



**Connect Discussion Guide**  
**12/20/20 Message | Tyler Myers | Psalm 130**

*Hope is more than an emotion to feel, it is a relationship you can trust.*

**Key Scriptures:**

Psalm 130 - A Song of Ascents.

*Out of the depths I cry to you, O LORD!  
O Lord, hear my voice!  
Let your ears be attentive  
to the voice of my pleas for mercy!*

*If you, O LORD, should mark iniquities,  
O Lord, who could stand?  
But with you there is forgiveness,  
that you may be feared.*

*I wait for the LORD, my soul waits,  
and in his word I hope;  
my soul waits for the Lord  
more than watchmen for the morning,  
more than watchmen for the morning.*

*O Israel, hope in the LORD!  
For with the LORD there is steadfast love,  
and with him is plentiful redemption.  
And he will redeem Israel  
from all his iniquities.*

**Message Highlights:**

- The tension we encounter in reading the Psalms is what makes them so difficult to study, but that tension is what makes them so profound in application.
- Sometimes our world is troubled because of others. Sometimes it is troubled because of our own sins. Either way, we learn from Psalm 130 the nature of what it means to humbly pursue bold hope.
- Boldness exercised out of humility results in bringing the good news of joy, peace, love, hope and faithfulness to all circumstances, even in a troubled world.
- We are not seen for what we have done, but we are seen for who Jesus is and what He has done on our behalf.
- Hope is more than an emotion to feel, it is a relationship you can trust.

**Conversation Starter:**

- How would you define “hope?” How has your definition or view of hope changed over the course of your life?

**Discuss the Message:**

1. The psalmist writes, “Out of the depths I cry to you, O Lord!” Do you find it harder or more natural to cry out to God when you’re in the “depths?” Why do you think that is so?
2. What is the connection between humility and boldness? How does the absence or presence of humility change our posture of bold hope?
3. Why do we choose to hope in the Lord who is unseen, rather than in the tangible things we do see in this world?
4. In the sermon, Tyler pointed out, “The holidays can be a great magnifier... the highs jump higher, but the hurt can often cut deeper.” Do you relate to this statement? If so, which truths from Psalm 130 steer you to truth and away from shifting emotions?
5. Discuss the urgent waiting and trusting the psalmist conveys in verse 7, along with the steadfast love that is available to us through relationship with the Lord. What does “urgent waiting” look like for you? How do we practice patience in the midst of it all?
6. How might 2020 be a life changing Christmas as we seek humility that gives life to bold hope?

**Pray:**

- *Father in heaven, when we look at the troubled world around us, we recognize that we ourselves are also troubled at times. We feel the pain from our own mistakes and the mistakes of others. We humble ourselves in full awareness that although we are not perfect, you are. We cling to the redemption that you so freely offer us in your Son, Jesus. Help us, by your Spirit, to fully experience that hope that Jesus promises. Help us to remember that hope is not an emotion, but rather a relationship with you. As we humble ourselves, we pray that you will fill us with a bold hope and that you will do bold things in and through our lives. Amen.*