

**LIVING  
THE SPIRIT  
FILLED LIFE**



# DISCUSSION QUESTIONS

1. What is one thing that stood out to you from the message?
2. Would you say that your Christian life has been one of restraint or change when it comes to sin?
3. What “works of the flesh” do you struggle to keep crucified?
4. How have you experienced the fruit of the Spirit in your life?
5. Describe a time when you reacted or responded with Fruit of the Spirit instead of the works of the flesh? What happened? How did the person or group respond? How did you feel during that time?

# DISCUSSION QUESTIONS

6. What does it look like when a person lives by and keeps in step with the Spirit? What are practical ways in which you can do this? How can your family, friends, discipleship community, or cohort support and pray for you in this?

7. Spend time Listening to God. What is he saying to you? Share it with your family, friends, or community.

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# Living Fruit



**“The Church was never intended to be a natural and intellectual organization, but a supernatural instrumentality wholly dependent upon the direct power of God for all her efficiency, and therefore, needing to be ever separated from the arm of flesh and the strength of mere human agencies.”**

— A.B. Simpson

# GALATIANS 5:16 CSB

I say, then, walk by the Spirit and you will certainly not carry out the desire of the flesh.

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# THE SPIRIT

**Ruach in Hebrew / Pneuma in Greek**

**Breath, Wind, The power that animates something, the part of a person that leaves at death, 3rd Person of the Godhead.**

# THE SPIRIT

**But whoever is united with the Lord is one with him in spirit.**

— 1 Corinthians 6:17

# DESIRE

**ἐπιθυμία (epithumia)**

*επί, "focused on" thymós, "passionate desire"*

**inordinate desire, passionate  
longing, lust, eagerness for**

# DESIRE

- 1 - A pull in a particular direction
- 2 - A plan or a goal (“these are my desires”)
- 3 - The appetite of either the flesh or the Spirit

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# THE FLESH

**“The corruption that sin has introduced into our very appetites and instincts.”**

— Eugene Peterson

# THE FLESH

**“Flesh is any human action or achievement without dependence upon the Holy Spirit and without glorying, exalting in, trusting, treasuring, and valuing Jesus Christ.”**

— John Piper

# THE FLESH

**“Basically, it's our base, primal, animalistic drives for self-gratification, especially pertaining to sensuality (as in sex and food) but also to pleasure in general, as well as our instincts for survival, domination, and the need for control. Desires that are in all of us. In spite of the humanistic atmosphere all around us constantly telling us we're good, we all know we have these desires we don't know what to do with...”**



# THE FLESH

...But the New Testament is incredibly open about the dark underbelly of the human heart, and we're invited to explore it under the loving gaze of God's compassion.”

— John Mark Comer, *Live No Lies*

# GALATIANS 5:17 CSB

For the flesh desires what is against the Spirit, and the Spirit desires what is against the flesh; these are opposed to each other, so that you don't do what you want.

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# GALATIANS 5:18 CSB

But if you are led by the Spirit, you are not under the law.

# GALATIANS

## 5:19-21 CSB

Now the works of the flesh are obvious: sexual immorality, moral impurity, promiscuity, idolatry, sorcery, hatreds, strife, jealousy, outbursts of anger, selfish ambitions, dissensions, factions, envy, drunkenness, carousing, and anything similar.

# GALATIANS

## 5:19-21 MSG

It is obvious what kind of life develops out of trying to get your own way all the time: repetitive, loveless, cheap sex; a stinking accumulation of mental and emotional garbage; frenzied and joyless grabs for happiness; trinket gods; magic-show religion; paranoid loneliness; cutthroat competition; all-consuming-yet-never-satisfied wants;

# GALATIANS

## 5:19-21 MSG

a brutal temper; an impotence to love or be loved; divided homes and divided lives; small-minded and lopsided pursuits; the vicious habit of depersonalizing everyone into a rival; uncontrolled and uncontrollable addictions; ugly parodies of community. I could go on.

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# WORKS OF THE FLESH

## (Desires of the Flesh)

- Sexual immorality
- Moral impurity
- Promiscuity
- Idolatry
- Sorcery
- Hatreds
- Strife
- Jealousy
- Outbursts of Anger
- Selfish Ambitions
- Dissensions
- Factions
- Envy
- Drunkenness
- Carousing

# WORKS OF THE FLESH

(Desires of the Flesh)

## Sexual

Sexual immorality  
Moral impurity  
Promiscuity

## Religious

Idolatry  
Sorcery

## Interpersonal

Hatreds  
Strife  
Jealousy  
Outbursts of Anger  
Selfish Ambitions  
Dissensions  
Factions  
Envy

## Social

Drunkenness  
Carousing

# GALATIANS 5:21 CSB

I am warning you about these things—as I warned you before—that those who practice such things will not inherit the kingdom of God.

# GALATIANS

## 5:22-23 CSB

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.  
The law is not against such things.

# JOHN 15:1,2

I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful.

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# COLOSSIANS 2:6,7

So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

# EPHESIANS 3:17

And I pray that you, being rooted and established in love



# JOHN 15:4,5

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

**“Fruit is always the miraculous, the created; it is never the result of willing, but always a growth. The fruit of the Spirit is a gift of God, and only He can produce it. They who bear it know as little about it as the tree knows of its fruit. They know only the power of Him on whom their life depends.”**

— Dietrich Bonhoeffer, *The Cost of Discipleship*

# FRUIT OF THE SPIRIT

(Desires of the Spirit)

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-Control

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**“The fruit of the Spirit is fundamentally relational. Rather than originating with us, it flows to us from our union with Christ, and it flows beyond us to bring us into fellowship with others. The secret of this flow – and our unity with God and others – is humility.”**

— Jerry Bridges

# GALATIANS 5:24 CSB

Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

# ROMANS 6:5-7

For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin — because anyone who has died has been set free from sin.

# TITUS 2:11-14

For the grace of God has appeared that offers salvation to all people. It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.



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# EPHESIANS

## 4:14-15 CSB

Then we will no longer be little children, tossed by the waves and blown around by every wind of teaching, by human cunning with cleverness in the techniques of deceit. But speaking the truth in love, let us grow in every way into him who is the head—Christ.

# 1 CORINTHIANS

## 13:1-3 CSB

If I speak human or angelic tongues but do not have love, I am a noisy gong or a clanging cymbal. If I have the gift of prophecy and understand all mysteries and all knowledge, and if I have all faith so that I can move mountains but do not have love, I am nothing. And if I give away all my possessions, and if I give over my body in order to boast but do not have love, I gain nothing.

# 1 CORINTHIANS

## 13:4-8 CSB

Love is patient, love is kind. Love does not envy, is not boastful, is not arrogant, is not rude, is not self-seeking, is not irritable, and does not keep a record of wrongs. Love finds no joy in unrighteousness but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends.

**“It is of no use for any of you to try to be soul-winners if you are not bearing fruit in your own lives. How can you serve the Lord with your lips if you do not serve Him with your lives? How can you preach His gospel with your tongues, when with hands, feet, and heart you are preaching the devil's gospel, and setting up an antichrist by your practical unholiness?”**

— Charles Spurgeon

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# GALATIANS 5:25 CSB

If we live by the Spirit, let us also keep in step with the Spirit.

**IS THIS TRUE  
OF YOU?**



# LISTEN

Listen to The Word

Listen to God

Listen to Others

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