The Spirit is willing - Josiah Silva

I. Intro: Review from the series we have been on.

A. Love God

- 1. We have to Love God with all our heart, soul, and mind.
- 2. We don't love god because of what he can give us but because he's already given us all that we need.
- 3. We love him because he loved us first (1 John 4:19)
 - a) When we Love God, we humble ourselves and submit underneath him.

B. Serve People

- 1. As our love for God grows we then serve his people.
 - a) How can we love God yet not want to serve the very people he served?
 - (1) Examples of not serving people:
 - (a) Bad attitude
 - (b) Being rude
 - (c) Being petty
 - (d) Not having patience
 - (e) Allowing pride to cloud your willingness to help
 - (f) Think about yourself as better than others
- 2. The Perfect model for how we are supposed to live was Jesus and he lived as a servant.
- Jesus Loved God so as we love god it will come out by the way we serve others

C. Reach your world

- 1. As we serve others, we begin to reach our world because the one who desires to serve will stand out in a world where everyone is trying to gain an advantage over each other.
- 2. Examples of ways we reach our world by our actions:
 - a) Attitude
 - b) Patience
 - c) Love
 - d) Peace
 - e) Joy
 - f) Character
 - g) Refusal to give into the pressures of the world
- 3. When you live by those biblical virtues your light will always break through
- 4. It is written on everyone's hearts that The Gospel is true, and our actions could finally point them to the one who has given everything for them Jesus Christ.
- D. Love God, Serve people, and reaching your world is more than a tag line, it's everything we live by!

II. Setting of the Passage: Matthew 26:17-35 (NLT)

- A. Setting of the passage starts in the entire book/chapter but specifically Matthew 26:17-35 sets us up for what we will be studying
- B. It is a very intense setting in this passage. Jesus has just told the disciples that one of them will betray him, and they are all stressed out wondering who it will be.
- C. Having lived together for 3 years and had a trust that was almost unbreakable, they are shocked to learn that one of them will betray Jesus.
- D. Even though Jesus tells them that they are all going to desert him by the end of the night, they all vow that they would never do that.

III. Main Passage Matthew 26:36-46 (NLT)

- A. 36 Then Jesus went with them to the olive grove called Gethsemane, and he said, "Sit here while I go over there to pray." 37 He took Peter, James, and John, and he became anguished and distressed. 38 He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me."
 - 1. Imagine the heaviness Jesus must have felt in this moment
 - 2. Throughout His life, Jesus never once did wrong instead he helped people, freeing them from sin and shame, giving them hope when they had none.
 - 3. Knowing that the only way they can be saved from the death they brought on themselves is if a perfect sacrifice is made, and that He was that sacrifice.
 - 4. Not only did he have to give his life up for the lives of others, but he did it knowing that everyone in his life was going to desert him, not just the hateful people but also his own family members and friends.
 - 5. Even the disciples who walked with him day and night deserted him
- B. 39 He went on a little farther and bowed with his face to the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine."
 - 1. How often do we pray like that? "I want your will to be done, not mine" well what if his will is to take away every aspect of my life for his glory?
 - a) What if his will is to move me somewhere is don't want to go?
 - b) I mean we don't even want to do the slightest thing that breaks our comfort zone.
 - c) Yet we say "if its in your will" I pray that we are able to say that and mean it. That's what humbling yourself before the Lord really means.
 - d) But Jesus is setting this example for us to follow, that God's will outweighs our own.
- C. 40 Then he returned to the disciples and found them asleep. He said to Peter, "Couldn't you watch with me even one hour?

- 1. Jesus told them to keep watch and yet they fell asleep, and as someone who has struggled to stay awake sometimes I can relate with that.
- 2. But Jesus told them to keep watch and they couldn't even do it for one hour.
- **3.** So as Jesus literally says that his soul is crushed with grief and he brings his closest guys with him to keep watch and pray!, they fall asleep.

D. 41 Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!"

- 1. Jesus says "The Spirit is willing, but the body is weak"
 - a) there is a dichotomy within ourselves, this battle with our flesh that we have to fight every single day!
- 2. The way that we fight is if we keep watch and pray!
- 3. Keep watch!
 - a) When you keep watch its because you're looking out for something. But unfortunately sometimes we don't watch until something is right in front of us.
 - b) We aren't obeying Christ if we don't "watch" because once we see the potential for temptation from far away we can steer clear of it.
 - c) If we purposely aren't watching then we are purposely putting ourselves in a situation that we aren't prepared for.
 - d) Pray
 - (1) Cause you can watch all you want but if you aren't about prayer then you're going to watch that potential situation that you can see from far away turn into your reality.
- E. 42 Then Jesus left them a second time and prayed, "My Father! If this cup cannot be taken away[f] unless I drink it, your will be done." 43 When he returned to them again, he found them sleeping, for they couldn't keep their eyes open.
 - 1. Isn't this the story of our lives? We keep failing and God keeps reminding us what we're supposed to do.
 - a) It says "they couldn't keep their eyes open" the flesh is weak.

- F. 44 So he went to pray a third time, saying the same things again. 45 Then he came to the disciples and said, "Go ahead and sleep. Have your rest. But look—the time has come. The Son of Man is betrayed into the hands of sinners. 46 Up, let's be going. Look, my betrayer is here!"
 - 1. Just like that they had their rest but in an instant everything changed. The life they knew walking physically with Jesus is about to come to an end.
 - 2. But they were sleeping..... If only they knew that they only had a couple hours, maybe that sense of urgency would've kept them awake.
 - 3. We need to have a sense of urgency
 - a) If we are going to reach our world for the gospel that brings all peace. We need to have a sense of urgency that is more important than all the things that we value!
 - b) This is what we need to keep watch for.
- IV. Our spirit is willing! but our flesh is weak so we need to keep watch and look out for what is coming so that way we can be prepared and pray!