Anticipate what the Holy Spirit might do in your life today. Do your best to remove all distractions.

Ask the Holy Spirit to rest on you and bring to your mind what He wants to speak to you. Allow the Holy Spirit to remind you of what Christ has done for you and give Him thanks.

Stop. Look. Listen. Return.

I believe God wants our prayer chapel to become holy ground.

With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints. Ephesians 6:18

"Praying in the Spirit has three aspects: admitting our inability, enjoying the creation of a living communion with God, and pleading the promises of God with boldness and assurance." Martin Lloyd Jones

In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words; Romans 8:26

And He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to the will of God. Romans 8:27

And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose. Romans 8:28

As we pray in the Spirit, we are building our faith to trust God to do what only He can do. But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit. Jude 20

Praying in the Spirit can help us to deal with difficult people.

Now about that time Herod the king laid hands on some who belonged to the church to mistreat them. And he had James the brother of John put to death with a sword. Acts 12:1-2

When he saw that it pleased the Jews, he proceeded to arrest Peter also. Now it was during the days of Unleavened Bread.

Acts 12:3

When he had seized him, he put him in prison, delivering him to four squads of soldiers to guard him, intending after the Passover to bring him out before the people. Acts 12:4

Praying in the Spirit can give us a boldness to pray for other's needs.

So, Peter was kept in the prison, but prayer for him was being made fervently by the church to God. Acts 12:5

Praying in the Spirit can allow others to rest in difficult circumstances.

On the very night when Herod was about to bring him forward, Peter was sleeping between two soldiers, bound with two chains, and guards in front of the door were watching over the prison. Acts 12:6

And behold, an angel of the Lord suddenly appeared, and a light shone in the cell; and he struck Peter's side and woke him up, saying, "Get up quickly." And his chains fell off his hands. Acts 12:7

Praying in the Spirit can give us an assurance that God is at work.

And the angel said to him, "Gird yourself and put on your sandals." And he did so. And he said to him, "Wrap your cloak around you and follow me." Acts 12:8

And he went out and continued to follow, and he did not know that what was being done by the angel was real, but thought he was seeing a vision. Acts 12:9

When they had passed the first and second guard, they came to the iron gate that leads into the city, which opened for them by itself; and they went out and went along one street, and immediately the angel departed from him. Acts 12:10

When Peter came to himself, he said, "Now I know for sure that the Lord has sent forth His angel and rescued me from the hand of Herod and from all that the Jewish people were expecting." Acts 12:11

Praying in the Spirit reminds us that God opens doors that sometimes we cannot see opening.

And when he realized this, he went to the house of Mary, the mother of John who was also called Mark, where many were gathered and were praying. Acts 12:12

When he knocked at the door of the gate, a servant-girl named Rhoda came to answer. Acts 12:13

When she recognized Peter's voice, because of her joy she did not open the gate, but ran in and announced that Peter was standing in front of the gate. Acts 12:14

They said to her, "You are out of your mind!" But she kept insisting that it was so. They kept saying, "It is his angel." But Peter continued knocking; and when they had opened the door, they saw him and were amazed. Acts 12:15-16

But motioning to them with his hand to be silent, he described to them how the Lord had led him out of the prison. And he said, "Report these things to James and the brethren." Then he left and went to another place. Acts 12:17