

**For God has not given us a spirit of timidity, but of power and love and discipline. 2 Timothy 1:7**

**For I am already being poured out as a drink offering, and the time of my departure has come. 2 Timothy 4:6**

**Who are the people who are there for you when you feel like you are on shaky ground?  
How do they help you to stand firm on shaky ground?**

**I was reminded of the relationships that have been formed because of the promise of life in Christ.**

**Paul, an apostle of Christ Jesus by the will of God, according to the promise of life in Christ Jesus.  
2 Timothy 1:1**

**There is the promise of eternal life.**

**For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but  
have eternal life. John 3:16**

**There is the promise of abundant life.**

**The thief comes only to steal and kill and destroy; I came that they may have life and have it abundantly.  
John 10:10**

**I thank God, whom I serve with a clear conscience the way my forefathers did as I constantly remember you.  
2 Timothy 1:3a**

**Paul believed in Timothy more than Timothy believed in himself.**

**To Timothy, my beloved son: Grace, mercy and peace from God the Father and Christ Jesus our Lord.  
2 Timothy 1:2**

**I was reminded of those people whose prayers have carried me through.**

**What are the things you look for in someone you want to pray for you?**

**I thank God, whom I serve with a clear conscience the way my forefathers did as I constantly remember you in my  
prayers night and day longing to see you, even as I recall your tears, so that I may be filled with joy.  
2 Timothy 1:3-4**

**Grateful to God. Consistent in service. Sensitive to the Spirit. Faithful in good times and bad.**

**For I am mindful of the sincere faith within you, which first dwelt in your grandmother Lois and your mother  
Eunice, and I am sure that it is in you as well. 2 Timothy 1:5**