After removing Saul, he made David their king. He testified concerning him: I have found David son of Jesse, a man after my own heart; he will do everything I want him to do. Acts 13:22.

Why is it so hard to follow God?

Following God is hard because it comes down to a battle of will verses want.

The Lord is my shepherd, I shall not want. Psalm 23:1

Following God is hard because His green pastures are not where we always want to lie down.

He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul.

Psalm 23:2-3a

Following God is hard because it requires righteousness over rightness.

He guides me in the paths of righteousness for His name's sake. Psalm 23:3

Following God is hard because sometimes we need a God with skin on.

Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me. Psalm 23:4

Following God is hard because it requires eating lunch with our enemies.

You prepare a table before me in the presence of my enemies; You have anointed my head with oil; My cup overflows. Psalm 23:5

Following God is hard because we think goodness and mercy has stopped following us.

Surely goodness and mercy will follow me all the days of my life, and I will dwell in the house of the Lord forever. Psalm 23:6