

SUGGESTIONS FOR ACCOUNTABILITY/PRAYER PARTNERSHIP

Below are simple pointers/ideas to bear in mind:-

- Identify and propose the idea to a Christian friend of the same sex that you perhaps naturally relate to.
- Keep a regular appointment with each other. Plan to meet at least once a month probably allowing for around an hour for your time together.
- Main aim is to encourage each other as followers of Jesus – “spur each other on to love and good deeds.” (Hebrews 10:25).
- Building a positive accountability relationship takes time. We need to grow in confidence with each other, as we may think that we know each other well, but yet we may never have spoken on this kind of “accountability” level before.
- We must never press our partner to say more than they are comfortable with.
- Just to pray for each other is helpful and encouraging.
- Don’t avoid general conversation – it helps us to get to know each other better.
- Good idea to share with each other how Quiet Times with the Lord are going. We can learn from what someone else is being taught by God and it provides gentle accountability to be asked, “What are you enjoying in your Quiet Time at the moment?”
- Some questions that we might find helpful to be asking of one another from time to time:-
 - Are you spending time daily/regularly in the Scriptures and in prayer?
 - Are you conducting yourself inappropriately in any area of your life?
 - Are there areas of your life that you are currently struggling with?
 - Are you being completely honest in all your financial dealings?
 - Are you looking for opportunities to share Christ, pray with others or do something specifically to impact the world for Christ?
 - Are you spending time regularly fellowshiping with other Christians?
 - Is there someone you need to forgive or that you are having trouble forgiving?
 - Has something or someone robbed you of your joy or shaken your confidence that God is in control?
 - Are you getting adequate rest?
 - Any particular concerns about family relationships just now?
 - Any particular concerns about relationship with members of the opposite sex?
 - Any concerns about any other inter-personal relationships/friendships?
 - Is there something you think the Lord has been telling you to do that you have not followed through on?
 - Have you lied or compromised the truth on any of the above questions?