



# BIBLE PLAN

MID-YEAR RESET



**Countryside**  
Christian Church



## DAY ONE: REMEMBER YOUR FIRST LOVE

*"Yet I hold this against you: You have forsaken the love you had at first. Consider how far you have fallen! Repent and do the things you did at first. If you do not repent, I will come to you and remove your lampstand from its place."* **Revelation 2:4-5 NIV**

### **It's possible to be close to the church but far from Jesus.**

That was the church in Ephesus. They were doing many things right. They worked hard. They stood for truth. They persevered through difficulty. From the outside, they looked like the kind of church everyone would want to be.

### **Yet Jesus saw what no one else could. He said they had left their first love.**

Notice that Jesus didn't say they lost their love—He said they left it. It wasn't stolen from them. It slowly drifted away through distraction, busyness, routine, and competing priorities.

### **The same thing can happen to us.**

We can become busy serving Jesus while neglecting time with Jesus. We can know Scripture, attend church, volunteer, and still find that our passion for Christ has cooled. That's why the first day of prayer and fasting begins here.

Before we ask God to change our circumstances, let's ask Him to change our hearts. Fasting isn't about earning God's love—it's about removing distractions so we can experience His love more deeply. Every hunger pang becomes a reminder that our greatest need isn't food, entertainment, comfort, or success. Our greatest need is Jesus.

### **Jesus gives the church in Ephesus three simple instructions:**

- Remember where you've fallen from.
- Repent of what has pulled your heart away.
- Return to the things you did when your love for Him was fresh.

Think back to when you first surrendered your life to Christ. Remember the excitement of opening God's Word, talking with Him throughout the day, and wanting to tell others about Him. That passion isn't just a memory—it's an invitation. Jesus is calling you back. As we begin these 10 days, don't make your goal simply to complete a fast. Make your goal to fall in love with Jesus all over again.

### **REFLECT:**

- Has anything taken first place in my heart above Jesus?
- When did I feel closest to God, and what was different then?
- What practical step can I take today to return to my first love?

### **PRAY:**

- Ask God for a renewed love and passion for Him.
- Pray for God to reveal any distractions that need to be removed from your life.
- Ask God to lead you over these next 10 days as we pray and fast as a church.

