

BIBLE PLAN

MID-YEAR RESET

DAY SIX: STRENGTHEN YOUR PRAYER LIFE

"Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, 'Lord, teach us to pray, as John taught his disciples.'" Luke 11:1 ESV

Before Jesus taught His disciples how to pray, they first watched Him pray. Throughout the Gospel of Luke, Jesus repeatedly withdrew to spend time alone with the Father. The disciples had seen His miracles, His wisdom, His authority over demons, His compassion, and His peace under pressure. They recognized that His public ministry flowed from His private relationship with the Father. Instead of asking, "Teach us to preach," or "Teach us to perform miracles," they asked, "Teach us to pray."

This passage reveals something beautiful about God's character. God is not distant or uninterested in relationships. **He welcomes His children into intimate fellowship with Him.** Jesus didn't simply model prayer as a religious duty; He modeled it as a loving conversation between a Son and His Father.

The main truth is this:

A vibrant relationship with God is cultivated through abiding, not merely accomplishing. Prayer is not primarily about getting things from God. It is about knowing God, becoming more like Him, aligning our hearts with His will, and depending on Him daily. Jesus knew that if His disciples learned to abide with the Father, everything else in ministry and life would flow from that relationship.

God is inviting me to value His presence more than my productivity.

Before leading others, making decisions, solving problems, or chasing goals, I am first invited to sit with my Father. My greatest strength is not my ability but my dependence on Him.

Today I can ask myself:

- Am I spending more time working for God than being with God?
- Do I treat prayer as a last resort or my first response?
- Am I trying to carry responsibilities that God never asked me to carry alone?

Perhaps God is inviting me to:

- Start prioritizing uninterrupted time with Him.
- Stop relying solely on my own wisdom and strength.
- Surrender the pressure to control outcomes.
- Trust that abiding in Christ will produce lasting fruit.
- Today I can live differently by slowing down, listening before speaking, and remembering that I am first a beloved son or daughter before I am a leader, worker, spouse, parent, or friend.

REFLECT:

- Is my prayer life driven by relationship or by requests?
- What competes for my time with God each day?
- Where am I relying on my own strength instead of God's?
- What would change today if I truly believed the Father delights in spending time with me?
- How can I intentionally create space today simply to be with Jesus?

PRAY:

- Thank God for inviting you into a personal relationship with Him.