

Lament is the honest cry of someone who is hurting and choosing to talk to God about it.

"Lament is not the opposite of faith; it is what faith looks like when it goes through the fire."

-Dr. Soong-Chan Rah

Talking about trusting God is not the same as trusting God.

This prayer was sung by the prophet Habakkuk:

²I have heard all about you, LORD. I am filled with awe by your amazing works. In this time of our deep need, help us again as you did in years gone by. And in your anger, remember your mercy.

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Habakkuk 3:1-2

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And in your anger,
remember your mercy.

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³I see God moving across the deserts from Edom, the Holy One coming from Mount Paran.

His brilliant splendor fills the heavens, and the earth is filled with his praise.

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Habakkuk 3:3-4

⁴His coming is as brilliant as the sunrise.

Rays of light flash from his hands, where his awesome power is hidden.

¹⁶ I hear, and my body trembles; my lips quiver at the sound; rottenness enters into my bones; my legs tremble beneath me. Yet I will quietly wait for the day of trouble to come upon people who invade us.

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¹⁷Even though the fig trees have no blossoms, and there are no grapes on the vines; even though the olive crop fails, and the fields lie empty and barren; even though the flocks die in the fields, and the cattle barns are empty,

yet I will rejoice in the LORD!
I will be joyful in the God of my salvation!

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Habakkuk 3:17–18

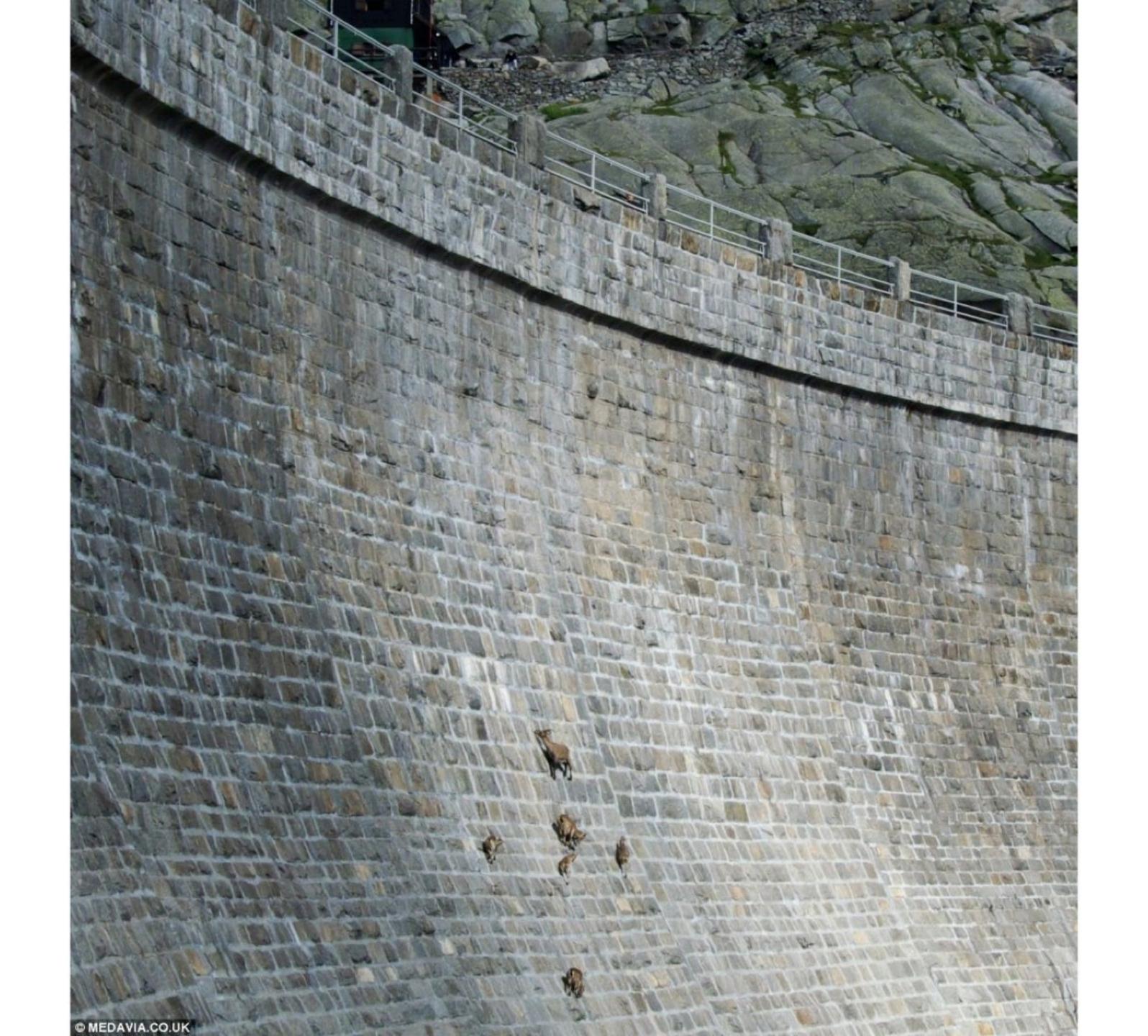
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¹⁹The Sovereign LORD is my strength!

He makes me as surefooted as a deer,

able to tread upon the heights.







Habakkuk's Journey

He starts with lament. "How long, O Lord?"



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He waits. God's answer is unsettling - climbs the watchtower

He worships. He remembers. "Yet... I will rejoice."

Habakkuk's Journey Lament Wait Rejoice HABAKKUK

Habakkuk's 4 Responses

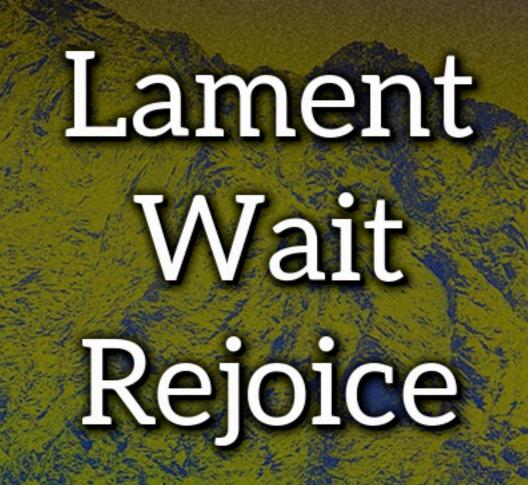
1. Stay on the watchtower - Wait

Stay on the watchtower - Wait
 Write it down - Remember

- 1. Stay on the watchtower Wait
- 2. Write it down Remember
- 3. Live by faith Thust

- 1. Stay on the watchtower Wait
- 2. Write it down Remember
- 3. Live by faith Trust
- 4. Anchor your hope in God





¹³I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Romans 15:13

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