

# More Than a Moment: A Faith That Lasts Beyond January HANDOUT

1/25/2026

**Is my faith truly growing—or am I just restarting religious habits?.**

The Bible never talks about faith as a *seasonal reset*. It talks about faith as a **lifelong pursuit**.

**Philippians 3:12–14** <sup>12</sup>Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup>Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup>I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Jesus didn't casually invite Paul—He **seized** him. And now Paul spends his life chasing the One who chased him first.

- This isn't about self-improvement.
- This is about **responding to grace with devotion**.

**This year doesn't need a better version of you—it needs a surrendered one.**

**KEY: Spiritual Growth Is Intentional, Not Accidental**

**James 1:22** Do not merely listen to the word, and so deceive yourselves. Do what it says.

The truth is that many Christians don't lack information—they lack **implementation**.

Paul pressed on because growth requires **intentional obedience**, not passive agreement.

**KEY: You Cannot Move Forward While Holding On to the Past**

**Philippians 3:13** *“Forgetting what is behind...”*

He doesn't mean pretending the past didn't happen. He means refusing to let the past control the present.

***Spiritually speaking, yesterday's obedience does not replace today's surrender.***

**Luke 9:23** Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.

Not once...Not last year...**Daily.**

God isn't asking you to relive the past—He's asking you to **release it** so you can follow Him today.

**KEY: Transformation Happens When Surrender Becomes a Lifestyle**

**Romans 12:1–2** Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. <sup>2</sup>Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

This isn't a moment—it's a **lifestyle.**

***Many believers are available when it's convenient, but surrendered only when it's comfortable.***

Transformation doesn't come from trying harder—it comes from **trusting deeper.**

When surrender becomes daily:

- Your time changes
- Your priorities shift
- Your reactions soften
- Your faith deepens

Not because life gets easier—**but because Christ becomes greater.**

**LIFE POINT: A surrendered life today leads to a transformed life tomorrow.**