



Discussion Questions 1/1/23

Jesus - Bread of Life

Family Check-up:

What is God teaching you in your quiet time?

Who have you had the privilege of reaching out to this week?

Intro: Can we trust Jesus? How often do we forget that he is remarkably good to us? Jesus declares that he is the bread of life. He declares that he is the only one who is able to fully satisfy us and provide for what we need.

Read: Read John 6:35-40

1. The crowds come to Jesus because they see him providing their physical needs. How much time do you spend focused on your physical needs when maybe you should be talking to Jesus about something beyond the surface level issues in your life?
2. When Jesus talks about the bread of life he talks about eternal life. Eternal life does not start when we die, it starts the moment we begin our walk with Jesus. What does Jesus mean by eternal life?
3. A lot of people decide to do the Bible in a year and then give up because they fell behind. Has this happened to you? Have you read the Bible in a year? Reflect on that. What might happen if we decided that we haven't fallen behind, but maybe we just need to read through the Word a little slower to soak in the details of what Jesus has spoken?
4. Read Exodus 16. God provides both manna and quail in the dessert for the nourishment and enjoyment of his people. They were only to gather enough for a single day and it was Jesus who prayed to give us our *daily* bread. How would your life look different if you so trusted the provision of the bread of life that you stopped worrying about tomorrow and prayed just for today?
5. In John 6 many people stopped following Jesus when he told them they had to eat his flesh and drink his blood. Try having some empathy for them, if someone told you that today you might call the police. But Jesus is still calling us today in ways that we simply don't want to hear. Take some time, maybe some silence in prayer as a group, and then discuss what God is calling you to in 2023.

Pray: Praise Jesus for being all of the nourishment and satisfaction that we could ever need. Take time to ask Jesus to reveal the things that he's calling you to. Ask him to soften your heart to the hard things that he is calling you to that you may see the goodness in them and pursue the even the things you don't want to hear from Jesus.