

## Day 6 - Schedule

“Teach us to number our days, that we may gain a heart of wisdom.” — Psalm 90:12 (NIV)

If someone asked you how you’re doing, would your answer be: Busy?

We wear busyness like a badge — crammed calendars, back-to-back appointments, always running, never resting. But a full schedule doesn’t equal a full life.


Jesus lived on mission, yet never rushed. He was purposeful, yet always interruptible. He made room to pray, to rest, to be with people — and He invites us to follow His example. Your schedule reflects your priorities. And when your schedule is packed with everything but God, family, rest, or purpose — it’s time for a reset.

God didn’t create you to be overwhelmed. He created you for peace, purpose, and presence.

How you can start making margin in your schedule:

- **START WITH WHAT MATTERS MOST** — If something’s truly important (like time with God), it should show up on your calendar.
- **SAY NO TO GOOD THINGS TO SAY YES TO GOD THINGS** — You can’t do everything — and you’re not called to.
- **BUILD IN BREATHING ROOM** — Margin gives space for rest, reflection, and unexpected divine appointments.
- **SCHEDULE REST AND FUN** — Sabbath isn’t a suggestion — it’s a rhythm. Rest restores your soul and refuels your purpose.
- **BE PRESENT, NOT JUST PRODUCTIVE** — Don’t let constant movement rob you of meaningful moments.

Busyness isn’t a badge of honor — it’s often a **BARRIER** to what matters most.





Time is a gift. Make room in your schedule to live wisely, love deeply, and walk closely with God.

EVERY MOMENT IS A GIFT FROM GOD — LET'S STEWARD THIS GIFT WELL.

