

THE WAY OF A DISCIPLE

BELONG. BELIEVE. BEAR FRUIT.



We can't be spiritually mature and remain emotionally and relationally immature.



THE WAY OF A DISCIPLE

BELONG.
BELIEVE.
BEAR FRUIT.

Signs of Emotional or Relational Immaturity

Using God to avoid encountering God



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Signs of Emotional or Relational Immaturity

Using God to avoid encountering God

Denying emotions



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Signs of Emotional or Relational Immaturity

Using God to avoid encountering God

Denying emotions

Ignoring conflict or exploding in it



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Signs of Emotional or Relational Immaturity

Using God to avoid encountering God

Denying emotions

Ignoring conflict or exploding in it

Blaming others...not taking responsibility



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Signs of Emotional or Relational Immaturity

Using God to avoid encountering God

Denying emotions

Ignoring conflict or exploding in it

Blaming others...not taking responsibility

Reacting rather than reflecting



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Signs of Emotional or Relational Immaturity

Using God to avoid encountering God

Denying emotions

Ignoring conflict or exploding in it

Blaming others...not taking responsibility

Reacting rather than reflecting

Loving in a shallow or selective way



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QFMC Mission

Belong † Believe † Bear Fruit



QFMC vision

A deeply formed, fully equipped people,
multiplying disciples and making a lasting
impact in our community.

A DISCIPLE IS SOMEONE WHO:

**surrenders to Jesus
obeys His commands
reflects His goodness
and makes other disciples**

Transformed or Shallowly Formed?



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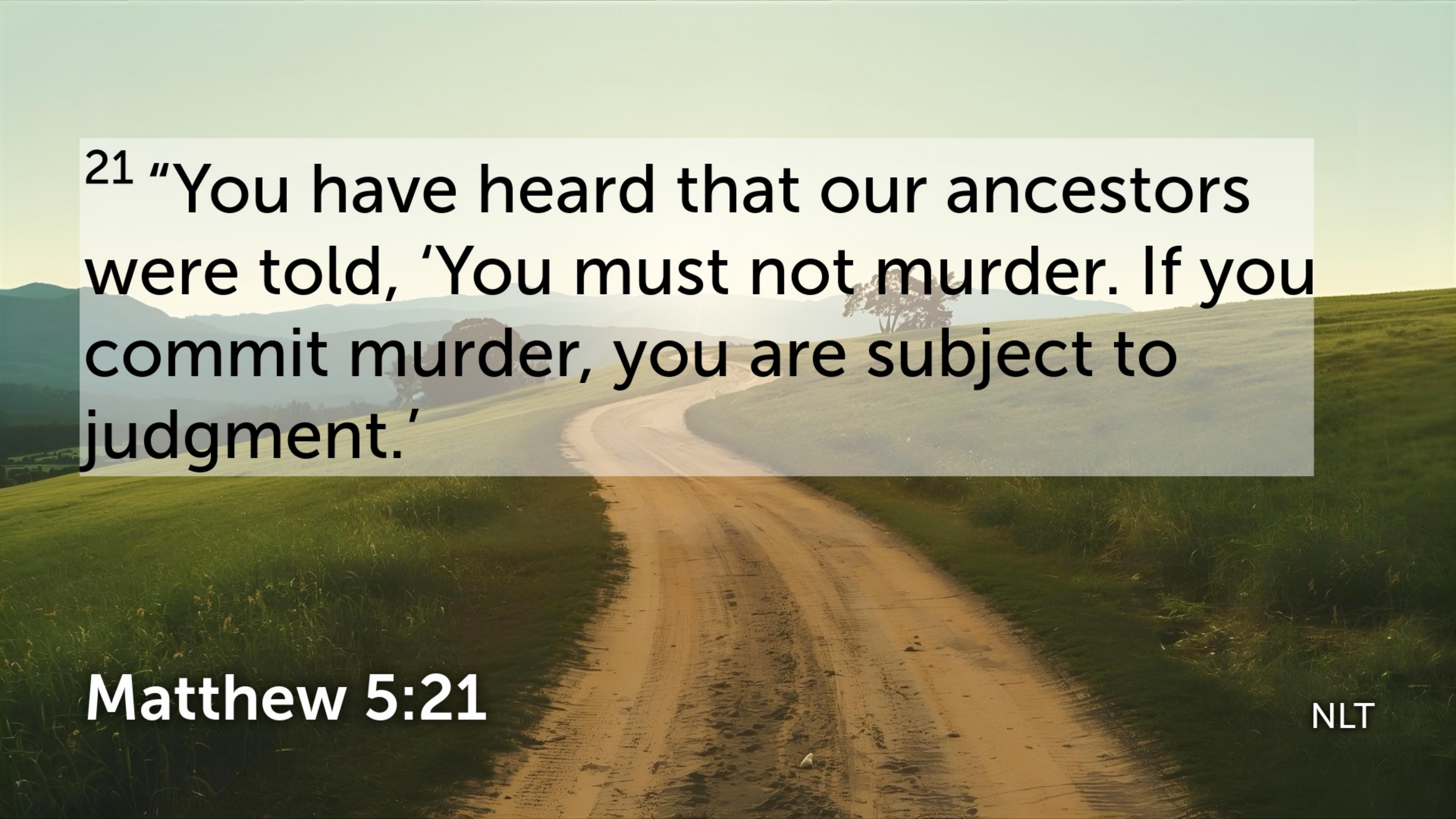
Transformation

Christ Being Formed In Us



THE WAY OF A DISCIPLE

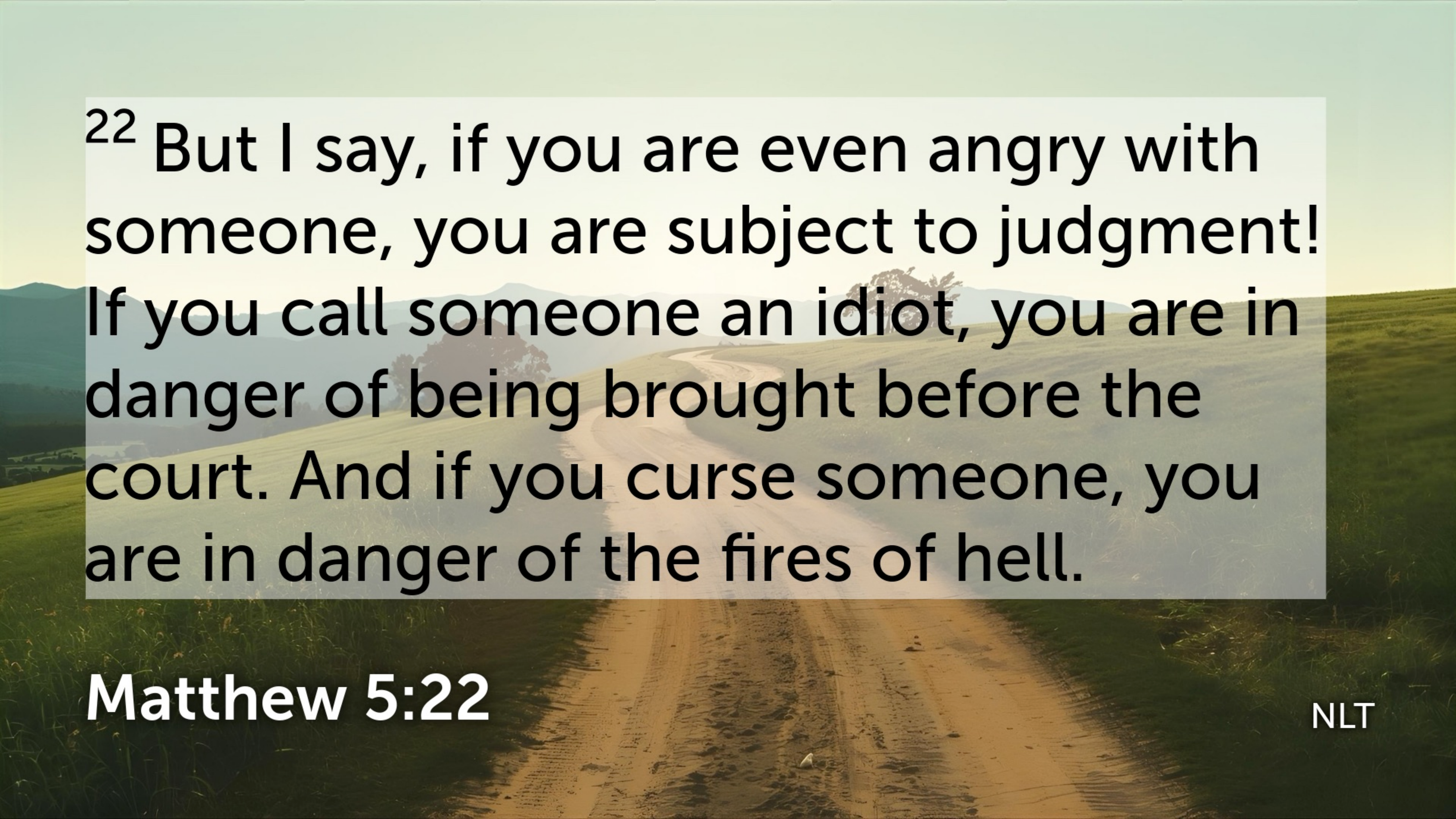
BELONG.
BELIEVE.
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A dirt road with visible tire tracks winds through a lush green field. In the background, there are rolling hills and a few scattered trees under a clear sky. The scene is captured in a soft, natural light, possibly during the golden hour.

²¹ “You have heard that our ancestors were told, ‘You must not murder. If you commit murder, you are subject to judgment.’

Matthew 5:21

NLT

A scenic landscape featuring a dirt road that curves through rolling green hills. The sky is a pale, hazy blue, and the overall atmosphere is peaceful and contemplative. The text is overlaid on a semi-transparent white box in the upper half of the image.

²² But I say, if you are even angry with someone, you are subject to judgment! If you call someone an idiot, you are in danger of being brought before the court. And if you curse someone, you are in danger of the fires of hell.

Matthew 5:22

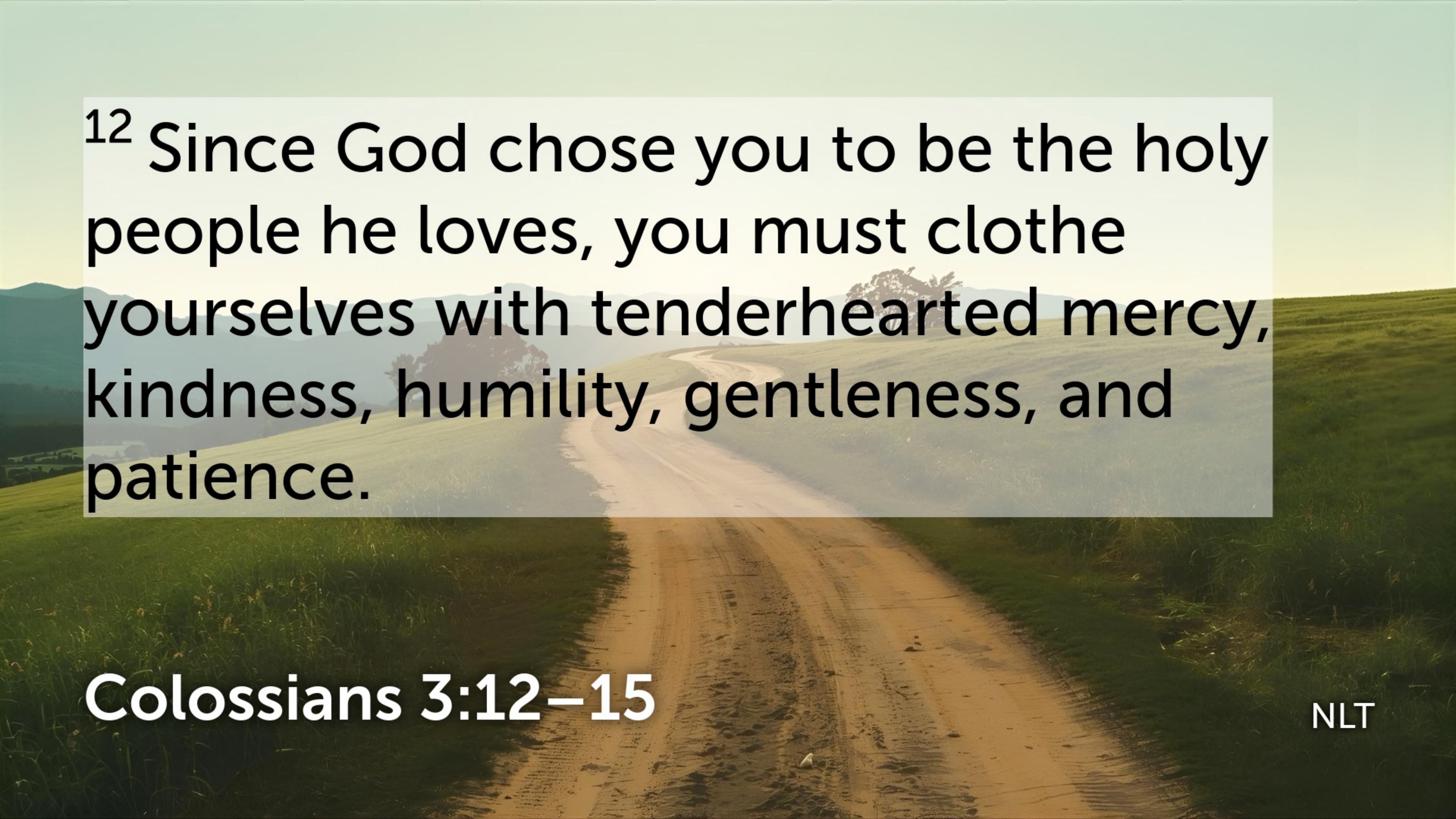
NLT

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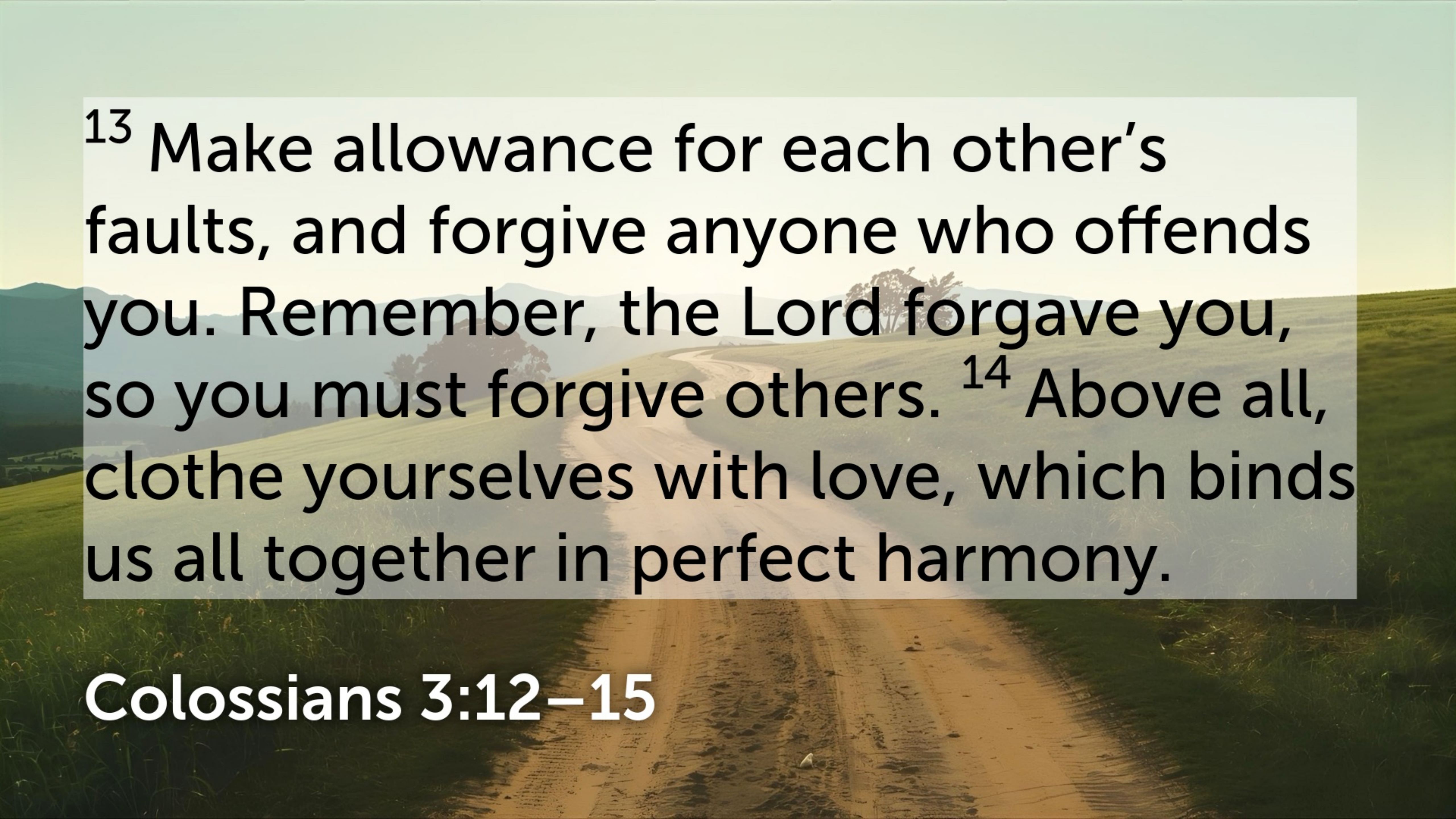
BELONG.
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A dirt road with tire tracks winds through a lush green field. In the distance, there are rolling hills and a few trees under a soft, hazy sky. The overall mood is peaceful and contemplative.

¹² Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience.

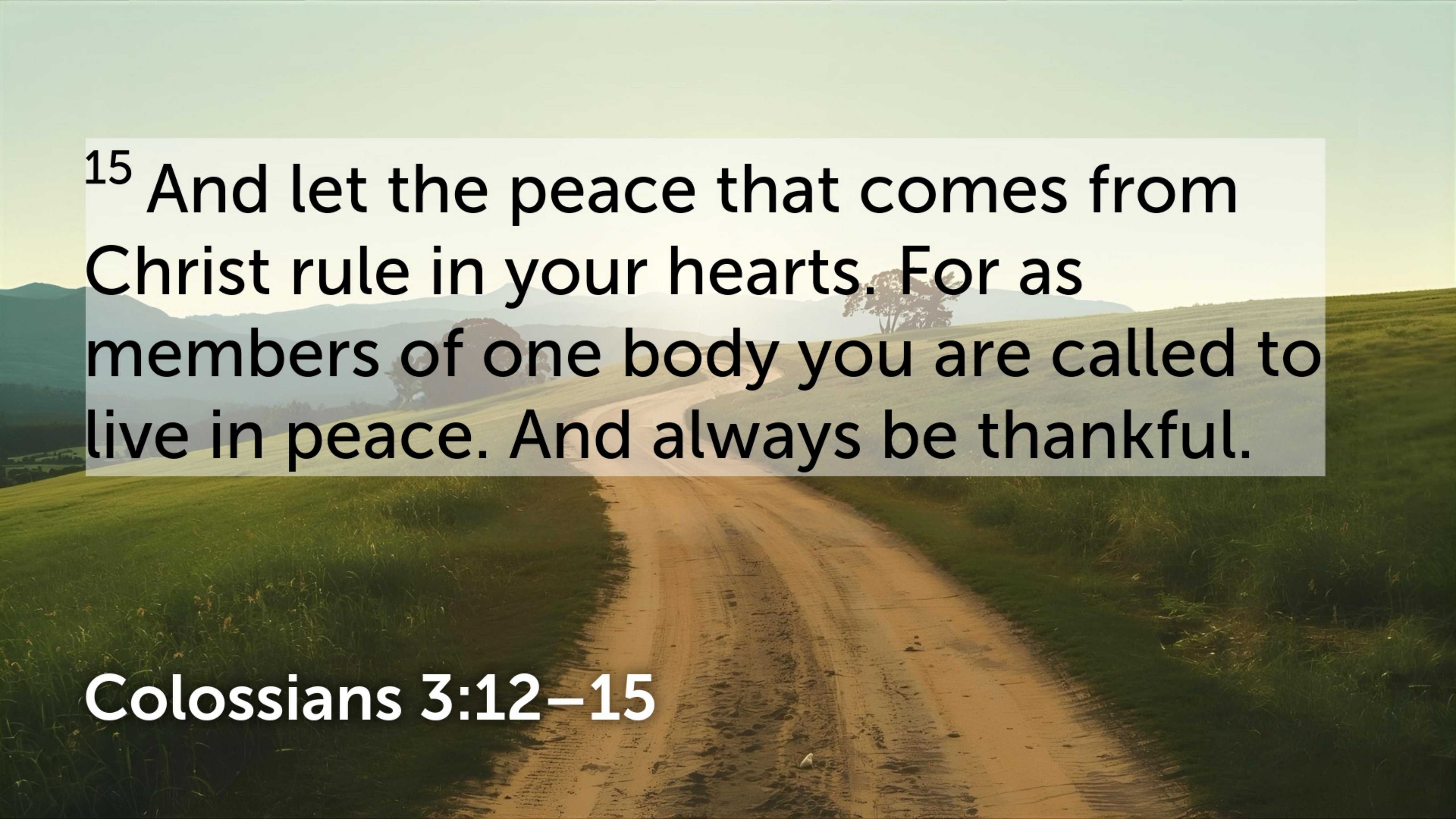
Colossians 3:12–15

NLT

A scenic background image showing a dirt road that curves through rolling green hills. The sky is a pale, hazy blue, and the overall atmosphere is peaceful and serene. The text is overlaid on a semi-transparent white box in the upper half of the image.

¹³ Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. ¹⁴ Above all, clothe yourselves with love, which binds us all together in perfect harmony.

Colossians 3:12–15

A dirt road with visible tire tracks winds through a lush green field. In the background, there are rolling hills and a few scattered trees under a clear sky. The scene is bathed in soft, warm light, suggesting late afternoon or early morning.

¹⁵ And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.

Colossians 3:12–15

Measures & Markers of Emotional & Relational Maturity

Love
Forgiveness
Compassion
Patience



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"We no longer measure our love for God by the degree to which we love others."
-Peter Scazzero



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What if we viewed the way we love others
as the measure of our love for God?



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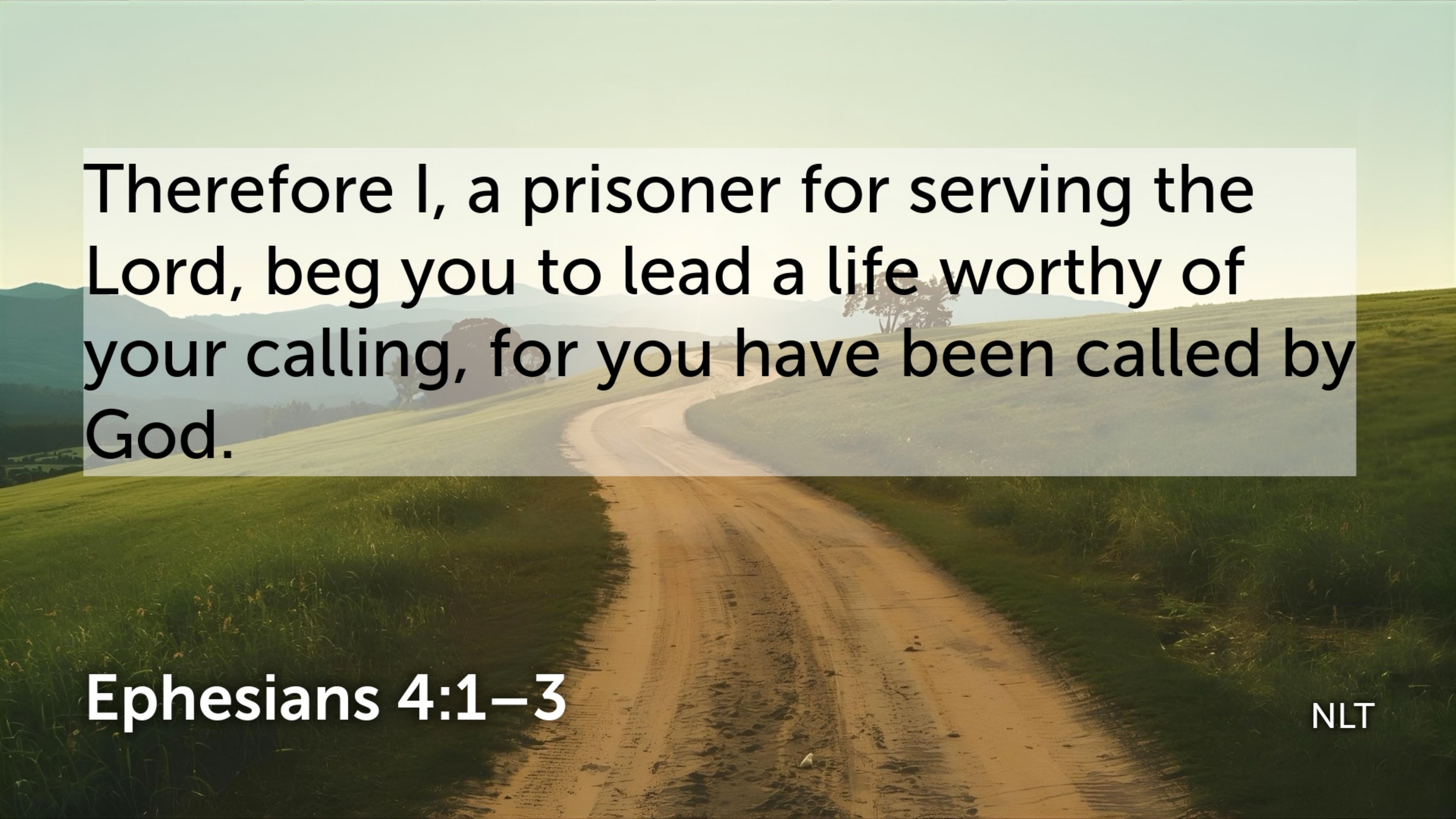
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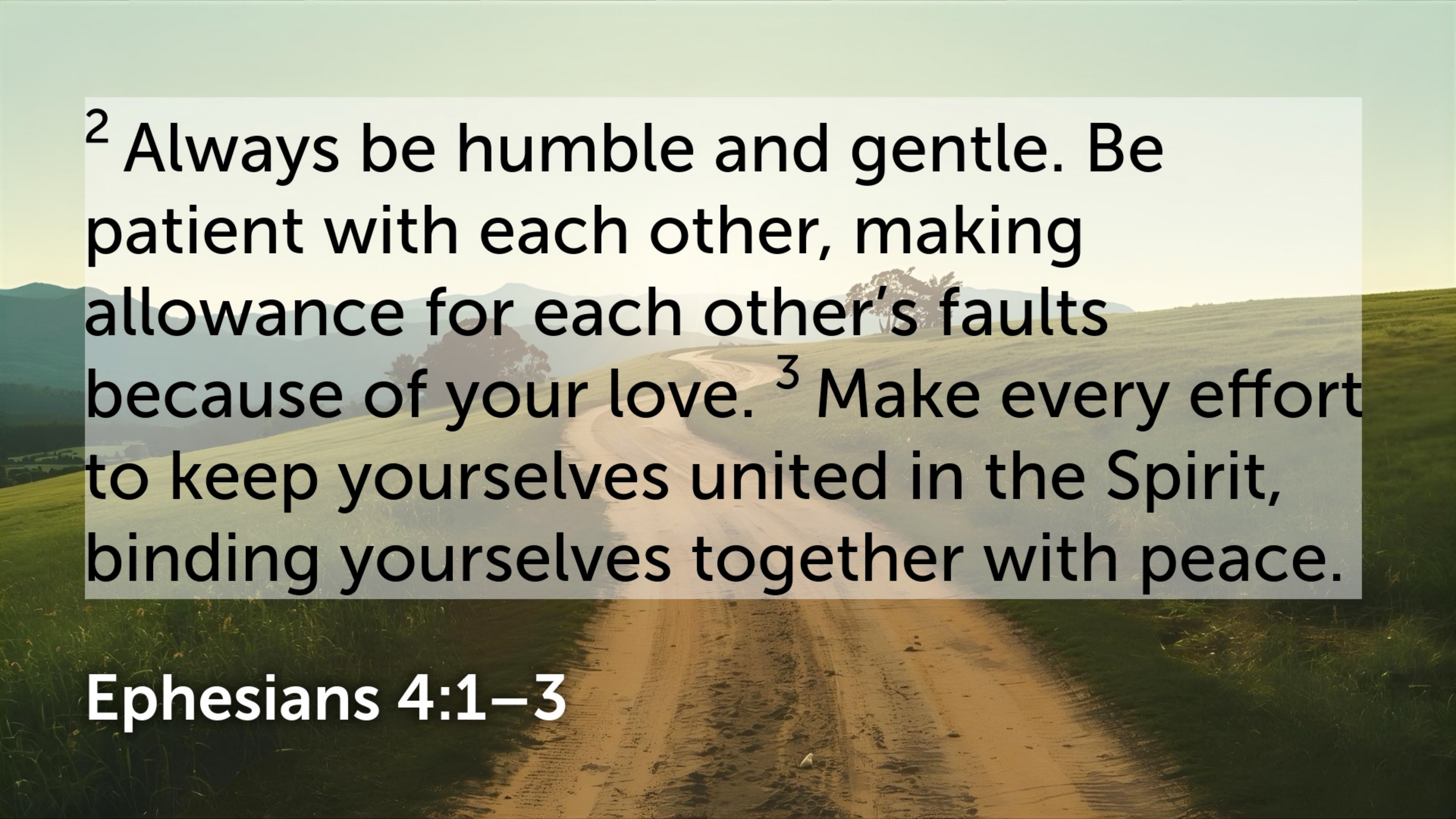
BELONG.
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A dirt road with visible tire tracks winds through rolling green hills. The hills are covered in grass and some small trees are scattered across the landscape. The sky is a pale, hazy blue, suggesting a soft light from the sun. The overall mood is peaceful and contemplative.

Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God.

Ephesians 4:1–3

NLT

A scenic landscape featuring a dirt road that curves through rolling green hills. The sky is a soft, hazy blue, and the overall atmosphere is peaceful and serene. The text is overlaid on a semi-transparent white box in the upper half of the image.

² Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. ³ Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

Ephesians 4:1–3

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A scenic landscape with rolling green hills, a winding dirt road, and a bright sun in the sky. The sun is low on the horizon, creating a warm, golden glow. The dirt road curves through the hills, leading the eye into the distance. The hills are covered in lush green grass, and there are some trees scattered across the landscape. The sky is a clear, pale blue with a few wispy clouds.

QFMC vision

A deeply formed, fully equipped people,
multiplying disciples and making a lasting
impact in our community.

Where am I emotionally or relationally
immature/unhealthy/stuck?

Where do You want to form me more
deeply?

Where do I need to grow in love,
forgiveness, compassion, or patience?



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