

For God has not given us a spirit of timidity, but of power and love and discipline. 2 Timothy 1:7

For I am already being poured out as a drink offering, and the time of my departure has come. 2 Timothy 4:6

**Who are the people who are there for you when you feel like you are on shaky ground?
How do they help you to stand firm on shaky ground?**

I was reminded of the relationships that have been formed because of the promise of life in Christ.

**Paul, an apostle of Christ Jesus by the will of God, according to the promise of life in Christ Jesus.
2 Timothy 1:1**

There is the promise of eternal life.

**For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but
have eternal life. John 3:16**

There is the promise of abundant life.

**The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly.
John 10:10**

**I thank God, whom I serve with a clear conscience the way my forefathers did as I constantly remember you.
2 Timothy 1:3a**

Paul believed in Timothy more than Timothy believed in himself.

**To Timothy, my beloved son: Grace, mercy and peace from God the Father and Christ Jesus our Lord.
2 Timothy 1:2**

I was reminded of those people whose prayers have carried me through.

What are the things you look for in someone you want to pray for you?

**I thank God, whom I serve with a clear conscience the way my forefathers did as I constantly remember you in my
prayers night and day longing to see you, even as I recall your tears, so that I may be filled with joy.
2 Timothy 1:3-4**

Grateful to God. Consistent in service. Sensitive to the Spirit. Faithful in good times and bad.

**For I am mindful of the sincere faith within you, which first dwelt in your grandmother Lois and your mother
Eunice, and I am sure that it is in you as well. 2 Timothy 1:5**