

*I*n the busyness of life, it's easy to lose sight of what truly matters. This guide offers practical ways to create margin in every area of life, marriage, faith, health, finances, and more. Whether you're seeking connection, growth, rest, or renewal, we hope these resources equip you to live with purpose and balance.

## Day 1 - For What Matters Most

"But seek first his kingdom and his righteousness, and all these things will be given to you as well." — Matthew 6:33 (NIV)

Let's be honest. Your life is full. Your schedule is packed, and notifications can be never-ending. There's always another meeting, another event to get to, and another box to check.

But in a life that feels rushed — **HAVE WE MADE ROOM FOR WHAT MATTERS MOST?**

In Luke 10, Jesus visited two sisters, Mary and Martha. Martha was hard at work checking off her to-do list. Mary was sitting at the feet of Jesus, soaking in every word. Martha was upset, but Jesus reminded her: "You are worried and upset about many things, but only one thing is necessary."

### **THAT ONE THING IS RESTING IN HIS PRESENCE.**

When we fill our schedules to the brim with everything but God, we can find ourselves spiritually starving. No matter what the world tells us, we were never created to live hurried, distracted, or distant — we were made for connection with our Creator.

Making room for God isn't about adding another task to your list or another box to check off. It's about reordering your life around His presence — inviting Him into your daily moments, not just your Sunday mornings.

If God is not first, everything else is out of order. But when we put God first, everything else finds its place.



## HOW CAN YOU MAKE ROOM FOR WHAT MATTERS MOST?

- **START YOUR DAY WITH GOD** — Start where you are, even if it's five minutes to reset your heart and your desires.
- **SCHEDULE WHAT MATTERS** — If spending time with God is important, put it on your calendar like you would a meeting.
- **TURN DISTRACTIONS INTO PROMPTS** — Every time you reach for your phone out of habit, use it as a reminder to talk to God first.
- **AUDIT YOUR TIME** — Look at how you spend your week. Is God getting your best or your leftovers?

This isn't about guilt — it's about grace. God isn't looking for perfection. He's looking for **PRESENCE**. He just wants **YOU**.

