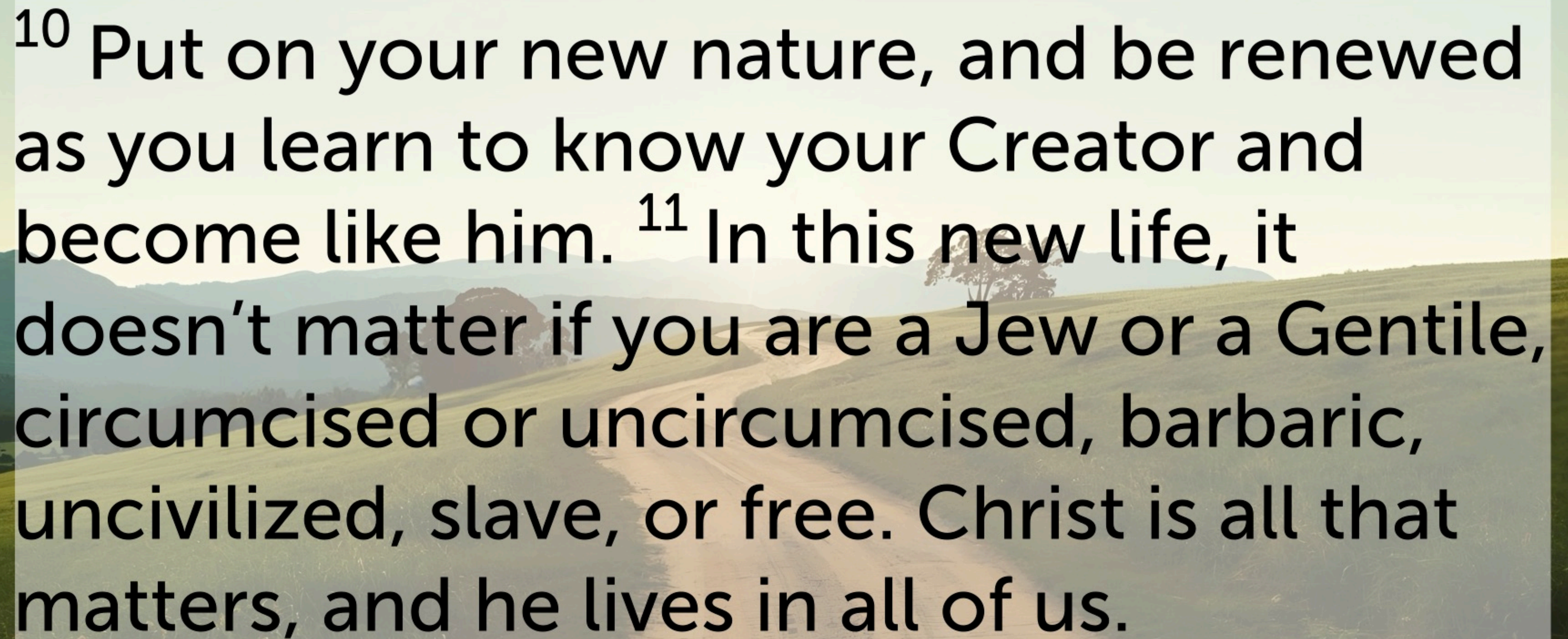
Become — Be Formed by Jesus

Confession•Forgiveness•Humility•Service



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¹⁰ Put on your new nature, and be renewed as you learn to know your Creator and become like him. ¹¹ In this new life, it doesn't matter if you are a Jew or a Gentile, circumcised or uncircumcised, barbaric, uncivilized, slave, or free. Christ is all that matters, and he lives in all of us.

Colossians 3:10–11

NLT

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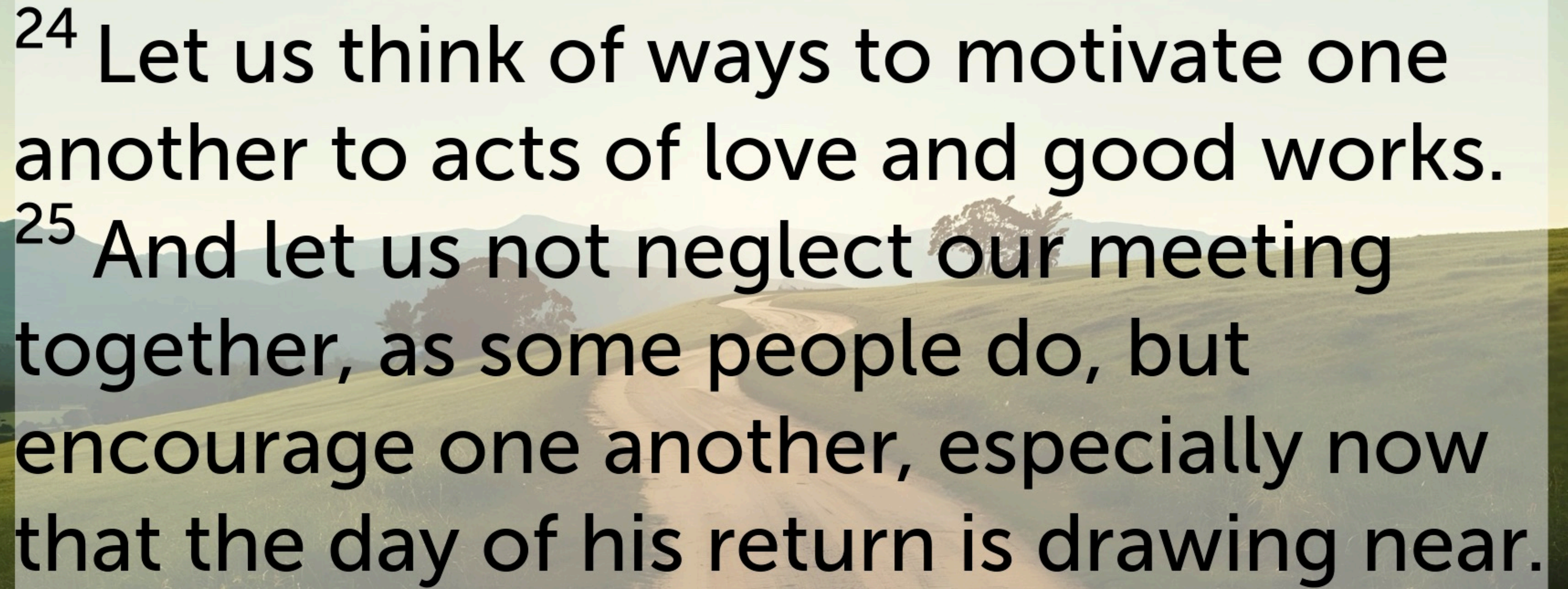
The 4 Posts of A Way of Life

Belong — Be rooted in our faith with others
Worship•Shared Meals•Accountability•Fellowship



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²⁴ Let us think of ways to motivate one another to acts of love and good works.
²⁵ And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

Hebrews 10:24–25

NLT

- 
- The Way of a Disciple at QFMC:**
- Discovery Bible Study (DBS)
 - Discipleship Triad/Quad
 - Discipleship Band (Wesleyan Band)



THE WAY OF A DISCIPLE

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**The church can't do our discipleship
journey for us.**



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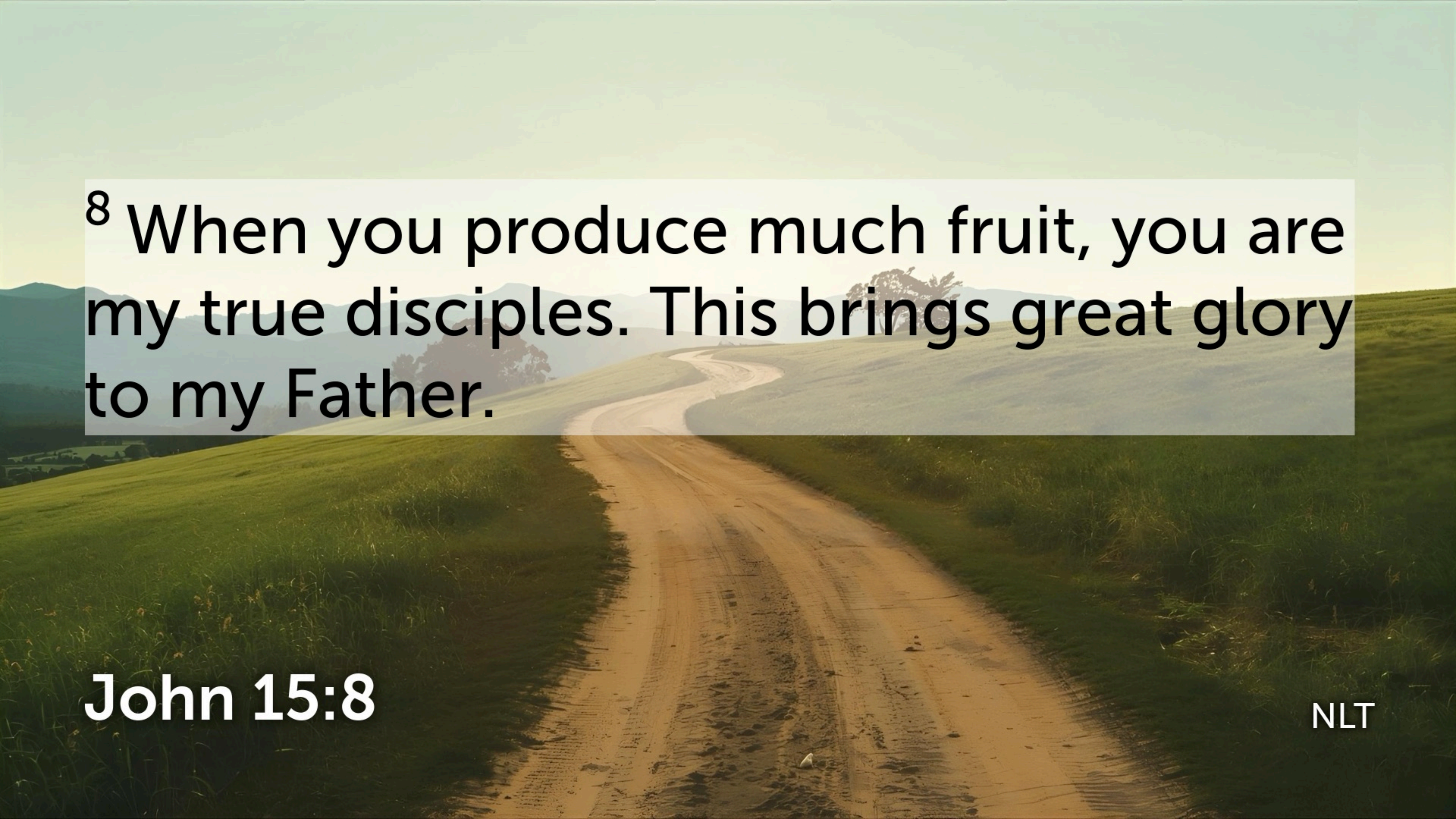
Belong — Be rooted in our faith with others
Worship•Shared Meals•Accountability•Fellowship

Bear Fruit—Bless others— Be Sent by Jesus
Generosity•Hospitality•Simplicity•Service



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A dirt road with visible tire tracks winds through rolling green hills. The road starts in the foreground and curves into the distance. The hills are covered in lush green grass. In the background, there are some trees and a hazy, light-colored sky, suggesting a sunrise or sunset. The overall atmosphere is peaceful and scenic.

⁸ When you produce much fruit, you are my true disciples. This brings great glory to my Father.

John 15:8

NLT

The 4 Posts of A Way of Life

Abide — Be With Jesus

Become — Be Formed by Jesus

Belong — Be rooted in our faith with others

Bear Fruit—Bless others— Be Sent by Jesus



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3 Steps to Begin Building a Way of Life

ASK:

What helps me stay most connected to Jesus?



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3 Steps to Begin Building a Way of Life

ASK:

What helps me stay most connected to Jesus?

IDENTIFY:

What area of my life feels unsupported or disconnected?



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3 Steps to Begin Building a Way of Life

ASK:

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CHOOSE:

One rhythm to start this week



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**The ordinary is where God is
forming us into people who love.**

-Tish Harrison Warren
Liturgy of the Ordinary



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What helps me stay most connected to Jesus?

Where in my life am I trying to grow without support?

What one post of a Way of Life could I begin this week that makes room for Him?



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