

BUILD
MY LIFE

BIBLE PLAN

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 **Countryside**
Christian Church

Day 10 - Develop Godly Habits

“Now, when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day, he got down on his knees and prayed, giving thanks to his God, just as he had done before.” Daniel 6:10 NIV

Our life is built one habit at a time. What you do repeatedly: your routines and your disciplines— become the structure that supports your spiritual strength. In Daniel 6, we see a man whose habits were so consistent, so godly, that even a king’s decree couldn’t break him. Daniel didn’t rise to greatness in the lion’s den. He rose to greatness because of what he did long before the den.

Godly habits prepare you for battles you don’t even know are coming. They strengthen your soul when the pressures of life arise. They keep you grounded when life gets chaotic (and it will). Habits are quiet, but their results are loud.

The enemy doesn’t attack habits because they’re boring. He attacks them because they’re powerful. He knows that if he can disrupt your spiritual rhythms, he can weaken your spiritual life, but if he can’t stop you from praying and seeking the face of God, then he can’t stop what God is building in you.

You may not see the impact of godly habits today, but you will absolutely see their strength tomorrow. If you build them now, they will help build you later.

Today

- What is one godly habit you admire in others
- Start with a clear, simple step
- Attach your new habit to something you already do
- Imagine if that one habit was something you did consistently, how would it shape who you are becoming in Christ?