



DISCIPLESHIP PATHWAY



Our Mission

Belong. Believe. Bear Fruit.
At QFMC, we exist to help people belong in Christ's family, believe in the good news of Jesus, and bear fruit through lives transformed by the Spirit.

Our Vision

A deeply formed, fully equipped people multiplying disciples and making a lasting impact in our community.

What Is a Disciple?

A disciple surrenders to Jesus, obeys His commands, reflects His goodness, and helps others do the same.



DISCOVERY BIBLE STUDY

STUDY GUIDE

Talk

What are you thankful for?
What is causing you stress?
Who needs our help? How can we help them?

Look back (session 2+)

Retell story from the previous meeting.
What did you do differently because of this story?
Who did you tell and what was the reaction?

Read & Retell

One person reads the new Bible passage out loud,
and the rest follow along.
Someone else retells the story and others fill in what is missing.

Read & Look

Read the passage again.
Discuss what this passage says about **God, Jesus or his plan**.

Read & Look Again

Read the passage once more.
Discuss what this passage says about humans.

Inside me

According to this study, what am I doing well?
What do I need to change?

Who else?

Who needs to hear this story, and how can I tell them?
Who can I invite to study the Bible?



BANDS MEETING GUIDE

banding prayer

Wake up sleeper and rise from the dead!
(And Christ will shine on you!)

Father, we pray you would strengthen us with
power through your Spirit in our inner being, so
Christ may dwell in our hearts through faith.

And we pray that we, being rooted and
established in love, may have power-together
with all the saints— to grasp how wide and long
and high and deep is the love of Christ, and to
know this love that surpasses knowledge—that
we may be filled to the measure of all the
fullness of God. In Jesus' name, amen.

questions

1. how is it with your soul?
2. what are your struggles and successes?
3. how might the Word and Spirit be speaking
in your life?
4. do you have any sin to confess?
5. is there anything you desire to keep secret?

closing prayer

Now to him who is able to do immeasurably
more than all we ask or imagine, according to
his power that is at work within us, to him be
glory in the church and in Christ Jesus
throughout all generations, for ever and ever!
Amen.



2. Engage God's Word Together (30–35 min)

Center on Discovery Bible Study (DBS) to let Scripture and the Spirit lead.

DBS Steps

1. Read the Passage aloud (twice).
2. Retell It in your own words.
3. Discuss Together
 - What does this teach about God?
 - What does this teach about people / me?
 - What is God calling us to obey or change?
4. Summarize: What truth will we live out this week?

"We are not just learning information, we are being transformed by it." – Greg Ogden

3. Commit & Pray Together (20–25 min)

Shift from discovery to obedience and accountability.

Guiding questions

- How did you obey what God showed you last week?
- What step will you take this week?
- Who might you share this story or truth with?
- How can we support you in it?

Pray for one another by name. Ask God for courage, faith, and fruit.

Multiplying Disciples

Every triad / quad is meant to reproduce.

After 9–12 months, each participant prays about starting a new group.

Key principles

- Rotate leadership early—everyone facilitates at times.
- Keep the format simple and Scripture-centered.
- Multiply relationally, not organizationally.

"Anything worthy of the name discipling must create the dynamic of multiplication." – Greg Ogden

Discovery Bible Study Guidelines

How We Engage Together

1. Keep it short and simple.
 - Share your thoughts in sentences, not long paragraphs. Everyone gets a chance to speak.
2. Stay in this passage.
 - Focus only on what this scripture says. Don't jump to other verses or topics.
3. Listen and observe together.
 - Pay attention to what others notice. We learn best when we see together what God's Word is showing us.
4. Don't rush.
 - Take time to think and respond. Silence is okay—sometimes that's when God speaks most clearly.
5. We learn from God's Word, not each other's teaching.
 - Nobody here is the "teacher." We're discovering what God says together.

How We Keep the Conversation on Track

1. Stay focused.
 - We'll try to finish each section, even if we don't answer every question.
2. Come prepared.
 - Read the passage before we meet. Think about what stands out and how it connects to your life.
3. Ask good questions.
 - When something's unclear, ask: "What in this passage helps us answer that?"
4. Keep it grounded.
 - If someone shares something that seems off-topic, gently ask: "Where do you see that in the passage?"
5. Be gracious.
 - If something sounds unusual or confusing, respond with curiosity: "Help us understand what you're thinking."



DISCOVERY BIBLE STUDY

SUGGESTED BIBLE PASSAGES

God Creates
Genesis 1:1-25

God Creates Man and Woman
Genesis 2:4-24

Man and Woman Eat the Fruit
Genesis 3:1-13

God's Curses
Genesis 3:14-24

God Regrets His Creation
Genesis 6:5-8

God Saves Noah and His Family
Genesis 6:9 - 8:14

God's Covenant with Noah
Genesis 8:15 - 9:17

God's Covenant with Abram
Genesis 12:1-8, 15:1-6, 17:1-7

Abraham Gives His Son as an Offering
Genesis 22:1-19

God Spares His People
Exodus 12:1-28

The Commands of God
Exodus 20:1-21

The Sin Offering
Leviticus 4:1-35

God's Righteous Servant
Isaiah 53

Jesus is Born
Luke 1:26-38, 2:1-20

Jesus is Baptized
Matthew 3; John 1:29-34

Jesus is Tested
Matthew 4:1-11

Jesus and the Religious Leader
John 3:1-21

Jesus and the Samaritan Woman
John 4:1-26, 39-42

Jesus and the Paralyzed Man
Luke 5:17-26

Jesus Calms the Storm
Mark 4:35-41

Jesus and the Man with Evil Spirits
Mark 5:1-20

Jesus Raises a Man from the Dead
John 11:1-44

Jesus Talks about His Betrayal and the Covenant
Matthew 26:17-30

Jesus is Betrayed and Faces Trial
John 18:1-19:16

Jesus is Crucified
Luke 23:32-56

Jesus is Resurrected
Luke 24:1-35

Jesus Appears to the Disciples and Ascends to Heaven
Luke 24:36-53

Enter into the Kingdom of God
John 3:1-21

Discipleship Triad / Quad Meeting Guide

Growing as disciples who Belong, Believe, and Bear Fruit.

Purpose

A Discipleship Triad / Quad is a group of **3-4 people** (same gender) who meet weekly to grow together as followers of Jesus.

We help one another **surrender to Jesus, obey His commands, reflect His goodness, and help others** do the same.

Meetings are simple, honest, and reproducible.

Each one includes:

1. **Life-Sharing (Transparent Trust)**
2. **Scripture Engagement (Truth in Community)**
3. **Obedience & Prayer (Life-Change Accountability)**

Suggested Weekly Flow (75-90 minutes)

1. Share Life Together (20-25 min)

Focus on transparent trust. Move beyond surface talk—be honest about how you're really doing.

Guiding questions

- How have you sensed God's presence this week?
- What brought you joy? What challenged or tempted you?
- Where have you resisted or obeyed Jesus?
- Is there anything to confess or celebrate?
- How can we pray for you right now?

Pray briefly for one another before moving into Scripture.