

# “The Young Man, The Angry Man and The Wise Man”

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Lessons on dealing with anger from the book of Proverbs

1. Anger - Plain as the nose on your face
2. The Young Man - Handle with care (Prov 27:4)
3. The Angry Man - A cautionary tale (Prov 22:24)
4. The Wise Man - Slow to anger (Prov 19:11)
5. So what? What can we learn from these lessons and how can we apply them to our lives?