

CHRIST  
THE REDEEMER

-PRESBYTERIAN CHURCH-

PENTECOST SUNDAY

June 5, 2022

## Welcome to CHRIST THE REDEEMER...

We're glad you've joined us. Whether you have followed Jesus your whole life or you can't remember the last time you stepped foot in a church, we want you to feel welcome to come as you are and worship with our church family. If you have any questions about our church or where to find something, please don't hesitate to ask. We're excited about what God is doing among us as we seek to live, grow and serve as followers of Jesus in Portland and in our surrounding neighborhoods. So, welcome to CTR, we'd love to have you as part of our family.

During our service, our nursery is open for babies who are crawlers through 3-year-olds. If you need help finding the nursery area, please ask any of our greeters!

Children's Church is now back in session. After the blessing, children age 5 and up are welcome to go to Children's Church. They will re-join their families after the sermon.

### THE RHYTHM OF OUR WORSHIP

On the road to Emmaus (Luke 24), when Jesus' disciples found themselves troubled and confused, Jesus met them along the way. When they confessed their troubles and doubts to Him, His words and presence began to change them. He unfolded God's Word to them, pointing to His own person and work. He dined with them, giving thanks and breaking bread. The disciples recognized their Lord's presence with them and hurried to tell others the good news.

In the Emmaus story, we recognize the pattern of historic Christian worship as it began to take shape. Our worship liturgy at Christ the Redeemer moves through a specific rhythm: God **SUMMONS** us as His people, God **SANCTIFIES** us to Himself, God **SPEAKS** to us in His Word, God **STRENGTHENS** us at His table, and God **SENDS** us into the world to share His grace.

The emphasis throughout our worship is upon God's action and our appropriate response. In worship, we rehearse the gospel message of Jesus' death and resurrection and are caught up into the mission of the Triune God. The flow of our liturgy aims at drawing us further into the life of the Trinity as children of God and then impelling us outward into our world.

*-adapted from City Church Philadelphia [Guide to Our Worship](#)*

# G O D S U M M O N S

[ P R A I S E ]

## C A L L T O W O R S H I P

[L] The love of God has been poured into our hearts through the Holy Spirit who has been given to us,

[P] **we dwell in him and he in us.**

[L] Give thanks to the Lord and call upon his name;

[P] **make known his deeds among the peoples.**

[L] Sing to him, sing praises to him,

[P] **and speak of all his marvelous works.**

[L] Holy, holy, holy is the Lord God Almighty,

[P] **who was and is and is to come!**

based on Psalm 105:1-2; Romans 5:5; Revelation 4:8

**HOLY, HOLY, HOLY**

John Bacchus Dykes and Reginald Heber

Holy, holy, holy! Lord God Almighty!  
Early in the morning our song shall rise to thee.  
Holy, holy, holy! Merciful and mighty!  
God in three Persons, blessed Trinity!

Holy, holy, holy! All the saints adore thee,  
casting down their golden crowns around the glassy sea;  
cherubim and seraphim falling down before thee,  
who wert, and art, and evermore shalt be.

Holy, holy, holy! Though the darkness hide thee,  
though the eye of sinful man thy glory may not see,  
only thou art holy; there is none beside thee  
perfect in pow'r, in love, and purity.

Holy, holy, holy! Lord God Almighty!  
All thy works shall praise thy name in earth and sky and sea.  
Holy, holy, holy! Merciful and mighty!  
God in three Persons, blessed Trinity!

**G O D S A N C T I F I E S**

[ R E N E W A L ]

C O N F E S S I O N O F S I N

[All] **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Christ, our Lord. Amen.**

T I M E O F S I L E N T R E F L E C T I O N A N D C O N F E S S I O N

WORDS OF COMFORT AND ASSURANCE OF PARDON

[L] In Christ, you were marked with the Holy Spirit, a seal of our redemption in Christ. By the power of the Holy Spirit we become dead in sin and alive anew in Christ. May you be filled with the Holy Spirit so that you may have hope of new life, may grow in your knowledge of the God of our Lord Jesus Christ, and may experience the incomparable power of God that raised our Lord Jesus Christ from the dead.

[P] **Thanks be to God.**

HOW DEEP THE FATHER'S LOVE FOR US

Stuart Townend

How deep the Father's love for us,  
 How vast beyond all measure,  
 That he should give his only Son  
 To make a wretch his treasure.  
 How great the pain of searing loss -  
 The Father turns his face away,  
 As wounds which mar the Chosen One  
 Bring many sons to glory.

Behold the man upon a cross,  
 My sin upon his shoulders;  
 Ashamed, I hear my mocking voice  
 Call out among the scoffers.  
 It was my sin that held him there  
 Until it was accomplished;  
 His dying breath has brought me life -  
 I know that it is finished.

I will not boast in anything,  
 No gifts, no power, no wisdom;  
 But I will boast in Jesus Christ,  
 His death and resurrection.  
 Why should I gain from his reward?  
 I cannot give an answer;  
 But this I know with all my heart -  
 His wounds have paid my ransom.

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 I cannot give an answer;  
 But this I know with all my heart -  
 His wounds have paid my ransom.

LIFE OF THE PEOPLE  
[ANNOUNCEMENTS]

NEW TO CTR? Welcome! If you would like to connect, learn more about our church or subscribe to our weekly announcement email, please use this QR code.



THE PEACE OF GOD  
and THE BLESSING OF THE CHILDREN

[L] May the peace of the Lord be always with you.

[P] **And also with you.**

[L] People of God, what is our prayer for these and all our children?

[All] **May the Lord be with you.**

[Children] **And also with you.**

**G O D S P E A K S**  
[ W O R D ]

**HOLY SPIRIT**

Keith Getty and Stuart Townend

Holy Spirit, living Breath of God  
Breathe new life into my willing soul  
Let the presence of the risen Lord  
Come renew my heart and make me whole  
Cause your word to come alive in me  
Give me faith for what I cannot see  
Give me passion for your purity  
Holy Spirit, breathe new life in me

Holy Spirit, come abide within  
May your joy be seen in all I do  
Love enough to cover ev'ry sin  
In each thought and deed and attitude  
Kindness to the greatest and the least  
Gentleness that sows the path of peace  
Turn my strivings into works of grace  
Breath of God, show Christ in all I do

Holy Spirit from creation's birth  
Giving life to all that God has made  
Show your power once again on earth  
Cause your church to hunger for your ways  
Let the fragrance of our pray'rs arise  
Lead us on the road of sacrifice  
That in unity the face of Christ  
May be clear for all the world to see

SCRIPTURE READING

Luke 10:38-42, Galatians 5:1, 16-17, 22-25

Read by Carol Fecteau

Luke 10:38-42

<sup>38</sup>Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. <sup>39</sup>And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. <sup>40</sup>But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." <sup>41</sup>But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, <sup>42</sup>but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

Galatians 5:1, 16-17, 22-25

<sup>1</sup>For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.

<sup>16</sup>But I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup>For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

<sup>22</sup>But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup>gentleness, self-control; against such things there is no law. <sup>24</sup>And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

<sup>25</sup>If we live by the Spirit, let us also keep in step with the Spirit.

[L] The grass withers and the flower fades,  
but the Word of God stands forever.

Isaiah 40:8

The Word of the Lord.

[P] **Thanks be to God.**



Sermon:

LEARNING TO REJOICE IN THE RIGHT THINGS

Rev. Sean J.S. Roberts

Senior Pastor

## PENTECOST READING

Acts 2:1-28

David Dyke

*[Latin]*

<sup>1</sup>When the day of Pentecost arrived, they were all together in one place. <sup>2</sup>And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. <sup>3</sup>And divided tongues as of fire appeared to them and rested on each one of them. <sup>4</sup>And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

<sup>5</sup>Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven.

<sup>6</sup>And at this sound the multitude came together, and they were bewildered, because each one was hearing them speak in his own language. <sup>7</sup>And they were amazed and astonished, saying, “Are not all these who are speaking Galileans?” <sup>8</sup>And how is it that we hear, each of us in his own native language?

Mamie Odia Mwamba

*[Lingala]*

<sup>9</sup>Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup>Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, <sup>11</sup>both Jews and proselytes, Cretans and Arabians—we hear them telling in our own tongues the mighty works of God.” <sup>12</sup>And all were amazed and perplexed, saying to one another, “What does this mean?” <sup>13</sup>But others mocking said, “They are filled with new wine.”

<sup>14</sup>But Peter, standing with the eleven, lifted up his voice and addressed them: “Men of Judea and all who dwell in Jerusalem, let this be known to you, and give ear to my words. <sup>15</sup>For these people are not drunk, as you suppose, since it is only the third hour of the day.

Ben Lufuta Tshikoji

*[French]*

<sup>16</sup>But this is what was uttered through the prophet Joel:

- <sup>17</sup> ““And in the last days it shall be, God declares,  
that I will pour out my Spirit on all flesh,  
and your sons and your daughters shall prophesy,  
and your young men shall see visions,  
and your old men shall dream dreams;  
<sup>18</sup> even on my male servants and female servants  
in those days I will pour out my Spirit,  
and they shall prophesy.  
<sup>19</sup> And I will show wonders in the heavens above  
and signs on the earth below,  
blood, and fire, and vapor of smoke;  
<sup>20</sup> the sun shall be turned to darkness  
and the moon to blood,  
before the day of the Lord comes, the great and  
magnificent day.  
<sup>21</sup> And it shall come to pass that everyone who calls upon the name of the Lord shall be saved.’

Jeannette Umugwaneza  
*[Kinyarwanda]*

<sup>22</sup> “Men of Israel, hear these words: Jesus of Nazareth, a man attested to you by God with mighty works and wonders and signs that God did through him in your midst, as you yourselves know—<sup>23</sup> this Jesus, delivered up according to the definite plan and foreknowledge of God, you crucified and killed by the hands of lawless men. <sup>24</sup> God raised him up, loosing the pangs of death, because it was not possible for him to be held by it. <sup>25</sup> For David says concerning him,

- “I saw the Lord always before me,  
for he is at my right hand that I may not be shaken;  
<sup>26</sup> therefore my heart was glad, and my tongue rejoiced;  
my flesh also will dwell in hope.  
<sup>27</sup> For you will not abandon my soul to Hades,  
or let your Holy One see corruption.  
<sup>28</sup> You have made known to me the paths of life;  
you will make me full of gladness with your presence.’

AFFIRMATION OF FAITH

Apostles' Creed

[L] Christian, what do you believe?

[All] **I believe in God, the Father almighty, maker of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried; he descended to hell. The third day he rose again from the dead. He ascended to heaven and is seated at the right hand of God the Father almighty. From there he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

PRAYER OF THE PEOPLE

Led by Andrew Button

THE LORD'S PRAYER

Our Father who art in heaven, hallowed be your name.  
Your kingdom come; your will be done on earth, as it is in heaven.  
Give us this day our daily bread.  
And forgive us our debts, as we forgive our debtors.  
And lead us not into temptation, but deliver us from evil:  
For yours is the kingdom, the power, and the glory, for ever and ever. Amen.

# GOD STRENGTHENS

[TABLE]

## CELEBRATING HOLY COMMUNION

*A Word about Communion: Communion, also called the Lord's Supper, is the family meal of Christians. We invite all baptized followers of Jesus Christ who are members of his body, the Church, to participate.*

### TRINITY SONG

Holy Father Son and Spirit  
Holy Communion Three in One  
[Sing 2x]

Come with Your peace with Your invitation  
Bind us together in holy love  
[Sing 2x]

## WORDS OF INVITATION & INSTITUTION

## GREAT PRAYER OF THANKSGIVING

## MEMORIAL ACCLAMATION

[L] Let us proclaim the mystery of faith.

[P] **Christ has died.  
Christ has risen.  
Christ will come again.**

[L] Alleluia! Christ our Passover Lamb has been sacrificed for us.

[P] **Therefore, let us keep the feast. Alleluia!**

[L] The gifts of God for the people of God.

## PARTAKING OF THE ELEMENTS

BEHOLD THE LAMB

Keith Getty, Kristyn Getty, and Stuart Townend

Behold the Lamb who bears our sins away  
Slain for us and we remember  
The promise made that all who come in faith  
Find forgiveness at the cross  
So we share in this Bread of Life  
And we drink of his sacrifice  
As a sign of our bonds of peace  
Around the table of the King

The body of our Savior Jesus Christ  
Torn for you eat and remember  
The wounds that heal the death that brings us life  
Paid the price to make us one  
So we share in this Bread of Life  
And we drink of his sacrifice  
As a sign of our bonds of love  
Around the table of the King

The blood that cleanses every stain of sin  
Shed for you drink and remember  
He drained death's cup that all may enter in  
To receive the life of God  
So we share in this Bread of Life  
And we drink of his sacrifice  
As a sign of our bonds of grace  
Around the table of the King

And so with thankfulness and faith we rise  
To respond and to remember  
Our call to follow in the steps of Christ  
As his body here on earth  
As we share in his suffering  
We proclaim Christ will come again  
And we'll join in the feast of heaven  
Around the table of the King

## PRAYERS OF REFLECTION

## Prayer for Those Searching for Truth

Lord Jesus, you claim to be the Way, the Truth and the Life. If what you claim is true, please guide me, teach me, and open to me the reality of who you are. Grant that I might be undaunted by the cost of following you as I consider the reasons for doing so. Give me an understanding for you that is coherent, convincing, and that leads to the life that you promise. Amen.

## Prayer of Belief

Lord Jesus, I admit that I am weaker and more sinful than I ever before believed, but through you, I am more loved and accepted than I ever dared to hope. I thank you for paying my debt, bearing my punishment on the cross and offering forgiveness and new life. Knowing that you have been raised from the dead, I turn from my sins and receive you as my Savior. Amen.

## Prayer for Those Struggling with Sin

Lord Jesus, grant that I may see in you the fulfillment of all my needs, and may turn from every false satisfaction to feed on you, the true and living bread. Enable me to lay aside the sin that clings so closely, and run with perseverance the race set before me, looking only to you, the author and finisher of my faith. Amen.

## Prayer of Commitment

Lord Jesus, you have called us to follow you in baptism and in a life of committed discipleship in your church. Grant that I may take the necessary steps to be one with your people, and live in the fullness of your Spirit. Amen.

GOD SENDS  
[MISSION]  
RESPONSES OF JOY

OFFERING OUR LIVES AND  
RESOURCES  
[our tithes and offerings]

If you would like to give online, please use this QR code:  
This takes you to our online giving portal.





## YET NOT I BUT THROUGH CHRIST IN ME

Jonny Robinson, Rich Thompson, and Michael Farren

What gift of grace is Jesus my redeemer  
 There is no more for heaven now to give  
 He is my joy my righteousness and freedom  
 My steadfast love my deep and boundless peace  
 To this I hold my hope is only Jesus  
 For my life is wholly bound to his  
 Oh how strange and divine I can sing all is mine  
 Yet not I but through Christ in me

The night is dark but I am not forsaken  
 For by my side the Savior he will stay  
 I labor on in weakness and rejoicing  
 For in my need his power is displayed  
 To this I hold my Shepherd will defend me  
 Through the deepest valley he will lead  
 Oh the night has been won and I shall overcome  
 Yet not I but through Christ in me

No fate I dread I know I am forgiven  
 The future sure the price it has been paid  
 For Jesus bled and suffered for my pardon  
 And he was raised to overthrow the grave  
 To this I hold my sin has been defeated  
 Jesus now and ever is my plea  
 Oh the chains are released I can sing I am free  
 Yet not I but through Christ in me

With every breath I long to follow Jesus  
 For he has said that he will bring me home  
 And day by day I know he will renew me  
 Until I stand with joy before the throne  
 To this I hold my hope is only Jesus  
 All the glory evermore to him  
 When the race is complete still my lips shall repeat  
 Yet not I but through Christ in me

When the race is complete still my lips shall repeat  
 Yet not I but through Christ in me  
 Yet not I but through Christ in me

B E N E D I C T I O N   &   S E N D I N G

[L]    Now may the God of hope fill you with all joy and peace in believing so that by the power of the Holy Spirit you overflow with love and hope.

[P]    **Thanks be to God.**

[L]    Remember that the harvest of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. The Spirit is our source of life. Let us therefore walk by the Spirit.

based on Romans 15:13; Galatians 5:22-23,25.

[All]   **Amen.**

# HIGHLIGHTS...

June 5, 2022

NEW TO CTR? Welcome! If you would like to connect, learn more about our church or subscribe to our weekly announcement email, please use this QR code.



Community groups are one of the primary places that we get to know one another, care for another, and help one another grow in the gospel. These groups meet regularly in homes throughout Greater Portland for fellowship, study, and prayer. Groups also often participate in fun social events and local service projects.

These groups are always ready to welcome new folks, so if you are interested in checking out a group, please use the sign-up sheet available or contact Pastor Josh Henderson [info on back of OOW].

There are currently groups in the following communities:

PORTLAND (2 groups)  
SOUTH PORTLAND  
FREEPORT/DURHAM  
NEW GLOUCESTER

SCARBOROUGH  
BIDDEFORD  
LAKES REGION

## CTR KIDS LENDING LIBRARY

We are so excited to launch our CTRKids Lending Library! Before and after church, please visit the library cart in the back of the sanctuary and choose a Gospel-centered book to take home with you for the week! There are books available for all age groups, and some parenting resources as well!



## ON THE CALENDAR:

- WED, JUNE 8**            **MEN’S DROP-IN EVENT – 4-6 PM**  
Save the date, men! Food trucks & Cornhole @ Definitive Brewing, 35 Industrial Way, Portland
- THURS, JUNE 9**            **MEN’S SUMMER BIBLE STUDY – Thursdays @ 9 AM** (beginning June 9)  
This study will be led by Alden Groves and is open to any men who would like to join. The study will be on Galatians using John Stott’s “*Galatians: Experiencing the Grace of Christ*”. Plan to join Alden on Thursdays in the conference room @ 1364 Washington Ave, Portland.  
E-mail: alden.d.groves@gmail.com
- FRI, JUNE 10**            **FRIDAY PLAY GROUP – 10 AM – 1 PM**  
Calling all stay-at-home moms or dads! Plan to join us at playgroup every Friday at 10am. We are at a different location every week, so keep a lookout on Instagram (@ctrportland) for more information! Any and everyone is welcome with their children. It has been a joy to fellowship with parents from CTR and also meet other parents from the greater Portland area! Please contact Abby Reid if you have any questions.
- SAT, JUNE 11**            **MOTEL 6 COOKOUT**  
We will be hosting an outdoor meal at Motel 6 on Saturday, June 11th. If you are interested in making a side dish or dessert at home or helping with food prep and serving on Saturday, please let us know! This is a great way to tangibly serve and love our neighbors who are in challenging circumstances. You can sign up with the QR code.  
Please contact Josh for more info. (jhenderson@ctrportland.org)
- JUNE 17-19**            **CTR SPRING CAMPING TRIP**  
We would love for you to join us for our CTR camping trip to **Sebago Lake State Park**! The last form helped us get the sites reserved, but we now need you to sign up with number of campers and vehicles. We are looking forward to it!  
Please take a second to fill out the Google form via this QR code to let us know if you intend to join us!



## ON THE CALENDAR:

JUNE 19

### **DEACONS FUND OFFERING**

We set aside one Sunday a quarter to focus some of our giving specifically to the Deacons Fund. This fund exists to support members of our congregation or community who have temporary financial needs such as rent, groceries, medical bills, counseling, and other challenges.

If you wish to give to this fund, you may make a note on the memo line of your check or give online using the QR code on page 14.

JUL 11-13

### **FCA RISE SPORTS CAMP** – for kids ages 4-12 [9 AM – 12:30 PM]

We are thrilled to partner with Fellowship of Christian Athletes Sports Camp Kids will select a sports track for the week- options include basketball, field hockey, football, soccer, and track & field! Participants will develop skills, compete, and have small group teaching times with FCA's coaches, volunteers, and staff. To close out the week, campers and their families are invited to a cookout on the evening of July 13. The cost is \$50/ athlete, and scholarships are available through FCA. Register online @ [www.fcamaine.org](http://www.fcamaine.org) for your child to be a part of this excellent program!

The camp will be held @ Fitzpatrick Stadium, Portland

SUN, JUL 31

### **ANNUAL CTR SUMMER PICNIC** – after the Worship Service @ Two Lights State Park, Cape Elizabeth

Put this date in your calendar and plan to come out to Two Lights and enjoy the beauty of God's creation and the love and fellowship of your CTR family! A picnic lunch will be provided. There will be games and activities for all ages. Plan to bring a chair or blanket to sit on.

# SERVE...

At CTR, we believe that part of what makes the church a beautiful place is that it draws people with various passions and gifts into one body. Below are some opportunities to use your passions and gifts to serve one another and our local community.

CHILDREN'S MINISTRIES ..... Ally Henderson  
Phone: 757.375.3757  
E-mail: ahenderson@ctrportland.org

Abby Reid  
Phone: 404.723.4448  
E-mail: areid@ctrportland.org

MUSIC..... Kendra Hollen  
Phone: 207.272.4104  
E-mail: khollen@ctrportland.org

MEALS MINISTRY ..... Tammy Locke  
Phone: 207.671.0936  
E-mail: tam74maine@gmail.com

SET-UP ..... Haylee Freeman  
Phone: 207-286-7175  
E-mail: haylee.freeman91@gmail.com

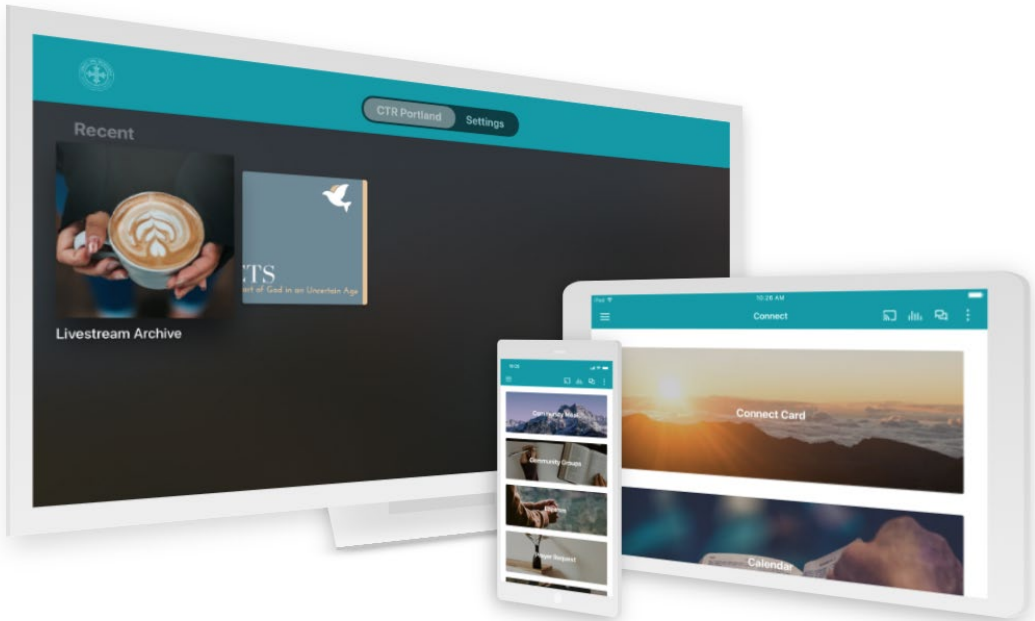
PRAYER COORDINATOR ..... Carol Fecteau  
Phone: 207.650.5529  
E-mail: prayer@ctrportland.org

MISSIONS COORDINATOR.....Kathi Favre  
Phone: 207.298.2089  
E-mail: klfavre@gmail.com

## CTR PRAYER CHAIN:

If you have a prayer request or would like to join the prayer chain at CTR, please send an email to [prayer@ctrportland.org](mailto:prayer@ctrportland.org). The coordinators, Carol Fecteau or Megan Tshikoji, will be happy to help.

# DOWNLOAD THE CTR APP!





**CHRIST  
THE REDEEMER**  
-PRESBYTERIAN CHURCH-

Christ the Redeemer Presbyterian Church  
longs to be a diverse people who gather around  
and extend the table of God's grace.

**SUNDAY WORSHIP SERVICE at 10:00 AM**

**Reverend Sean J.S. Roberts, Senior Pastor**

**Reverend Josh Henderson, Assistant Pastor**

E-mail: [JHenderson@CTRPortland.org](mailto:JHenderson@CTRPortland.org)

Tel. 757.375.7640

**Kendra Hollen, Music Ministry Director** [E-Mail: [khollen@CTRPortland.org](mailto:khollen@CTRPortland.org)]

**Ally Henderson, Children's Ministry Co-Director** [E-Mail: [ahenderson@CTRPortland.org](mailto:ahenderson@CTRPortland.org)]

**Abby Reid, Children's Ministry Co-Director** [E-Mail: [areid@CTRPortland.org](mailto:areid@CTRPortland.org)]

**Sue Miller, Director of Community Care** [E-mail: [smiller@CTRPortland.org](mailto:smiller@CTRPortland.org)]

**Abby Reid, Connections Coordinator** [E-mail: [areid@CTRPortland.org](mailto:areid@CTRPortland.org)]

**Cheryl Sullivan, Administration** [E-Mail: [ctr@CTRPortland.org](mailto:ctr@CTRPortland.org)]

**Emily Leslie, LCPC-c**

Upstream Christian Counseling

Phone: 207.200.7880

Email: [emily@upstreamchristiancounseling.com](mailto:emily@upstreamchristiancounseling.com)

Offices located at North Deering Congregational Church, 1364 Washington Avenue, Portland

CTR is co-located at the  
WHITE MEMORIAL  
SEVENTH DAY ADVENTIST CHURCH  
97 Allen Avenue | Portland, ME 04103  
207.878.1211 | <https://ctrportland.org>