

BUILD  
MY LIFE

# BIBLE PLAN

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MY LIFE

 **Countryside**  
Christian Church



## Day 15 - Build Healthy Relationships

**“Walk with the wise and become wise, for a companion of fools suffers harm.”  
Proverbs 13:20 NIV**

You were never meant to do this life alone. God has designed you to grow through relationships: relationships that sharpen you, mentors who guide you, and a true Godly community that strengthens you when you need it the most. The people closest to you shape the person you're becoming. Proverbs tells us plainly: your relationships either build you up or break you down.

Healthy relationships don't happen accidentally. They are built intentionally. They require honesty, humility, forgiveness, and encouragement. They require choosing people who push you toward Jesus, not pull you away from Him. When you walk with the wise, you become wiser. When you surround yourself with people who love God, you pursue growth and live with integrity. Their strength influences your strength.

At the same time, unhealthy relationships can drain your energy, distort your identity, and distract you from your purpose. Sometimes the most spiritual thing you can do is redefine who gets access to your heart.

Your immediate circle in life is part of your structure. If you want a life that stands strong, build your life with people who help you stand strong.

### Today

- Evaluate your inner circle
- Identify one relationship to strengthen
- Identify one relationship to redefine
- Pursue godly community— join a small group— serve on a team— or invest in a relationship that strengthens your faith.