

## GROUP QUESTIONS: Flourishing wk 1 w/ Pastor Greg

1. What's your favorite snack food?
2. Take a minute to summarize with your group the main point of the message from Sunday and/or briefly share what stood out to you the most.
3. Pastor Greg cited Proverbs 3:1-2. Proverbs often reads: If you do this...then this will happen. Sometimes Christians have believed that if they live "right" then things will go well. Is this a familiar way of thinking for you? If so, explain. How does the idea that Proverbs are *usually* true impact your reading and understanding of the text?
4. Pastor Greg cited psychological research as saying that when we complain out loud about things it actually makes us and those listening feel less happy. What do you think?
5. Pastor Greg suggested three things that can contribute to our flourishing.
  - a. Relationships - Read Mark 10:29-30 - In what ways can a faith community contribute to our flourishing?
  - b. Contribution - Philippians 3:7-8 - Has knowing Jesus helped you find your contribution to life or to flourish? What's the difference between your job/career and your contribution?
  - c. Perspective/Gratitude - Philippians 5:4-6 - How can a perspective of gratitude help us flourish?