

Academy how to lament pt.2 notes

1. Request: Psalm 22
 - a. David turns and complains
 - b. David remembers God's work for the Israelites
 - c. David's flesh fights comparison
 - d. David remembers God's work in himself
 - e. David then makes his bold request

How can we ask boldly of God?

1. Pray according to God's will
 - a. David clings to the truth in the form of a request
 - b. This request aligns what he knows to be true and what he feels to be true.
 2. Have confidence in the Trinity
 - a. The Father ordains trials and adopts us
 - b. The Son made peace for us with God
 - c. The Spirit seals us
 3. Prayer is the means by which God works
2. Expression of trust and praise: Psalm 86:14-17; 22:21-31
 - a. Choose to trust
 - i. "Trust looks like talking to God, sharing our complaints, seeking God's help, and then recommitting ourselves to believe in who God is and what he has done-even as the trial continues." ~ Mark Vroegop
 - b. Rejoice
 - c. Worship