

# Living Above Fear

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However we came by it, most of us have various flavors of fear hiding in our hearts. While there is one fear that is liberating & life-giving – the fear of the LORD – most others are not.

What does God think about our fears?

“I sought the LORD, and He heard me, and delivered me from all my fears” – David, in Psalm 34:4 KJV

“Peace I give you... Do not be afraid” – Jesus, in the Gospel of John 14:27 NIV84

“There is no fear in love. But perfect love drives out fear” – Apostle John, in 1<sup>st</sup> John 4:18 NIV84

“Praise be to the Lord, the God of Israel... He has raised up a horn of salvation for us... to rescue us... to enable us to serve Him without fear, in holiness & righteousness before Him all our days” – Zechariah (John the Baptist’s dad), in Luke 1:68-75 NIV84

## **Application to Life**

1. What is something you used to be afraid of... but now you aren’t? Describe to a friend (or group of friends) how that happened.
2. What are some of the things that people are afraid of? How reasonable are those fears?
3. How have you made sense of “the fear of the LORD” being a good & healthy & life-giving thing?
4. Describe what God has taught you from His Word about fear.
5. What would you like God to do in your life, in the coming year, in regard to fear?