

A group of people are gathered around a wooden table in a casual setting. On the table, there is a cup of coffee, some fruit (apples and oranges), and a small bowl of snacks. A large green plant is visible in the background. The word "BREATHING" is overlaid in large, bold, white, italicized capital letters across the center of the image.

# BREATHING

THE WORD IN & THROUGH US





**BREATHING**





***PRAYING AT ALL TIMES***

***BREATHING***



“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people.”

– 1 Timothy 2:1

***BREATHING***



*“Our prayers ascend to heaven's throne regardless of the form we use; Our Father always hears His own regardless of the words we choose.”*

– D. De Haan

**BREATHING**





**1. PETITIONS ARE ABOUT  
SEEKING PROVISION**

**BREATHING**





**BREATHING**





***PRAYER IS NOT JUST  
WANTING FROM  
BUT WAITING WITH.***

***BREATHING***



**SOMETIMES WE HAVE TO  
PRAY FOR THE ANSWER,  
BUT SOMETIMES,  
WE HAVE TO PRAY  
TO BE THE ANSWER.**

**BREATHING**





**2. PRAYERS ARE ABOUT  
SEEKING PROXIMITY**

**BREATHING**



“Therefore let’s approach the throne of grace with confidence, so that we may receive mercy and find grace for help at the time of our need.”

– Hebrews 4:16 NASB

***BREATHING***





**3. INTERCESSION IS  
ABOUT PERMISSION**

**BREATHING**





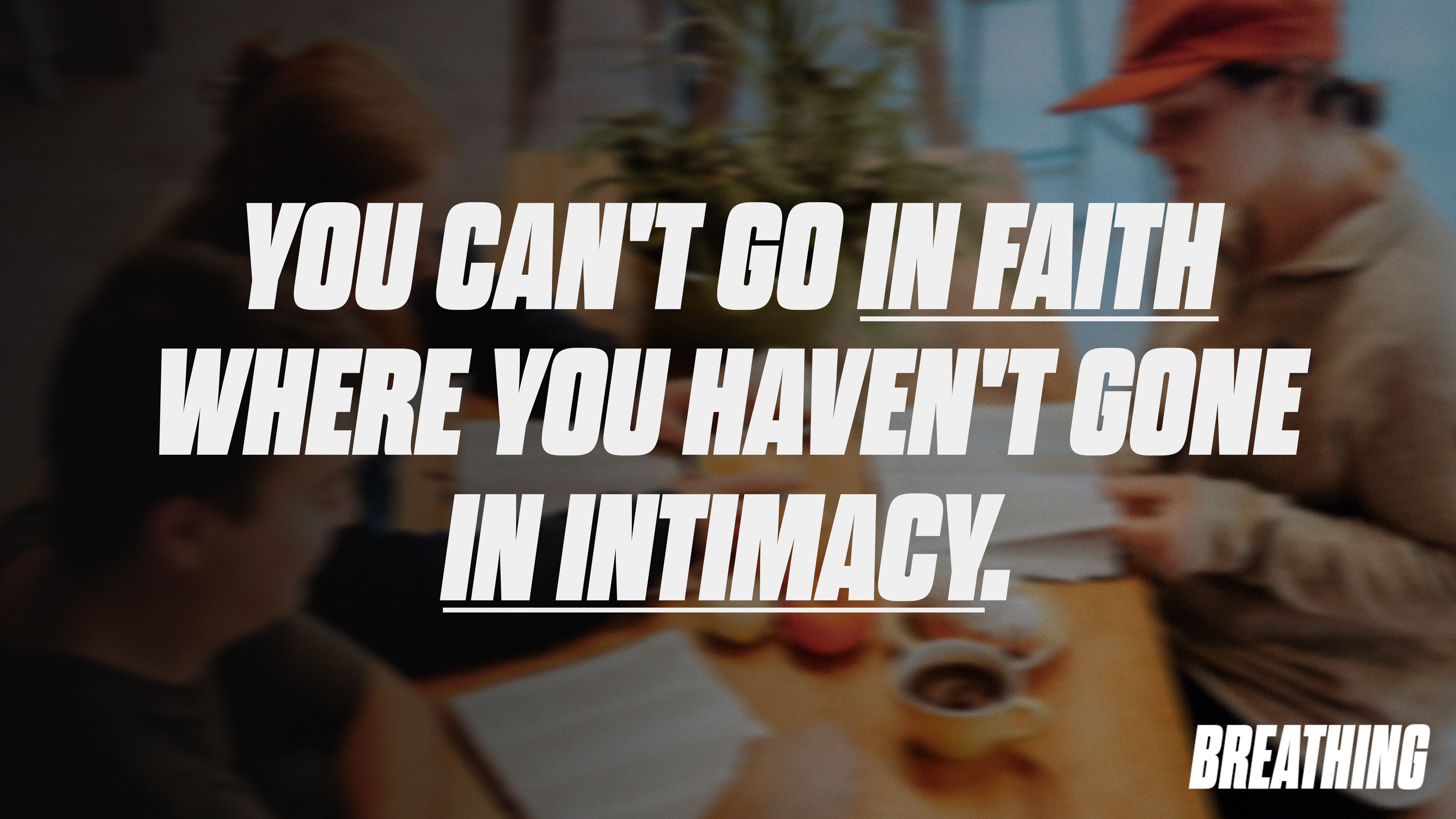
**BREATHING**



***THERE ARE  
THINGS THAT  
GOD ONLY  
TELLS FRIENDS.***

***BREATHING***





***YOU CAN'T GO IN FAITH***  
***WHERE YOU HAVEN'T GONE***  
***IN INTIMACY.***

***BREATHING***



***INTERCESSION IS  
IMPOSSIBLE UNTIL WE  
ALLOW THE THINGS  
THAT BREAK GOD'S  
HEART TO ALSO  
BREAK OUR HEARTS.***

***BREATHING***



# **THANKSGIVING**

*(eucharistia)*

**BREATHING**





**4. THANKSGIVING IS  
ABOUT PRAISE**

**BREATHING**





**BREATHING**



“for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.”

– 1 Timothy 2:2

***BREATHING***











***PAUL IS RECRUITING  
BELIEVERS' PRAYERS  
FOR THE NATIONS'  
SALVATION AND THOSE  
WHO LEAD THOSE  
NATIONS!***

***BREATHING***



*“Times of political and social upheaval are excellent times in which to die for Christ, but hard times in which to live for Him.”*

– Duane Litfin

**BREATHING**





**BREATHING**



*“If you want your prayers to do the most good for the greatest number of people, be sure to include in your prayers those persons whose decisions create the conditions in which the purposes of the gospel prosper. It is important to pray for leaders because the conditions they create either advance or impede the gospel”*

– John Piper

**BREATHING**



“We gave you strict orders not to continue teaching in this name, and yet, you have filled Jerusalem with your teaching and intend to bring this Man’s blood upon us.” But Peter and the apostles answered, “We must obey God rather than men.”

– Acts 5:28-29 NASB

***BREATHING***





***GODLINESS  
IS ULTIMATELY  
GOD-LIKENESS***

***BREATHING***



***BOTH ATTRIBUTES ARE TO BE FULLY PURSUED AND PRACTICED. GODLINESS SPEAKS OF THE VERTICAL ASPECT OF OUR LIVES TOWARD GOD, AND HOLINESS SPEAKS MORE OF THE HORIZONTAL ASPECT TOWARD OTHERS.***

***BREATHING***



“This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth. For there is one God and one mediator between God and mankind, the man Christ Jesus, who gave himself as a ransom for all people.”

– 1 Timothy 2:3-6

***BREATHING***





**BREATHING**



*“The best bit of advice I ever received about how to pray was this: keep it simple, keep it real, keep it up.”*

– Pete Greig, *How to Pray: A Simple Guide for Normal People*

**BREATHING**



# ***PRAYERS FOR PEACE***

## **Personally**

You will keep in perfect peace those whose minds are steadfast, because they trust in You. Isaiah 26:3. *Pray for Rest, Relationships, Inner Peace, Forgiveness, Hope, Healing.*

## **In Our State**

Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Philippians 2:3 ESV. *Pray for Schools, Businesses, Poverty, Crime, Civil Workers.*

## **In Our Nation**

When the righteous increase, the people rejoice, but when the wicked rule, the people groan. Proverbs 29:2 ESV. *Pray for Unity, Humility, Protection, Truth, Revival.*

## **In Our World**

Your kingdom come, your will be done, on earth as it is in heaven. Matthew 6:10  
*Pray for Restraining evil, Unity, Reconciliation, Protection, and Prevention of Escalations.*

***BREATHING***



