

A lush, green indoor garden with various plants and a glass structure in the background. The scene is filled with dense foliage, including large-leafed plants and ferns, creating a vibrant and natural atmosphere. A glass structure, possibly a greenhouse or conservatory, is visible in the background, adding a modern architectural element to the scene. The lighting is soft and natural, highlighting the textures and colors of the plants.

LIVING

THE SPIRIT-FILLED LIFE

A lush garden with various green plants and a building in the background. The text is overlaid on the image.

LIFE IN THE SPIRIT
AN OINTING

ADRENALINE:

a hormone produced by the body when a person is frightened, angry, stressed, or excited, which makes the heart beat faster and prepares the body to react to danger.

LIVING



***MANY PEOPLE TODAY ARE
RUNNING ON ADRENALINE
AND NOT ANOINTING.***

“In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Even on my servants, both men and women, I will pour out my Spirit in those days, and they will prophesy.”

– Acts 2:17-18

LIVING

They stirred up persecution against Paul and Barnabas, and expelled them from their region. So they shook the dust off their feet as a warning to them and went to Iconium. And the disciples were filled with joy and with the Holy Spirit.

– Acts 13:50-52

LIVING

For two whole years Paul stayed there in his own rented house and welcomed all who came to see him. He proclaimed the kingdom of God and taught about the Lord Jesus Christ—with all boldness and without hindrance!

— Acts 28:30-31

LIVING



WHEN GOD APPOINTS YOU,
HE ANOINTS YOU.

***TO BE ANOINTED MEANS TO BE
CHOSEN BY GOD AND FILLED
WITH THE HOLY SPIRIT TO
CARRY OUT A DIVINE PURPOSE.***

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free”

– Luke 4:18

LIVING

How God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.

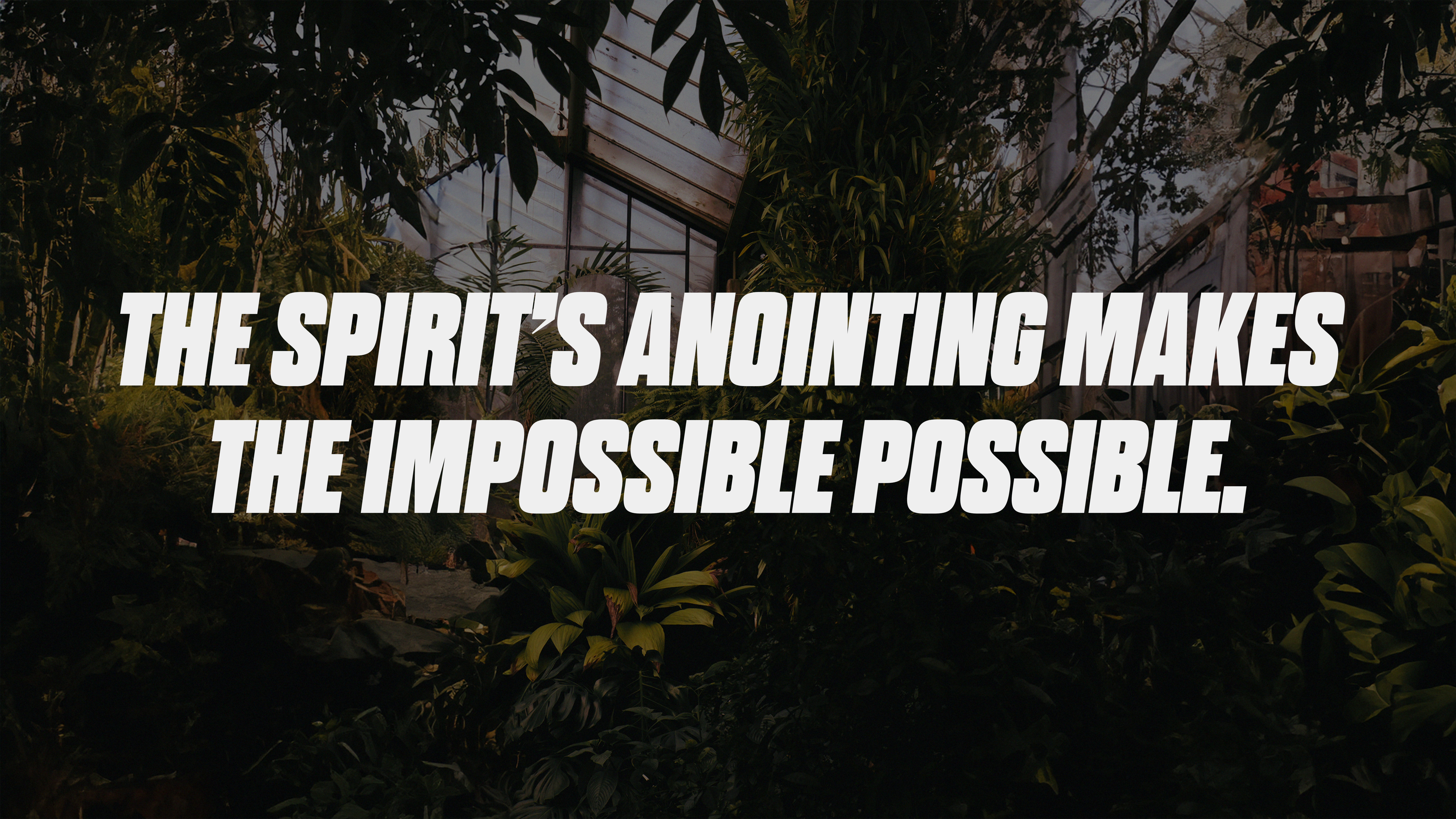
– Acts 10:38

LIVING

Now it is God who makes both us and you stand firm
in Christ. He anointed us.

– 2 Corinthians 1:21

LIVING



***THE SPIRIT'S ANOINTING MAKES
THE IMPOSSIBLE POSSIBLE.***

“Many young people seem to live hours each day that are almost programmatically reduced to shallow, impulsive dependencies on visual stimulation and technological chatter. The search for meaning has shifted to a compulsive quest for perpetual distraction.”

– Donald Haggerty

LIVING

“But the pursuit of novelty in cyberspace actually unleashes an insatiable restlessness. This insatiable restlessness births a demand for more and more of what satisfies less and less.”

– Donald Haggerty

LIVING



It shall come to pass in that day That his burden will be taken away from your shoulder, And his yoke from your neck, And the yoke will be destroyed because of the anointing oil.

– Isaiah 10:27

LIVING

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

– Matthew 11:28-30

LIVING

Oil heals and was used as a medicinal treatment.

Oil lights when it is burned in a lamp.

Oil warms when it is used as fuel for a flame.

Oil invigorates when used to release tension.

Oil refreshes when applied as a perfume or cologne.

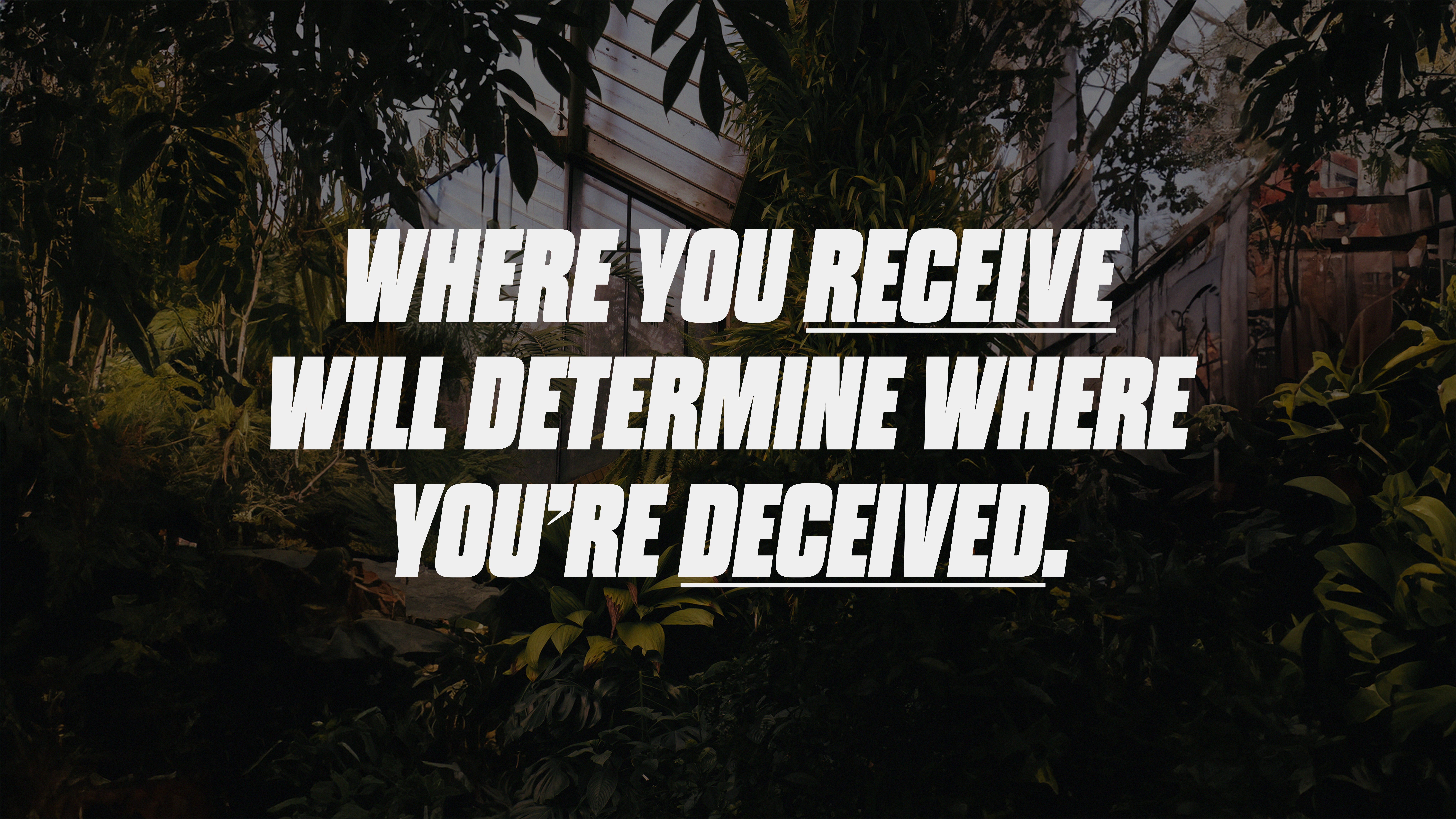
Oil polishes when used to shine metal.

Oil lubricates when used to reduce friction.

Oil enhances flavor when cooking.



***THE SPIRIT'S ANOINTING
GUARDS YOU FROM BEING
DECEIVED AND DIVIDED.***



***WHERE YOU RECEIVE
WILL DETERMINE WHERE
YOU'RE DECEIVED.***

And you have an anointing of the Holy Spirit, and you know all things.

– 1 John 2:20

LIVING

As for you, the anointing you received from him remains in you, and you do not need anyone to teach you. But as his anointing teaches you about all things and as that anointing is real, not counterfeit— just as it has taught you, remain in him.

– 1 John 2:27

LIVING

***GOD PREPARES YOU
FOR WHAT HE HAS
PREPARED FOR YOU.***

Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom. But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such “wisdom” does not come down from heaven but is earthly, unspiritual, demonic.

– James 3:13-15

LIVING

Where is the wise person? Where is the teacher of the law? Where is the philosopher of this age? Has not God made foolish the wisdom of the world?

– 1 Corinthians 1:20

LIVING

The Spirit searches all things, even the deep things of God. For who knows a person's thoughts except their own spirit within them? In the same way no one knows the thoughts of God except the Spirit of God. What we have received is not the spirit of the world, but the Spirit who is from God.

– 1 Corinthians 2:10-12

LIVING

***THE SPIRIT'S ANOINTING
EMPOWERS YOU THROUGH
THE DISAPPOINTING.***

...by anointing you with the oil of joy.

– Hebrews 1:9

LIVING

...to comfort all who mourn, and provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning.

— Isaiah 61:2-3

LIVING

For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit.

– Romans 14:17

LIVING

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

– Romans 15:13

LIVING



***THE ANOINTING FLOWS
FROM THE ABIDING.***

***DISCUSSION: READ ACTS 28:30-31
ON A SCALE OF 1-10, 1 BEING IN
COMPLETE CAPTIVITY AND 10 BEING
IN COMPLETE FREEDOM, WHERE
WOULD YOU SAY YOU ARE LIVING?***

READ THROUGH THIS OILS LIST:

Oil heals and is used as a medicinal treatment. (Do you believe you carry healing?)

Oil lights when it is burned in a lamp. (Do you bring clarity or confusion?)

Oil warms when it is used as fuel for a flame. (Do people experience you as warm or cold?)

Oil invigorates when used to release tension. (Do you carry tension or peace?)

Oil refreshes when applied as a perfume or cologne. (How do you smell? Are you living as the fragrance of Christ?)

Oil polishes when used to shine metal. (Do you celebrate others or draw attention to yourself?)

Oil lubricates when used to reduce friction. (Do you speak with conviction that comes from a place of anointing)

Oil enhances flavor when cooking. (Do you enhance or do you push down and take away?)

HOW ARE YOU PRESENTING IN THIS WORLD? IN SPACES? IN RELATIONSHIPS?

Which of these is challenging for you? Which of these do you see in the others in your group? (Share this - speak these words over others!)

PRACTICE: READ ACTS 2:17-18

If we believe God has poured out His Spirit on all people, then we can/should be experiencing the prophetic/ visions/ dreams. Maybe you have had words, dreams, impressions, visions, and you don't know what to do with it. Would you be bold and share with your discipleship group a close friend or mentor. Invite them to pray for it with you!

AS A GROUP, SPEND SOME TIME LISTENING TO GOD - HERE IS A LIST OF QUESTIONS YOU COULD PRESENT TO GOD DURING THIS LISTENING TIME:

God, what do you want me to know about you? What do you want me to know about me? God, do you have something encouraging for someone in the room you want me to share?

A lush indoor garden filled with various green plants, including ferns and broad-leafed species. In the background, a glass structure, possibly a greenhouse or conservatory, is visible, with sunlight filtering through the leaves. The overall atmosphere is vibrant and natural.

LIVING

THE SPIRIT-FILLED LIFE