



The Sweetness of Confession

Matthew 6:9-13

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We should confess our sins to Jesus in prayer. (Matthew 6:12)

1. What confession is (Forgive us our debts)

Confession is going before God to name our sin and ask for the forgiveness we already have. (Psalm 32:5)

Two responses to confession:

I don't need that.

Jesus doesn't want that.

2. Why confession matters

Confession humbles. (Psalm 32:8-10)

Confession frees. (Psalm 32:1-4, 6-7)

3. How confession changes us (as we also have forgiven our debtors)

Confession makes us more willing to forgive. (Matthew 6:14-15)

Pray for someone you struggle to forgive.