



Sermon Discussion Guide
01.08.23 Message | Tyler Myers | Psalm 62

Key Scriptures:

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence, and take not your Holy Spirit from me. Restore to me the joy of your salvation, and uphold me with a willing spirit.

- Psalm 51:10-12

For God alone my soul waits in silence; from him comes my salvation. He alone is my rock and my salvation, my fortress; I shall not be greatly shaken. How long will all of you attack a man to batter him, like a leaning wall, a tottering fence? They only plan to thrust him down from his high position. They take pleasure in falsehood. They bless with their mouths, but inwardly they curse. Selah For God alone, O my soul, wait in silence, for my hope is from him. He only is my rock and my salvation, my fortress; I shall not be shaken. On God rests my salvation and my glory; my mighty rock, my refuge is God. Trust in him at all times, O people; pour out your heart before him; God is a refuge for us. Selah Those of low estate are but a breath; those of high estate are a delusion; in the balances they go up; they are together lighter than a breath. Put no trust in extortion; set no vain hopes on robbery; if riches increase, set not your heart on them. Once God has spoken; twice have I heard this: that power belongs to God, and that to you, O Lord, belongs steadfast love. For you will render to a man according to his work.

- Psalm 62

Message Highlights:

- We long to experience eternity now, but in searching for that, we find ourselves wanting everything now, and we're not very good at discernment.
- "In intercessory prayer, one seldom ends where one began." -Douglas V. Steere
- Luke repeatedly records Jesus withdrawing from the crowds and chaos to connect with God in silence.
- We experience eternity now by relaxing into God's presence and goodness in prayer.

Conversation Starter:

In what ways have you experienced eternity here on earth?



Discuss the Message:

1. Does it change your perspective on prayer to realize that we have the privilege of “sharing heaven” with God through prayer [Tyler Staton]? If so, how?
 - a. What do we learn about the Kingdom of Heaven in Luke 10:11 that could help us to pray more earnestly?
 - b. What could it look like to pray earnestly, as the Lord commands in Luke 10:2?
 - c. What stories of God’s faithfulness can you share that motivate you to pray earnestly?
2. Where do you specifically see David aligning with God in his prayer in Psalm 51:10-12?
 - a. Describe a time where God’s answer to your prayer required realignment of your own spirit. How did he help you to realign and what growing pains were involved with that process?
 - b. Read Psalm 62; how does David exemplify holding the tensions of his circumstances and what he knows of God’s faithfulness at the same time?
 - c. How does relaxing into God’s presence and goodness equip us to discern between our desire of eternity now and everything now?
3. Do you find yourself going to God in prayer most often to argue, ask or align?
 - a. How have you utilized God’s Word to help guide your prayers in the past?
 - b. Take some time in individual and collective prayer to pray Psalm 51:10-12 for your life.

Pray:

Father God, it is our joy and privilege to relax into your presence and goodness today. Align our hearts, agendas, desires and whole beings with your spirit and renew the joy of our salvation today! Would you help us humble ourselves and conform to your will as we let go of our own desires? We want to grow our relationship with you and “share the Kingdom of Heaven” with you through prayer. Help us to be evermore aware of your presence! Amen.