

BUILD
MY LIFE

BIBLE PLAN

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 **Countryside**
Christian Church

Day 7 - Renew Your Mind

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” Romans 12:2 NIV

Your life is always moving in the direction of your strongest thoughts. You can want to change, you can pray for change, and even work towards change, but if your thinking stays the same, your life will stay the same. Transformation starts in the mind long before it shows up in your life.

Paul tells us not to conform to the patterns of this world. Why? Because the world trained you to think small, selfishly, fearfully, and offensively. But God invites you to think with a renewed perspective through His truth, through His promises, and through His Spirit. You can’t build God’s kind of life with the world’s kind of thinking.

Renewing your mind is not a one-time event. It is something you have to do every single day. Every day, you choose which thoughts you allow to shape your heart and actions. When God’s word fills your mind, His peace will fill your heart, but when the lies of the world fill your mind, anxiety will fill your life.

A renewed mind rebuilds your identity, your habits, your confidence, and your future. Let God reshape the way you think, and He will reshape the way you live.

Today

- Identify your dominant negative thought—replace that lie with the truth.
- Practice a thought reset—when your mind drifts towards fear, comparison, or insecurity, stop and ask: “Is this thought from God or from my old patterns?”
- Fill your mind proactively—listen to worship, scripture, or godly teaching before anything that drains you.